



Aurora - Aurora, CO
 Brannon Crossing - Nicholasville, KY
 Citiplace - Baton Rouge, LA
 Colledgeville - Collegeville, PA
 Covington - Covington, LA
 Denton - Denton, TX
 Exton - Exton, PA
 Flourentown - Flourentown, PA
 Horizon Village - Suwanee, GA
 Hulen - Fort Worth, TX
 Juban Crossing - Denham Springs, LA
 Little Rock - Little Rock, AR
 Brookfield Square - Brookfield, WI
 Roswell - Roswell, GA
 Syracuse - Camillus, NY
 Trexlextown - Allentown, PA
 Tucker - Tucker, GA
 West 7th - Fort Worth, TX
 Williamsburg - Williamsburg, VA

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Appetizers															
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Chicken Tenders	Contains Soy, Wheat.	960	55	9	64	2355	80	0	2	0	44	65	222	467	--
Impossible Chicken Nuggets	Contains Soy, Wheat.	789	47	6	0	2138	67	3	2	--	24	228	555	1379	--
Wonton Mozzarella Sticks	Contains Egg, Milk, Wheat.	1010	50	22	135	2080	91	2	3	--	54	1183	0	0	--
Chewy Pretzel Bites	Contains Wheat.	400	4	--	0	307	77	3	11	--	13	69	5	--	--
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0
Fried Pickles	Contains Milk, Wheat.	505	32	5	0	1798	53	0	0	--	6	63	112	224	--
Chip & Dip Trio	Contains Milk, Wheat.	680	66	4	0	1610	100	12	23	--	18	180	133	20	--
Chicken Wings, Parmesan Garlic	Contains Milk.	1491	117	28	306	2819	16	9	5	--	93	15066	232	1379	--
Chicken Wings, Hot Honey		1356	93	23	306	2654	36	9	23	--	92	15019	232	1376	--
Chicken Wings, BBQ		1351	93	23	306	2449	32	9	22	--	92	15019	233	1376	--
Chicken Wings, Buffalo	Contains Milk.	1342	100	28	325	2262	32	9	4	--	92	15024	233	1376	--
Chicken Wings, Jamaican Jerk		1271	93	23	306	2115	13	9	4	0	92	15019	232	1376	--
Chicken Wings, Nashville Hot		1400	105	25	306	2515	21	11	10	--	92	15019	232	1376	--
Chicken Wings, Creamy Sriracha	Contains Egg	1390	106	25	320	3360	18	9	8	3	92	15019	232	1376	0
Chicken Wings, Mango Habanero		1350	93	23	305	2280	32	9	20	15	92	15020	233	1380	0
Boneless Wings, BBQ	Contains Wheat.	685	37	6	71	1537	60	2	21	--	30	238	257	344	--
Boneless Wings, Buffalo	Contains Milk, Wheat.	675	44	10	90	2350	58	2	2	--	30	243	256	344	--
Boneless Wings, Garlic Parmesan	Contains Milk, Wheat.	813	59	10	71	1907	42	2	4	--	32	285	256	344	--
Boneless Wings, Hot Honey	Contains Wheat.	678	36	5	71	1742	62	2	22	--	30	238	256	344	--
Boneless Wings, Jamaican Jerk	Contains Wheat.	605	37	6	71	1203	39	2	2	0	30	238	256	344	--
Boneless Wings, Nashville Hot	Contains Wheat.	722	47	7	71	1603	47	4	9	--	30	238	256	344	--
Boneless Wings, Creamy Sriracha	Contains Egg, Wheat	730	49	8	85	2450	45	2	6	3	30	238	256	344	0
Boneless Wings, Mango Habanero	Contains Wheat.	680	36	5	70	1370	58	2	19	15	30	240	256	340	0
Grande Nachos	Contains Milk, Wheat.	888	34	11	18	1855	114	20	31	--	27	1259	1912	--	--
Beef Nachos	Contains Egg	1109	49	18	69	2027	116	24	32	0	41	1441	2490	0	0
Chicken Nachos	Contains Milk, Soy, Wheat.	1013	40	13	66	1923	117	21	33	0	39	1266	2070	0	0
