

# **COVID-19 Weekly Trend Insights**

Compiled on 11/20/2020

# **Executive Summary**

### COVID-19 in the News & Latest Trends

- The United States continues to observe large spikes in cases all across the country. The East North Central district was particularly impacted with a 35% increase in new cases across Illinois, Michigan, Ohio, and Wisconsin. Wisconsin alone saw a 31% increase in COVID-related deaths since the last report. Deaths related to COVID-19 reached over 250,000, representing an increase of 16% since the last report.
- COVID-19 demographic trends have remained consistent since our last report, 54% of the diagnosed patients are 50 years or older. Median age is 52, 16% of the diagnosed patients had at least one record of inpatient care for their diagnosis.
- Slides 15 and 16 look at the cities managing the highest volume of COVID-19 cases in the Inpatient setting vs. those that are outpatient.
- Treatment patterns remain consistent week over week, with Azithromycin and Dexamethasone continue to be most common treatments. However when looking at possible treatments after diagnosis, PRA observed use of Apixaban (10%) and Rivaroxaban (4%)

### General Health Checks

- This week's report revisits the COVID-19 Impact on Oncology market trends. While screening rates have now rebounded and are exceeding 2019 levels in the most recent weeks, newly diagnosed patient rates are showing evidence of a new pattern of decline after a brief rebound
- Telemedicine trends are consistent since our last report, remaining well above 2019 levels butt stabilizing week over week. Cardiology continues to be the highest utilizers of virtual visits.
- NATIONAL TRENDS: Despite the rise of COVID cases in recent weeks, national prescription trends continue to report 5% below 2019 thresholds. Minimal changes observed within different distribution channels, with Retail store activity continuing to drive the lower national prescription trends.
- Recovery for the majority of key therapies continue to remain stagnant among skyrocketing COVID cases and unemployment

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- National / Channel Summaries
- Select Elective Therapy Monitoring



# **COVID-19: Current Events & Latest Trends**





# **Timeline: Latest COVID-19 Developments**



13th

#### COVID-19 fatality rate down 30% since April, study finds

The likelihood that a coronavirus infection will prove fatal has dropped by nearly a third since April due to improved treatment, researchers at the University of Washington's Institute for Health Metrics and Evaluation (IHME) said on Thursday.

Nov 17th

> The U.S. Food and Drug Administration announces all data and information regarding the emergency use of drugs and vaccines will be made public, especially any potential COVID-19 vaccines.

The United States became the first nation worldwide. since the pandemic began to surpass 10 million coronavirus infections, according to a Reuters tally on Sunday, as the third wave of the COVID-19 virus surges across the nation.

The grim milestone came on the same day as global coronavirus cases exceeded 50 million.

Moderna Inc's experimental vaccine is 94.5% effective in preventing COVID-19 based on interim data from a latestage trial, the company said on Monday, becoming the second U.S. drugmaker to report results that far exceed expectations.

Together with Pfizer Inc's vaccine, which is also more than 90% effective, the United States could have two vaccines authorized for emergency use in December with as many as 60 million doses of vaccine available this year.

#### FDA approves first COVID-19 test kit for home use

The U.S. Food and Drug Administration approved the first COVID-19 self-testing kit for home use that provides results within 30 minutes.

The single-use test, made by Lucira Health, has been given emergency use authorization for home use with self-collected nasal swab samples in individuals aged 14 and older who are suspected of COVID-19 by their health care provider.



https://www.pharmalive.com/covid-19-fatality-rate-down-30-since-april-study-finds/

https://www.pharmalive.com/u-s-becomes-first-nation-to-cross-10-million-covid-19-cases-as-third-wave-of-infections-surges/

https://www.pharmalive.com/moderna-covid-19-vaccine-success-gives-world-more-hope/

https://www.pharmalive.com/fda-to-make-emergency-use-authorization-data-public-for-covid-19-vaccines/

https://www.pharmalive.com/fda-approves-first-covid-19-test-kit-for-home-use/



#### **COVID-19 INSIGHTS**

### Confirmed Cases Worldwide

- Global cases continue to rise as COVID-19 cases surge despite many countries implementing more restrictions to reduce new cases.
- Nineteen countries have observed an increase of over 100,000 new cases in the last two weeks, compared to sixteen countries on our last report.
- Since our last COVID-19 insights report on November 5th, global cases have increased by approximately 7.7 million or 16%.

**Confirmed Cases** 56,167,545

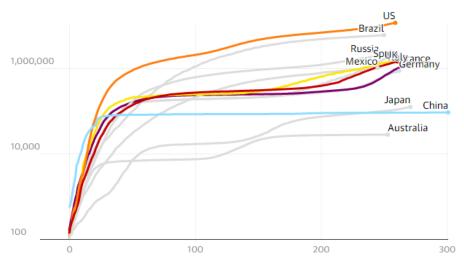
Deaths 1,342,390

Recovered 36,348,372

#### Confirmed cases of Covid-19 for selected countries

Showing the number of cases since the day of the 100th case, using a log scale. Data correct at 04.59 UTC 19 November

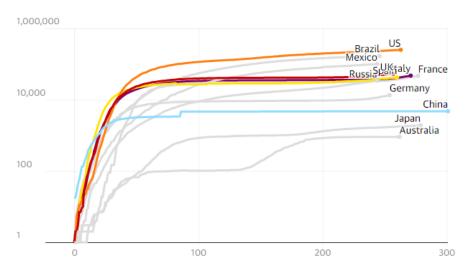




Source: Johns Hopkins CSSE Note: The CSSE states that its numbers rely upon publicly available data from multiple sources, which do not always agree

#### Confirmed deaths of Covid-19 for selected countries

Showing the number of deaths since the day of the first one, using a log scale. Data correct at 04.59 UTC 19 November



