**POST OP INSRUCTIONS:**

* Please finish your blood thinner medication:
  + Use Eliquis until finished, then baby Aspirin twice a day for additional 3 weeks
  + Baby Aspirin (81 mg) twice a day µntil 6 weeks post op
* Please do not stop your narcotics abruptly. You will need to gradually wean off them
* If still taking narcotics, please do not forget to take your stool softeners and laxatives
* Please do not submerge your wound. Pools, baths, etc. may be used once the incision is fully healed (no scabs). This is usually around the 5-6 week mark.
* Keep the incision clean and dry for 24 hours. You may shower 24 hours after the staples are removed
* Please do not drive until you are no longer taking narcotics and feel like you have control over your leg, which is typically around 3-4 weeks.
* Please do not put any lotion, cream, or scar reduction agent onto your wound until 5-6 weeks and you are cleared to by your physician to do so. You may put a thin layer of antibiotic ointment on the incision once daily once the steri strips have fallen off (about 1 week).
* Do not hesitate to call our office at 203-337-2600 with any questions and/or concerns