Quesadilla	Contains Milk, Wheat.	868	54	33	127	562	176	9	4	--	589	--	--	--	--
Beef Quesadilla	Contains Milk, Wheat.	1090	69	39	177	4	734	0	58	--	771	1951	0	--	--
Chicken Quesadilla	Contains Milk, Wheat.	1001	60	35	193	1068	180	9	6	--	59	589	1373	373	0
Loaded Potato Skins	Contains Milk	800	52	25	125	790	113	10	5	0	34	330	662	950	0
Loaded Fries	Contains Milk	670	122	12	15	2300	72	1	6	0	10	31	518	719	0
Seasoned Fries		524	23	5	0	1349	73	0	3	--	7	14	222	934	--
Sweet Potato Waffle Fries		570	27	2	0	580	78	7	17	0	7	68	2	918	0
Pick Your Platter															
Onion Rings	Contains Milk, Wheat.	260	12	2	0	340	0	1	5	4	3	10	1	110	0
Boneless Wings	Contains Wheat.	260	15	3	35	420	17	0	0	0	15	10	1	170	0
Fried Pickles	Contains Milk, Wheat.	220	13	2	0	810	27	0	0	0	3	30	1	110	0
French Fries		150	5	2	0	380	23	0	1	0	2	0	45	290	0
Loaded Fries	Contains Milk	410	21	8	15	1160	46	1	4	0	10	80	297	470	0
Wonton Mozzarella Sticks (3)	Contains Egg, Milk, Sesame	360	15	8	55	830	36	1	1	0	21	470	0	0	0
Sweet Potato Waffle Fries		200	8	1	0	230	31	3	7	0	3	30	1	370	0
Chicken Tenders (3)	Contains Soy, Wheat.	260	13	3	45	660	15	1	1	0	20	20	1	180	0
Loaded Potato Skins (3)	Contains Milk	240	10	5	25	160	40	4	2	0	9	70	112	570	0
Burger Siders (2)	Contains Egg, Milk, Sesame, Soy, Wheat.	520	29	13	75	670	50	4	7	6	26	330	755	380	0
Pretzel Bites	Contains Wheat.	210	2	0	0	160	1	0	6	0	40	0	3	0	0
Ranch	Contains Egg, Milk	310	32	5	0	490	0	0	0	0	0	30	0	0	0
Chipotle Ranch	Contains Egg, Milk	300	32	5	10	400	2	0	2	0	0	10	0	10	0
Blue Cheese	Contains Egg, Milk	260	25	5	30	650	6	0	6	0	0	60	0	0	0
Ketchup		70	0	0	0	15	17	17	0	0	0	330	534	0	0
Honey Mustard	Contains Egg	220	18	3	10	280	16	0	14	0	0	0	0	0	0
Nacho Cheese	Contains Milk	60	5	3	0	440	5	0	2	0	1	50	0	0	0
BBQ Sauce		110	0	0	0	0	440	28	25	0	0	0	1	0	0
Parmesan Garlic	Contains Milk	290	31	6	0	940	4	0	2	0	2	60	0	0	0
Buffalo Sauce	Contains Milk	90	9	6	25	1530	25	0	0	0	0	10	0	0	0
Creamy Sriracha	Contains Egg	160	16	3	20	1660	7	0	5	4	0	0	0	0	0
Marinara		35	2	0	0	270	5	0	4	0	1	20	1	0	0
Nashville Hot		170	15	2	0	530	10	2	9	0	0	0	0	0	0
Hot Honey		160	0	0	0	0	46	0	46	46	0	0	0	0	0
Mango Habanero		110	0	0	0	220	25	0	22	20	0	0	0	0	0
Salads															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Southwest BBQ Crispy Chicken Salad	Contains Egg, Milk, Soy, Wheat.	1232	88	18	72	1828	87	72	20	--	7	518	1148	--	--
Chop Chop Salad	Contains Milk, Soy, Wheat.	920	69	16	150	540	46	9	17	0	12	600	3839	10	0
Chicken Caesar Salad	Contains Egg, Milk, Sesame, Wheat.	640	47	10	135	550	34	5	1	0	36	410	981	0	0
Side Dinner Salad (No dressing, see condiments section for additional info)	Contains Milk.	47	2	2	6	2	9	1	2	--	2	33	48	--	--
Burgers, Sandwiches & Wraps															

All sandwiches are listed without french fries and does not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Hollywood Heat	Contains Egg, Milk, Wheat, Sesame	1290	67	40	250	2160	87	4	14	3	52	483	678	455	0	