Source: Johns Hopkins CSSE Note: The CSSE states that its numbers rely upon publicly available data from multiple sources, which do not always agree



#### **COVID-19 INSIGHTS**

# Confirmed Cases in the USA

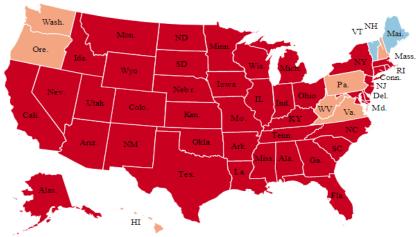
- The United States continues to observe large spikes in cases all across the country.
- The East North Central district was particularly impacted with a 35% increase in new cases across Illinois, Michigan, Ohio, and Wisconsin. Wisconsin alone saw a 31% increase in COVID-related deaths since the last report.
- Deaths related to COVID reached over 250,000, representing an increase of 16% since the last report.

Confirmed Cases 111,656,761

Deaths **251,711** 

# Number of confirmed cases per 100,000 Americans Fewer than 500 per 100k At least 500 per 100k At least 1,000 per 100k At least 2,500 per 100k Wash.





Last updated: 19 Nov 6:25pm EST

Source: Maps are updated daily at 12am ET using state-level and county-level case and death figures reported from Johns Hopkins University. State populations were provided by Johns Hopkins CSSE.

| State/Territory | Tests      | Test % Change | Confirmed Cases | Case % Change | Deaths | Death % Change |
|-----------------|------------|---------------|-----------------|---------------|--------|----------------|
| Texas           | 9,522,343  | 13%           | 1,048,383       | 13.2%         | 19,883 | 9%             |
| California      | 21,418,543 | 12%           | 1,047,789       | 11.5%         | 18,360 | 3%             |
| Florida         | 6,710,260  | 7%            | 892,352         | 10.1%         | 17,949 | 5%             |
| Illinois        | 9,359,227  | 16%           | 606,771         | 36.7%         | 11,468 | 12%            |
| New York        | 17,191,129 | 14%           | 574,072         | 11.3%         | 26,225 | 1%             |
| Georgia         | 3,975,069  | 9%            | 393,890         | 7.5%          | 9,065  | 6%             |
| Wisconsin       | 2,387,764  | 12%           | 350,665         | 36.3%         | 2,925  | 31%            |
| North Carolina  | 4,731,171  | 13%           | 320,862         | 13.5%         | 4,898  | 9%             |
| Ohio            | 5,370,905  | 16%           | 318,828         | 38.5%         | 5,827  | 7%             |
| Michigan        | 5,922,691  | 16%           | 303,058         | 42.8%         | 8,573  | 10%            |

# **COVID-19: Overview of PRA Real World Data**

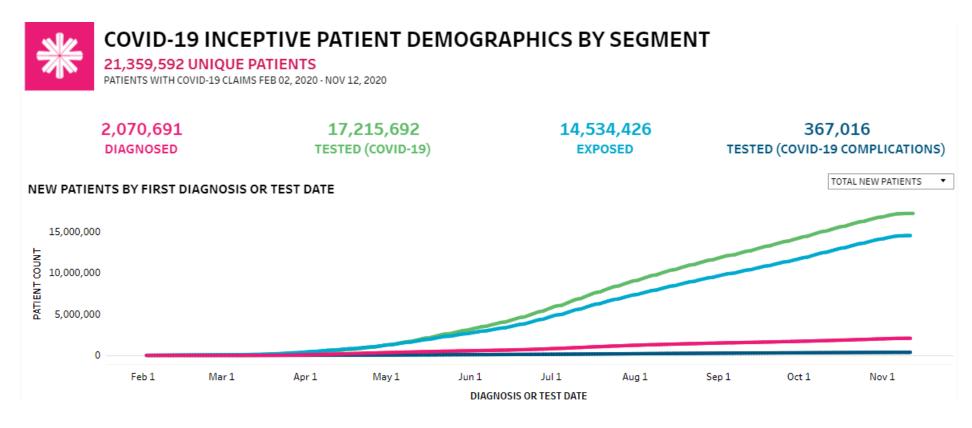


**COVID-19 Patient Monitoring: Demographics & Treatments** 



### **PRA US Patient Real World Data COVID-19 Infection Trends**

Through patient activity observed for diagnosis, testing, exposure or symptoms of Covid-19 infection, PRA is tracking about 21.4 million patients overall and 2.07 million diagnosed patients in its U.S. real world data during the time period Feb 2 to Nov 12, 2020. Patients could be reported in multiple status categories based on claims captured and mapped to status



#### TOTAL DIAGNOSED PATIENT VOLUMES BY WEEK ENDING DATE

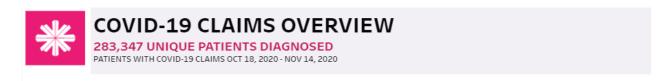
| •  | l 1-Jul | 18-Jul  | 25-Jul | 1-Aug  | 8-Aug  | 15-Aug | 22-Aug | 29-Aug | 5-Sep  | 12-Sep | 19-Sep | 26-Sep | 3-Oct  | 10-Oct | 17-Oct | 24-Oct | 31-Oct | 7-Nov  | 14-Nov |
|----|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 10 | 01,321  | 100,209 | 92,031 | 83,497 | 73,190 | 64,785 | 57,597 | 54,135 | 51,763 | 44,307 | 48,551 | 49,663 | 54,024 | 62,364 | 66,811 | 71,340 | 75,607 | 64,917 | 49,282 |



