

Same Day Joint Replacement What to expect if you are going home from Recovery

- Please Be Patient
- Expect the process to take 4-7 hours after arriving to Recovery
- You will be given a checklist in Recovery to complete. The list includes some of the following:
 - Vital Signs within your normal limits
 - Able to eat and drink without nausea
 - Pass evaluation by surgeon/ PA
 - Pass evaluation by medicine
 - Complete Occupational Therapy and Physical Therapy evaluation after numbness from spinal block wears off
 - Able to urinate
- Bring an iPad, phone, earbuds, or book with you.
- Bring your walker or crutches if you have them to size appropriately. Discuss with your doctor which would be best for you.
- Family visitation for discharge teaching