Classic Double	Contains Egg, Milk, Soy, Wheat, Sesame	952	35	35	207	904	73	17	7	--	45	1306	1168	455	--	
Impossible Smash Burger	Contains Egg, Milk, Soy, Wheat, Sesame	880	52	24	82	1281	80	14	10	1	32	1118	812	610	0	
Bacon Cheeseburger	Contains Egg, Milk, Wheat, Sesame	1128	57	39	239	964	72	3	6	--	50	481	837	455	--	
Slider Burger Trio	Contains Egg, Milk, Sesame, Soy, Wheat.	787	44	19	114	1008	81	6	11	--	39	486	871	368	--	
The Tavern Burger	Contains Egg, Milk, Wheat, Sesame	1016	45	33	208	965	58	5	7	--	46	835	817	455	--	
Chicken Cali Wrap	Contains Egg, Wheat	1060	74	14	140	1060	88	55	10	0	39	5220	1009	0	0	
Crispy Chicken Ranch Sandwich	Contains Egg, Milk, Soy, Wheat, Sesame	1036	68	24	157	2716	69	3	9	--	37	185	475	390	--	
Hot Honey Chicken Sandwich	Contains Egg, Milk, Wheat, Sesame	848	33	13	130	2601	119	7	23	--	31	106	385	359	--	
Buffalo Chicken Wrap	Contains Egg, Milk, Soy, Wheat.	697	35	9	42	902	16	4	7	--	21	503	1112	0	--	
Chicken Chipotle Sliders	Contains Egg, Milk, Soy, Wheat.	893	43	11	105	715	88	1	28	20	29	91	1519	163	16	
Honey Dijon Chicken Wrap	Contains Egg, Milk, Soy, Wheat	980	58	16	90	1010	103	56	12	8	36	3124	827	190	0	
Nashville Hot Chicken Sandwich	Contains Egg, Milk, Wheat, Sesame	1227	86	23	158	2817	95	8	19	--	37	2769	460	398	--	
Smash Melt	Contains Egg, Milk, Sesame, Soy, Wheat.	1293	62	42	232	1964	84	4	7	0	60	675	711	455	--	
Smash Burger Wrap	Contains Egg, Milk, Wheat.	1020	38	27	155	610	58	59	6	0	45	6080	1322	460	0	
Pizzas																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
LRG 16" Carnivore	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0	
MED 12" Carnivore	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0	
LRG 16" Pepperoni Special	Contains Milk, Wheat.	2010	93	46	255	3200	192	77	14	0	108	2020	1712	440	0	
MED 12" Pepperoni Special	Contains Milk, Wheat.	1140	55	27	145	2060	108	52	8	0	59	1020	857	270	0	
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0	
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0	
LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0	
MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0	
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0	
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0	
Pepperoni	Contains Fish	230	21	1	55	760	0	0	0	0	8	0	1	0	0	
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0	
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0	
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0	
Anchovy		80	4	0	50	2840	0	0	0	0	13	132	1	0	0	
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0	
Onion		20	0	0	0	0	0	0	1	0	0	0	1	0	0	
Green pepper		10	0	0	0	0	0	2	1	0	0	184	0	0	0	
Banana pepper		15	0	0	0	510	3	0	0	0	0	0	1	0	0	
Black olive		90	8	1	0	0	0	3	0	0	0	0	0	465	0	