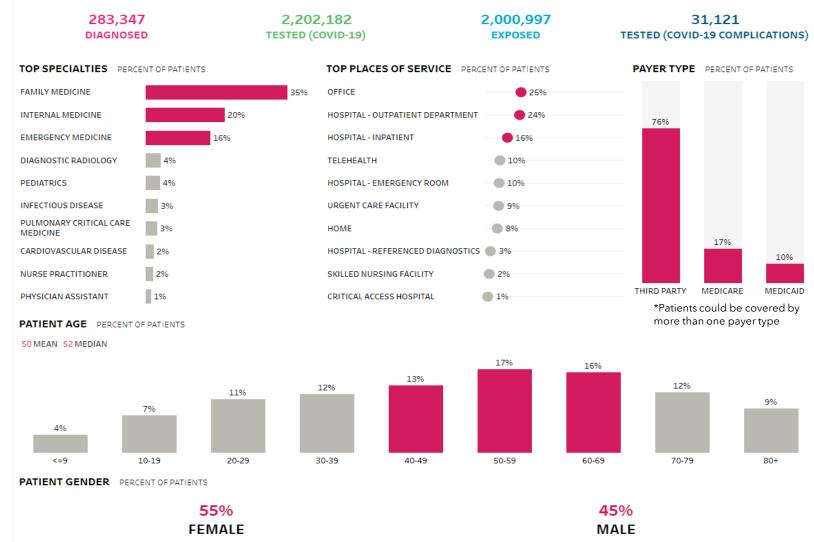
PRA is tracking 283,347 Covid-19 patients during the most recent 4-week time period of Oct 18- Nov 14, 2020

Amongst the Covid-19 diagnosed patients:

- 54% of the diagnosed patients are 50 years or older
- Median age is 52
- 16% of the diagnosed patients had at least one record of inpatient care for their diagnosis.





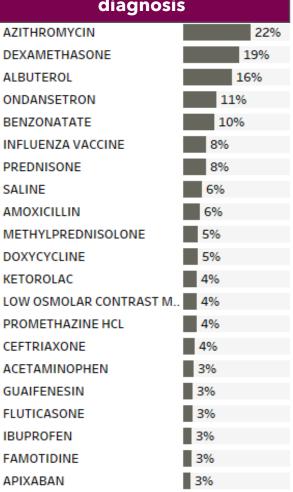




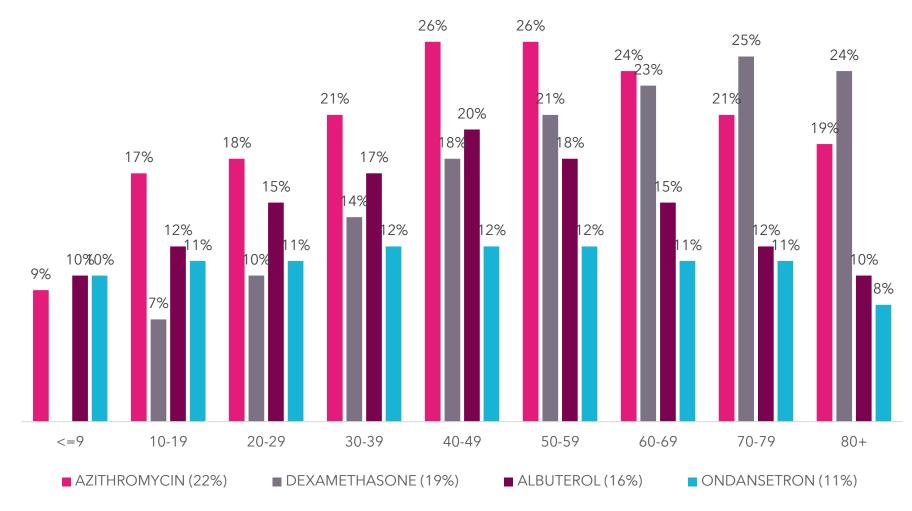
### Observed Drug Use Within +/- 30 Days of COVID-19 Diagnosis

PRA evaluated Covid-19 diagnosed patients for observed treatments within a 30-day window of diagnosis. Over the most recent 4-week period of Oct 18-Nov 14, 31% of these patients had an observed steroid use

