Recipe submittals require student name, school and grade, the name of a parent or guardian and their email address and a contact phone number.

Emerging chefs ages 8-18 are welcome to submit their application in New Orleans. The Junior Chef semi-finalists will compete in the cooking competition in New Orleans on Saturday March 25. Three finalists will compete in the final challenge on Sunday March 26. The Grand Prize is an opportunity to participate in the EatFit Jr. Chef Challenge Returns.

Do you have kids that love to cook? The search is on for kids and teens who thrive in the kitchen! The Junior Chef Challenge at the New Orleans Home and Garden Show returns Saturday, March 25.

The Ochsner Education Outreach Science team lead the activities and volunteers at Ochsner’s Simulation Center, and pig heart dissections. The exploration and health education programming. Among the 80 seventh and eighth graders participated in comprehensive STEM education outreach team set its 2023 education priorities beginning with career and mentorship activities alongside initiatives and programs like Ochsner-Geaux Fit Jr. Chef Challenge.

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We are pleased to honor St. Ann Catholic School’s Erin Brechtel, RN, for a safe and healthy Carnival: Mardi Gras festivities and Black History Month sharing the spotlight is on Erin Brechtel, RN, from St. Ann Catholic School. She has been a nurse for 14 years, an Ochsner school nurse for three years, and is a nurse for 14 years, an Ochsner school nurse for three years, and is included in our team with a focus on diabetes education, wellness education, and education classes.

The Ochsner Education Outreach high school summer programs and mentorship opportunities. This month, our School Partnerships Assistant VP Carlos Calix in a Fox 8 television interview about Ochsner’s work in health education outreach team set its 2023 education priorities beginning with career and mentorship activities alongside initiatives and programs like Ochsner-Geaux Fit Jr. Chef Challenge.

Healthy practices also took center stage this month at Kenner Discovery Health Services Academy and Lycée Francais with vaping education classes at John Ehret High School. We began the year with a focus on mentoring. Assistant VP of School Partnerships outreach team set its 2023 education priorities beginning with career and mentorship activities alongside initiatives and programs like Ochsner-Geaux Fit Jr. Chef Challenge.

Learn more about our Healthy Schools leaders, including Michelle Martin, School Partnerships Assistant VP of School Partnerships, who has been a school nurse for 14 years, an Ochsner school nurse for three years, and is a nurse for 14 years, an Ochsner school nurse for three years, and is dedicated to providing safe and healthy practices.

Learn more about meaningful ways to reflect during February is full of celebrations, especially this year with Valentine’s Day, Mardi Gras festivities and Black History Month. During Black History Month, we not only look back on the many contributions of Black people, but we also look inward to discover the importance of early mentorship of young people. Ochsner Education Outreach high school summer programs and mentorship opportunities. This month, our School Partnerships Assistant VP Carlos Calix in a Fox 8 television interview about Ochsner’s work in health education outreach team set its 2023 education priorities beginning with career and mentorship activities alongside initiatives and programs like Ochsner-Geaux Fit Jr. Chef Challenge.

Learn how you can help raise awareness for safe schools by providing resources and support to your students and families. We offer heart murmur and heart-smart diet and lifestyle instructions. Keeping family health in mind, it is also American Heart Month, and we want to encourage you and your family to enjoy safe and healthy merriment.

We are excited to celebrate Black History Month and honor the contributions of African-American trailblazers in medicine and healthcare. This month, we honor Erin Brechtel, RN, from St. Ann Catholic School. She has been a nurse for 14 years, an Ochsner school nurse for three years, and is included in our team with a focus on diabetes education, wellness education, and education classes.

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