Tomato	Contains Egg, Milk	10	0	0	0	0	0	2	1	0	1	413	3	0	0	
Hot Honey drizzle		60	0	0	0	360	15	0	13	0	0	0	0	0	0	
Ranch Drizzle		230	24	4	0	360	0	0	0	0	0	20	0	0	0	
Blue Cheese Drizzle		200	19	4	20	480	4	0	4	0	0	40	0	0	0	
Buffalo Sauce Drizzle		70	7	5	20	1150	19	0	0	0	0	0	0	0	0	
Parmesan Garlic Drizzle		220	23	5	0	700	3	0	1	0	1	50	0	0	0	
Nashville Hot Drizzle		130	12	2	0	400	8	1	6	0	0	0	0	0	0	
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0	
Mango Habanero Drizzle		80	0	0	0	170	19	0	17	15	0	0	0	0	0	
Creamy Sriracha Drizzle		120	12	2	15	1250	5	0	4	3	0	0	0	0	0	
LARGE 16" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0	
Pepperoni	Contains Fish	263	24	11	66	881	0	0	0	--	9	0	1	--	--	
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--	
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0	
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0	
Anchovy		140	6	0	85	4880	0	0	0	0	23	227	2	0	0	
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--	
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0	
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--	
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0	
Black olive		160	13	3	0	0	0	5	0	0	0	0	0	797	0	
Tomato	Contains Milk	15	0	0	0	0	0	13	1	0	1	708	5	0	0	
Hot Honey drizzle		70	0	0	0	450	19	0	17	0	0	0	0	0	0	
Ranch Drizzle		390	40	6	0	610	0	0	0	0	0	40	0	0	0	
Blue Cheese Drizzle		330	32	6	35	810	7	0	7	0	0	70	0	0	0	
Buffalo Sauce Drizzle		120	12	7	30	1910	31	0	0	0	0	10	0	0	0	
Parmesan Garlic Drizzle		370	39	7	0	1170	5	0	2	11	0	2	80	0	0	0
Nashville Hot Drizzle		210	19	2	0	670	13	2	11	0	0	0	0	0	0	0
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	0	1	0	0
Mango Habanero Drizzle		140	0	0	0	280	31	0	28	26	0	0	0	0	0	0
Creamy Sriracha Drizzle		210	21	3.5	25	2080	9	0	7	5	0	0	0	0	0	0
Entrees																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Chicken Taco Platter	Contains Milk, Soy, Wheat.	813	35	15	109	287	78	13	11	0	42	887	2430	0	0	
Fried Chicken Bacon Ranch Burrito	Contains Egg, Milk, Wheat	1320	88	27	100	1060	132	57	6	0	44	628	2573	316	0	
Kids Meals																
All kids meals are listed without french fries and beverage and does not account for any substitutions or change requests. See Sides and Beverages sections for more nutritional information.																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Kids Macaroni and Cheese	Contains Milk, Wheat.	301	9	3	10	651	44	--	8	--	263	2	291	10	--	
Kid Hot Dog	Contains Egg, Milk, Sesame, Soy, Wheat.	490	34	12	75	1169	28	1	3	--	67	2	75	17	--	
Kids Pizza	Contains Milk, Wheat.	480	20	10	55	1170	51	22	5	0	28	590	3	270	0	
Kid Cheeseburger	Contains Milk, Soy, Wheat.	376	20	10	71	319	42	0	4	0	194	93	--	16	--	
Kid Chicken Tenders	Contains Soy, Wheat.	333	22	3	29	852	20	0	0	0	30	111	--	18	--	
Desserts																