### **Covid-19 diagnosed patients** within +/- 30 days of diagnosis



### Observed Drug Use by Age (within +/- 30 days of Covid-19 diagnosis) N = 91.944

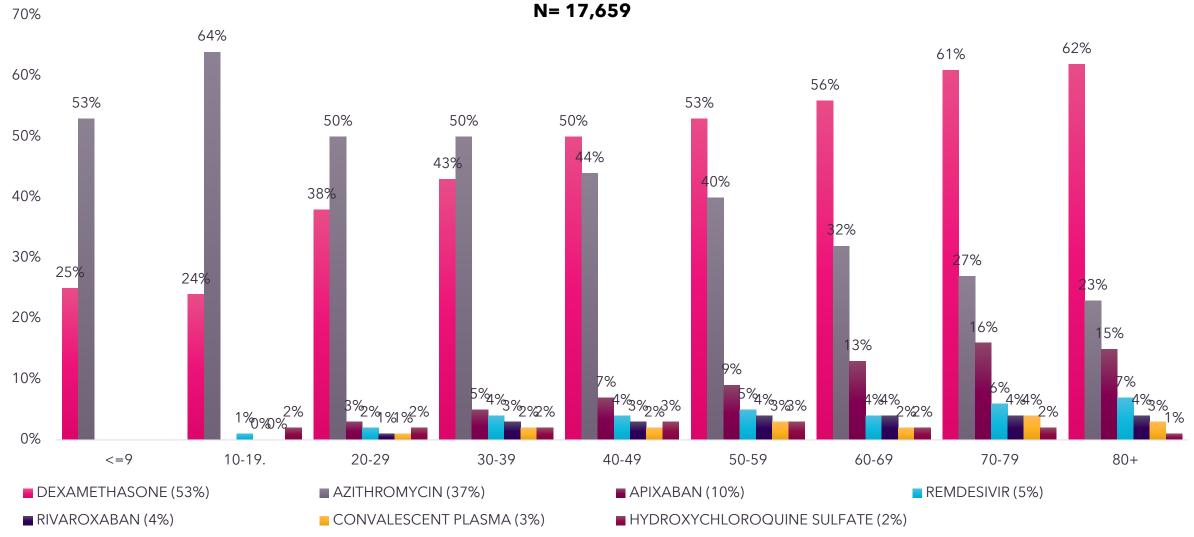




### Possible Treatments within 30 Days after COVID-19 Diagnosis

PRA evaluated Covid-19 diagnosed patients for possible treatments within a 30-day window after diagnosis. Over the most recent 4-week period of Oct 18-Nov 14, Azithromycin and Dexamethasone continue to be most common treatments. However when looking at possible treatments after diagnosis, PRA observed use of Apixaban (10%) and Rivaroxaban (4%)





# **COVID-19: Overview of PRA Real World Data**



**COVID-19 Patient Monitoring: Geographic Trends by Care Setting** 

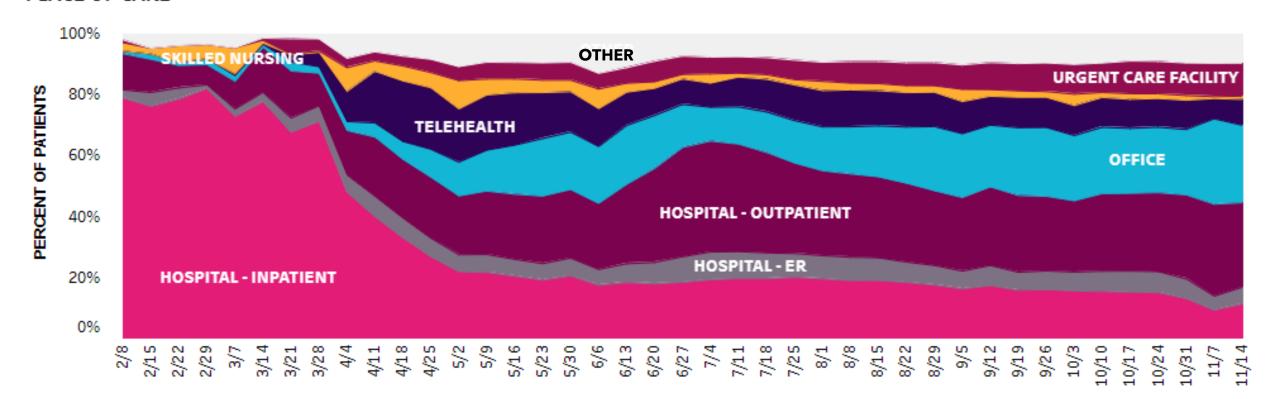


### Impact of changing patient demographics of Covid-19 diagnosed patients on location of care

Currently, more than 50% of Covid-19 patients are receiving diagnosis at outpatient and office settings.

| RECENT 4- WEEK AVERAGE |     |  |  |  |  |  |  |
|------------------------|-----|--|--|--|--|--|--|
| HOSPITAL INPATIENT     | 13% |  |  |  |  |  |  |
| HOSPITAL- ER           | 6%  |  |  |  |  |  |  |
| HOSPITAL OUTPATIENT    | 27% |  |  |  |  |  |  |
| OFFICE                 | 24% |  |  |  |  |  |  |
| TELEHEALTH             | 9%  |  |  |  |  |  |  |
| SKILLED NURSING        | 1%  |  |  |  |  |  |  |
| URGENT CARE FACILITY   | 11% |  |  |  |  |  |  |
| OTHER                  | 9%  |  |  |  |  |  |  |

### **LOCATION OF COVID-19 DIAGNOSIS BY WEEK** PLACE OF CARE





### **ER and Inpatient Hospital - Top 50 Cities**

PRA is tracking patients diagnosed with Covid-19 at Emergency Room or Inpatient Hospital settings to identified cities with high patient volume of severe cases. In the most recent 2-week period, **Sioux Falls, Chicago, Cleveland, and Dallas** continue to be the top cities with high Covid-19 diagnosed patients at ER or inpatient hospital settings.

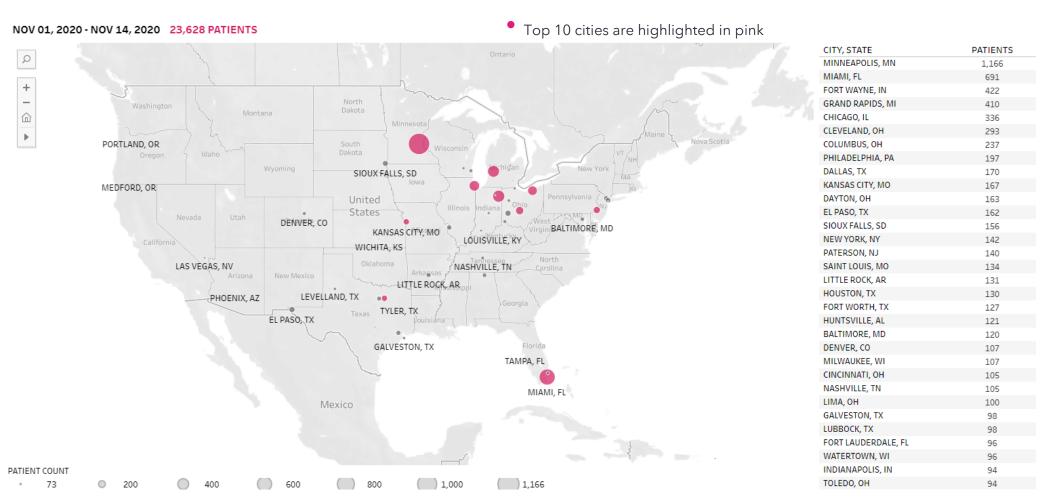




### **Outpatient - Top 50 Cities**

PRA is tracking patients diagnosed with Covid-19 at Outpatient settings to identify cities with high patient volumes of Covid-19 cases. In the most recent 2-week period, **Minneapolis, Miami, Fort Wayne, Grand Rapids, and Chicago** were the top 5 cities with high Covid-19 diagnosed patients at outpatient care settings.

