



**Chart for Mission, Virtue, and Value:
Word Innovations for Medicine and Health Care
Institute of Medicine, Education, and Spirituality**

Institute of Medicine, Education, and Spirituality -IMESO	Transcendentals	Virtues and Character Strengths in Medicine, Education and Spirituality*	Values in Healthcare Ochsner Mission and Values Words**
MEDICINE	TRUTH	WISDOM Perspective Curiosity Knowledge Zest	CIRCUMSPECTION Educate Excellence
EDUCATION	GOODNESS	COURAGE Integrity Persistence HUMANITY Compassion Empathy Love Kindness JUSTICE Fairness Truth Leadership	AUTHENTICITY Innovate Integrity BENEFICENCE Serve Benevolence Equity and Equality Lead Teamwork
SPIRITUALITY	BEAUTY	TEMPERANCE Forgiveness Humility Prudence Resilience TRANSCENDENCE Hope Awe Appreciation Gratitude	EQUANIMITY AND EQUILIBRIUM Heal Teamwork Resilience MEANING Heal Patients-First

* Peterson and Seligman

**Ochsner Mission and Values word are in blue. This chart aligns the theme words of IMESO to the universal transcendental words, the traditional words of virtue and character strengths (Peterson and Seligman research) and IMESO words of Virtue in Medicine (explained below).



A New Word Language for Virtue in Health Care Institute of Medicine, Education, and Spirituality

New (Traditional*) Virtue Words

Circumspection (Wisdom)

Authenticity (Courage)

Beneficence (Humanity)

Equity/Equality (Justice)

Equanimity/Equilibrium/ (Temperance)

Meaningful (Transcendence)

Related Character Strengths*

Curiosity/Perspective/Judgment

Honesty/Integrity/Zest

Benevolence/Compassion

Fairness/Dignity/Cooperation in Teams

Humility/Forgiveness/Well-being/Resilience

Gratitude/Awe/Humor/Hope/Spirituality

Definitions:

Circumspection in Healthcare— ability to be creative and curious to make accurate judgements with open-minded perspectives to enhance the truths of science and the practice of reciprocal healing.

Authenticity in Healthcare – presenting oneself with integrity, honesty and zest while discovering aspects of others and self.

Beneficence in Healthcare— to treat patients and others with compassion and acting benevolently based on ethics and the desire to heal the body, mind, and spirit.

Equity and Equality in Healthcare – to work in health care well by treating each person with the dignity he or she deserves and avoiding all negative interactions that are harmful to the health and welfare of self and others.

Equanimity (Equilibrium) in Healthcare – to balance reactions in good times and times to challenge while always discerning ways to foster well-being.

Meaning in Healthcare— an appreciation of the mystery of life found in self and others by responding to all medical interactions with humor, hope and gratitude.

*Peterson and Seligman

Goodness in Medicine
Ochsner Health
 Character, Mission, Value, Virtue,
 and Virtue Strengths