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments section for additional info on any side sauces.																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Funnel Cake Sticks	Contains Egg, Milk, Soy, Wheat.	462	22	7	50	425	61	0	21	--	5	0	1	--	--	
Churros	Contains Egg, Milk, Soy, Wheat.	682	49	19	80	640	57	0	13	0	8	0	0	--	--	

Funnel Cake Stick Sundae	Contains Egg, Milk, Soy, Wheat, Tree Nuts	820	39	13	70	430	69	22	31	0	8	390	82	50	0
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat	860	34	13	96	440	80	27	56	3	7	375	88	89	0
Sides and Condiments															
Sauce sides 3 oz/ea unless otherwise noted															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Side French Fries (regular/5oz)		290	12	3	0	930	42	0	2	0	4	14	221	539	0
Kids Side French Fries (4oz)		240	10	2.5	0	640	34	0	2	0	3	7	111	431	0
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0
Side Sweet Potato Waffle Fries (5oz)		340	16	1.5	0	350	47	4	10	0	4	41	1	551	0
Loaded Fry Upgrade	Contains Milk	400	64	8	15	1320	36	1	3	0	7	17	517	359	0
Side Caesar Salad	Contains Fish, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Side Dinner Salad (No dressing)	Contains Milk.	47	2	2	6	2	9	1	2	--	2	33	48	--	--
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0
Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Chipotle Ranch	Contains Egg, Milk	460	49	8	15	610	3	0	3	0	0	22	0	15	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0
Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	0	61	0	0	0	0	71	304	0	0
Side Salsa		30	0	0	0	500	6	0	3	0	1	28	1	0	0
Side Guacamole		100	9	1.5	0	0	0	1	4	0	2	150	1279	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Lemon Poppy Dressing	Contains Egg, Milk	370	26	4	0	25	0	0	0	0	0	0	419	0	0
Side 1000 Islands Dressing	Contains Egg	280	23	4.5	30	650	0	0	11	11	0	0	0	0	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0
Side Parmesan Garlic	Contains Milk	440	47	9	0	1410	6	0	3	0	3	94	0	0	0
Side Nashville Hot Sauce		260	23	2.5	0	800	15	3	13	0	0	0	0	0	0
Side Mango Habanero		170	0	0	0	330	38	33	31	0	0	0	0	0	0



9.25.2025

BISTROPLEX NUTRITIONAL INFORMATION SHEET

BistroPlex - Greendale, WI

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Appetizers															
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Chicken Tenders	Contains Soy, Wheat.	891	52	6	64	2466	70	3	0	0	44	89	443	--	--
Impossible Chicken Nuggets	Contains Soy, Wheat.	719	44	4	0	1901	57	6	0	--	23	237	555	912	--
Wisconsin Cheese Curds	Contains Milk, Wheat.	830	53	29	168	1823	41	0	0	--	39	1064	112	--	--
Wonton Mozzarella Sticks	Contains Egg, Milk, Wheat.	1010	50	22	135	2080	91	2	3	--	54	1183	0	0	--
Chewy Pretzel Bites	Contains Wheat.	400	4	--	0	307	77	3	11	--	13	69	5	--	--
Chip & Dip Trio	Contains Milk, Wheat.	686	66	5	0	1541	102	12	25	--	20	214	1886	0	--
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0
Chicken Wings - Parmesan Garlic	Contains Milk.	1491	117	28	306	2819	16	9	5	--	93	15066	232	1376	--