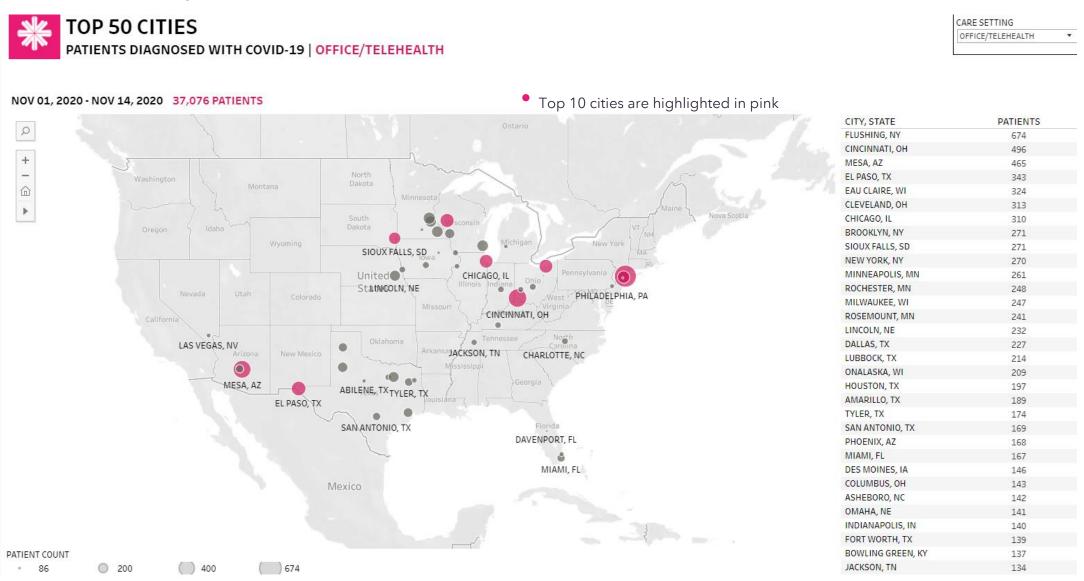






### Office / Telehealth - Top 50 Cities

PRA is tracking patients diagnosed with Covid-19 at an office or telehealth setting to identify cities with high patient volume of Covid-19 cases. In the most recent 2-week period, **Flushing, Cincinnati, Mesa, El Paso, and Eau Claire** were the top 5 cities with high Covid-19 diagnosed patients at an office or telehealth setting.



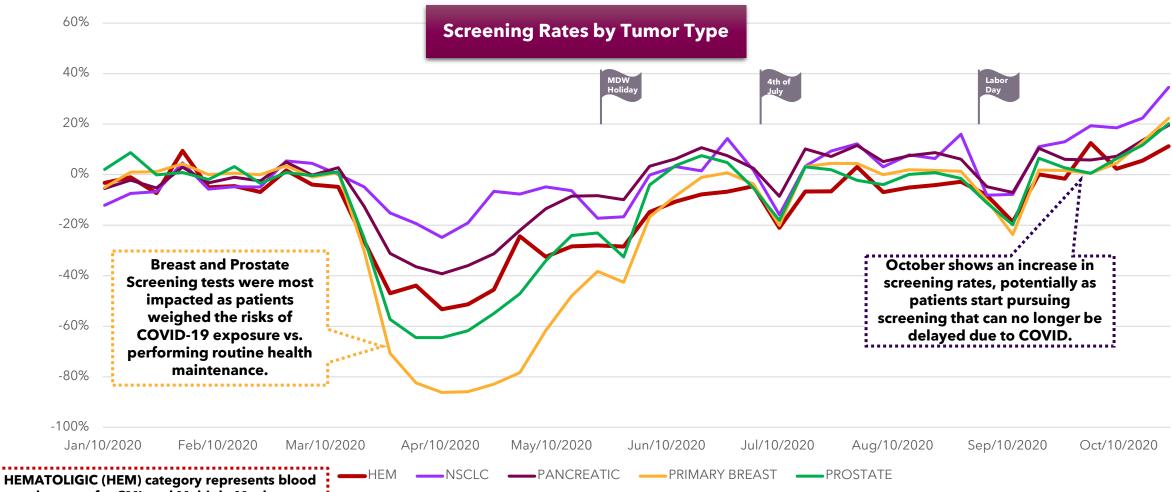






# Oncology specific screenings have begun to exceed volumes from the same time period in 2019 with a recent lift-off in October.





panels to test for CML and Multiple Myeloma due to shared screening diagnostic procedures

Index = Current Week vs. 12 Week Rolling Average (from the same time period in 2019) Screening Rate= # of tests ordered and includes both surgical and lab procedures

