



The Marriage Source
Quiz Results

THE OBSERVER

*You've made it through a lot and haven't walked away.
You're cautious but hopeful, watching to see if this season could finally change.*

Your Source

You're operating mostly from a default story. You feel disconnected or resigned, unsure whether it's worth the effort to stay engaged when things don't seem to change.

Where It Shows Up

Your spouse might not even notice you've disengaged, but you know you're not bringing your full self to the relationship anymore.

What's Possible

Your presence makes a difference. Even small efforts to stay engaged can create moments of honesty and trust that help rebuild unity over time.

Your Automatic Response

You often wait or pull back. Even when you have something to give, it feels safer to stay quiet or keep your distance.

What's Missing

Real connection requires presence. Without showing up, your spouse doesn't get to know the deeper parts of you that matter most.

Your Next Move

Choose one place to re-engage today. Start a conversation, make an offer, or do a good deed without waiting for it to feel perfect or normal.