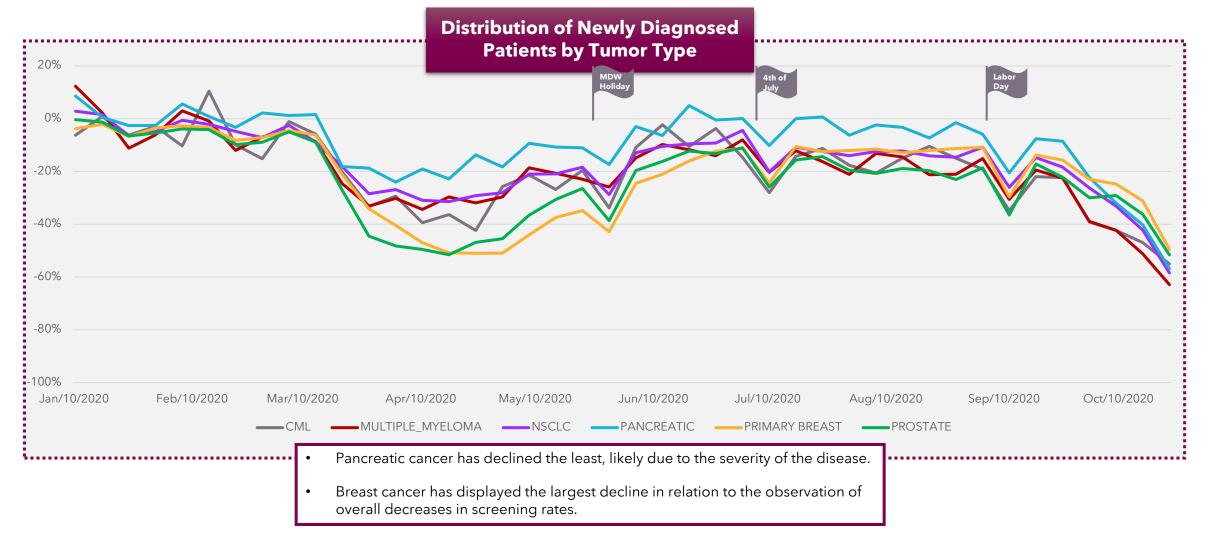
#### **Oncology Markets of Interest:**

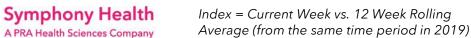
- **Hematological Malignancies (Blood Cancers):** Chronic Myeloid Leukemia (CML), Multiple Myeloma (MM)
- **Solid Tumors:** Breast, Non-Small Cell Lung Cancer (NSCLC), Pancreatic, Prostate



### Newly Diagnosed rates were beginning to stabilize since stay at home orders were issued in March, however, in recent weeks the start of a new downward trend is beginning to reappear.







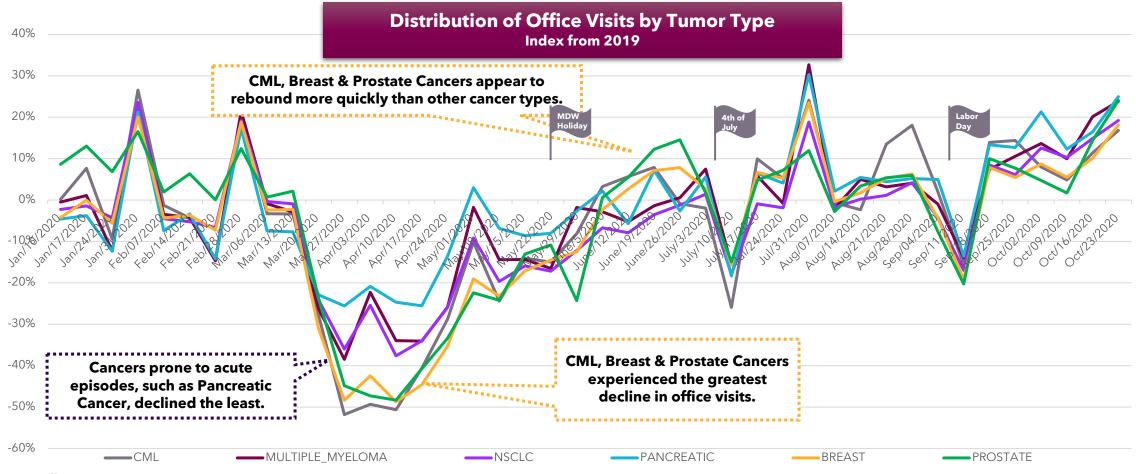
#### **Oncology Markets of Interest:**

- Hematological Malignancies (Blood Cancers): Chronic Myeloid Leukemia (CML), Multiple Myeloma (MM)
- Solid Tumors: Breast, Non-Small Cell Lung Cancer (NSCLC), Pancreatic, Prostate



Oncology patient visits with HCPs during the pandemic varied greatly by tumor type. As time progresses, volume trends between tumor types have less variation and have begun to return to or exceed pre-COVID volumes.





<sup>\*</sup> Office visits excludes telemedicine and home health visits



#### **Oncology Markets of Interest:**

- Hematological Malignancies (Blood Cancers): Chronic Myeloid Leukemia (CML), Multiple Myeloma (MM)
- Solid Tumors: Breast, Non-Small Cell Lung Cancer (NSCLC), Pancreatic, Prostate





**Care Delivery Trends: Telemedicine & Office Visits** 

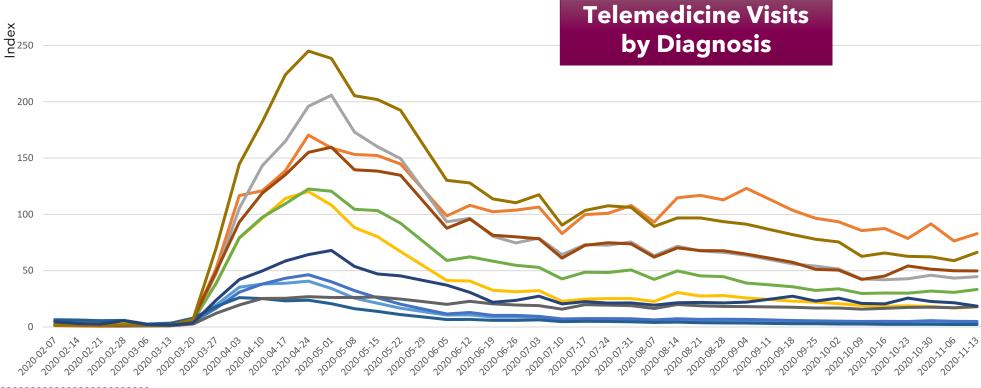


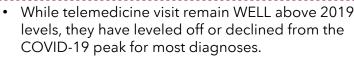
**National / Channel Summaries & Elective Therapy Monitoring** 



### **Telemedicine Visits: Diagnosis**



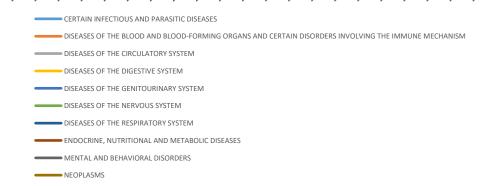




- Neoplasms and diseases of the blood currently have the highest relative increase in use of telemedicine.
- Respiratory, genitourinary and infectious/parasitic diseases initially spiked, but have since returned to pre-COVID levels.

Index = Current Week divided by the 12 Week Rolling

Average (from the same time period in 2019)



PREGNANCY, CHILDBIRTH AND THE PUERPERIUM



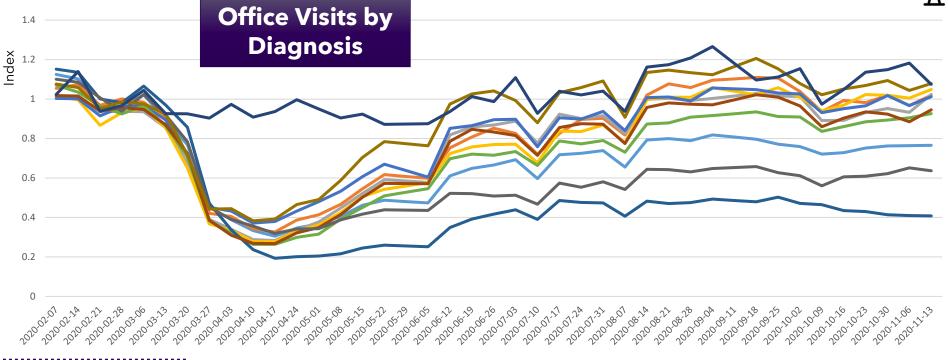
An index of 1 means the current week has the same number of claims as the 12 week rolling average from 2019 (100% of 2019 volume).

An index of 5 means there are 5 times as many claims in the current week as in the 12 week rolling average from 2019 (500% of 2019 volume).

An index of 0.5 means the current week had 50% fewer claims than the 12 week rolling average from 2019 (50% of 2019 volume).

# Office Visits: Diagnosis





- Office visits gradually increased from their lowest point during the week of March 27 through mid-September.
- As of the week of November 13, the only diagnosis groups at or above 2019 levels were pregnancy/child birth, circulatory systems neoplasms, digestive system and genitourinary.
- Diseases of the respiratory system and mental and behavioral help, which bottomed out during the week of April 17, have improved but still remain +40% below 2019 levels.

CERTAIN INFECTIOUS AND PARASITIC DISEASES

DISEASES OF THE BLOOD AND BLOOD-FORMING ORGANS AND CERTAIN DISORDERS INVOLVING THE IMMUNE MECHANISM

DISEASES OF THE CIRCULATORY SYSTEM

DISEASES OF THE DIGESTIVE SYSTEM

DISEASES OF THE GENITOURINARY SYSTEM

DISEASES OF THE NERVOUS SYSTEM

DISEASES OF THE RESPIRATORY SYSTEM

ENDOCRINE, NUTRITIONAL AND METABOLIC DISEASES

MENTAL AND BEHAVIORAL DISORDERS

NEOPLASMS

PREGNANCY, CHILDBIRTH AND THE PUERPERIUM



Index = Current Week divided by the 12 Week Rolling Average (from the same time period in 2019)

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### **Telemedicine Visits: Specialty**

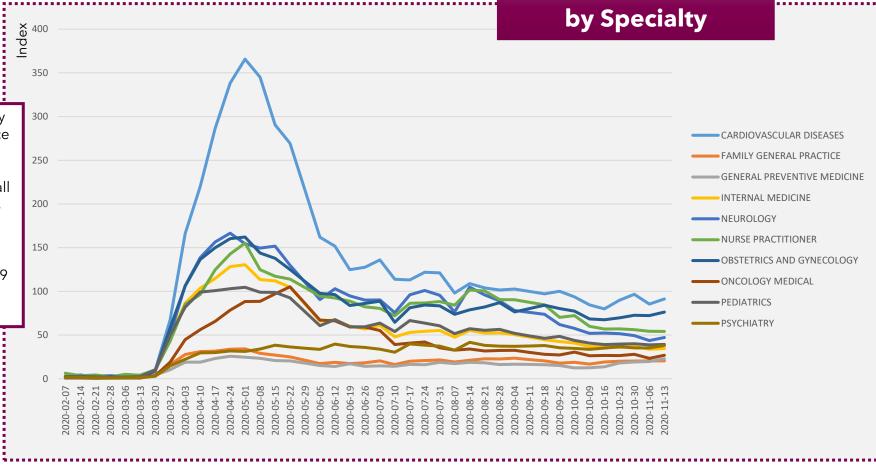


## **Telemedicine Visits** by Specialty

- Telemedicine use by provider specialty has leveled off or declined slightly since the peak in mid-April.
- Despite the declines in recent weeks, all specialties still remain at least 20 times their 2019 levels.
- Among cardiologists, the use of telemedicine peaked at 365 times 2019 levels in early May, and still remain the highest among specialties tracked.

Index = Current Week divided by the 12 Week Rolling

Average (from the same time period in 2019)





- An index of 1 means the current week has the same number of claims as the 12 week rolling average from 2019 (100% of 2019 volume).
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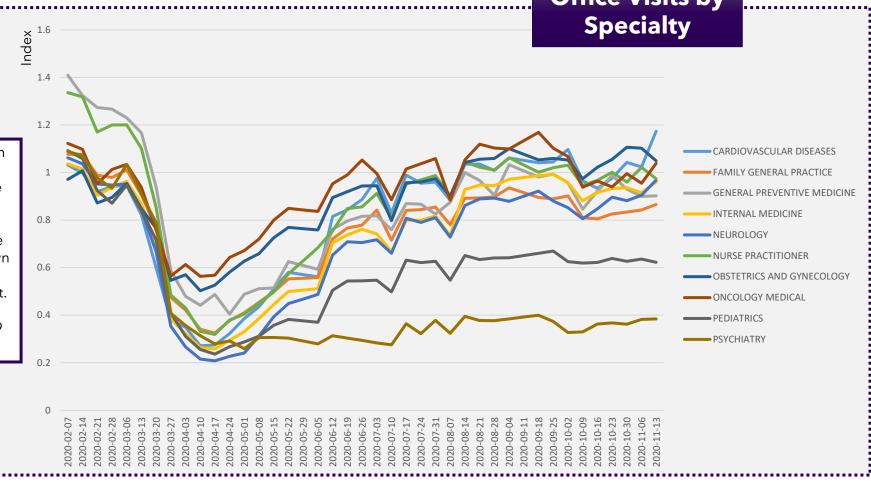


### **Office Visits by Specialty**

- Office visits increased from their low point in the week of March 27 through mid-September for all specialties, but have since leveled off.
- Psychiatry office visits remain down by more than 60% and visits to pediatricians are down almost 40% compared to 2019 levels. Both show no signs of improvement since August.
- All other specialties are at least 85% of 2019 levels.

Index = Current Week divided by the 12 Week Rolling

Average (from the same time period in 2019)





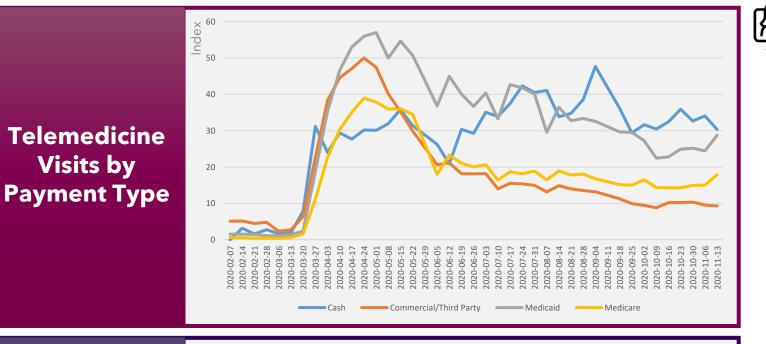
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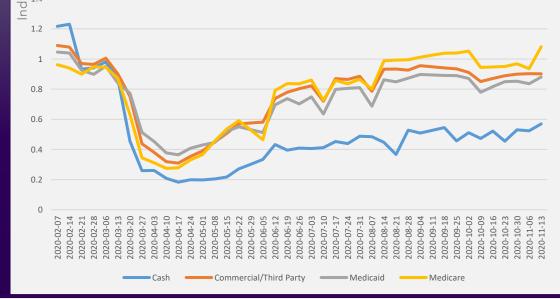
- Despite a steady decline since May, payment types for telemedicine remain significantly above 2019 thresholds.
- With the exception of Cash, office visits for payment types have trended on the inverse to telemedicine.
- Office visits for Cash patients are the hardest hit and continue to trend ~40% under 2019 levels. This may be due, at least in part, to increased unemployment.

Index = Current Week divided by the 12 Week

Rolling Average (from the same time period in 2019)









- An index of 1 means the current week has the same number of claims as the 12 week rolling average from 2019 (100% of 2019 volume).
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- An index of 0.5 means the current week had 50% fewer claims than the 12 week rolling average from 2019 (50% of 2019 volume).





### NATIONAL TRENDS: Despite the rise of COVID cases in recent weeks, national prescription trends continue to report 5% below 2019 thresholds.



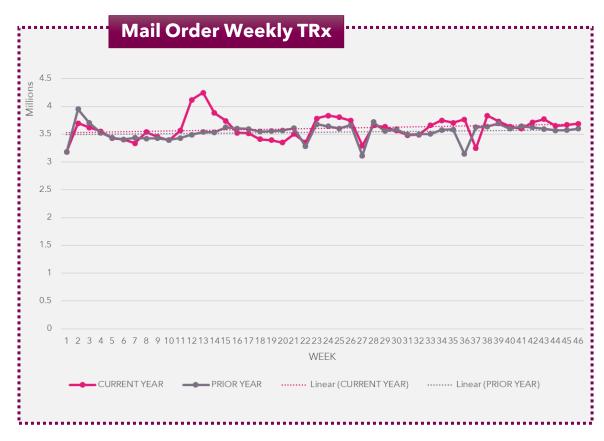




# NATIONAL TRENDS: Minimal changes observed within different distribution channels, with Retail store activity continuing to drive the lower national prescription trends.









# **ELECTIVE THERAPIES:** Recovery for the majority of key therapies continue to remain stagnant among skyrocketing COVID cases and unemployment.