Chicken Wings, Hot Honey		1356	93	23	306	2654	36	9	23	--	92	15019	232	1376	--
Chicken Wings, BBQ		1351	93	23	306	2449	34	9	22	--	92	15019	233	1376	--
Chicken Wings, Buffalo	Contains Milk.	1342	100	28	325	3262	32	9	4	--	92	15024	233	1376	--
Chicken Wings, Jamaican Jerk		1271	93	23	306	2115	13	9	4	0	92	15019	232	1376	--
Chicken Wings, Nashville Hot		1400	105	25	306	2515	21	11	10	--	92	15019	232	1376	--
Chicken Wings, Creamy Sriracha	Contains Egg	1390	106	25	320	3360	18	9	8	3	92	15019	232	1376	0
Chicken Wings, Mango Habanero		1350	93	23	305	2280	32	9	20	15	92	15020	233	1380	--
Boneless Wings, BBQ	Contains Wheat.	685	37	6	71	1537	60	2	21	--	30	238	257	344	--
Boneless Wings, Buffalo	Contains Milk, Wheat.	675	44	10	90	2350	58	2	2	--	30	243	256	344	--
Boneless Wings, Garlic Parmesan	Contains Milk, Wheat.	813	59	10	71	1907	42	2	4	--	32	285	256	344	--
Boneless Wings, Hot Honey	Contains Wheat.	678	36	5	71	1742	62	2	22	--	30	238	256	344	--
Boneless Wings, Jamaican Jerk	Contains Wheat.	605	37	6	71	1203	39	2	2	0	30	238	256	344	--
Boneless Wings, Nashville Hot	Contains Wheat.	722	47	7	71	1603	47	4	9	--	30	238	256	344	--
Boneless Wings, Creamy Sriracha	Contains Egg, Wheat	730	49	8	85	2450	45	2	6	3	30	238	256	344	0
Boneless Wings, Mango Habanero	Contains Wheat.	680	36	5	70	1370	58	2	19	15	30	240	256	340	--
Quesadilla	Contains Milk, Wheat.	868	54	33	127	562	176	9	4	--	44	589	1373	--	--
Beef Quesadilla	Contains Milk, Wheat.	1090	69	39	177	734	179	12	4	0	58	771	1951	0	0
Chicken Quesadilla	Contains Milk, Wheat.	1001	60	35	193	1068	180	9	6	--	59	589	1373	373	--
Grande Nachos	Contains Milk, Wheat.	895	125	12	18	1716	109	23	24	--	20	1099	2169	0	--
Beef Nachos	Contains Milk, Wheat.	1117	141	18	69	1888	111	27	25	0	34	1282	2748	0	0
Chicken Nachos	Contains Milk, Soy, Wheat.	1020	132	14	66	1784	112	24	26	0	32	1106	2610	0	0
Fried Pickles	Contains Milk, Wheat.	505	32	5	0	1798	53	0	0	--	6	63	112	224	--
Loaded Fries	Contains Milk.	679	121	8	15	2484	75	7	3	--	11	55	739	0	--
French Fries		385	17	0	0	875	53	5	0	--	5	32	222	--	--
Loaded Potato Skins	Contains Milk	800	52	25	125	790	113	10	5	0	34	330	662	950	--
Sweet Potato Waffle Fries		570	27	2	0	580	78	7	17	0	7	68	2	918	0
Pick Your Platter															
Onion Rings	Contains Milk, Wheat.	260	12	2	0	340	0	1	5	4	3	10	1	110	0
Boneless Wings	Contains Wheat.	260	15	3	35	420	17	0	0	0	15	10	1	170	0
Fried Pickles	Contains Milk, Wheat.	220	13	2	0	810	27	0	0	0	3	30	1	110	0
French Fries		140	5	2	0	310	23	0	1	0	2	0	0	290	0
Loaded Fries	Contains Milk	410	21	8	15	1160	46	1	4	0	10	80	297	470	0
Wonton Mozzarella Sticks (3)	Contains Egg, Milk, Sesame	360	15	8	55	830	36	1	1	0	21	470	0	0	0
Sweet Potato Waffle Fries		200	8	1	0	230	31	3	7	0	3	30	1	370	0
Chicken Tenders (3)	Contains Soy, Wheat.	260	13	3	45	660	15	1	1	0	20	20	1	180	0
Loaded Potato Skins (3)	Contains Milk	240	10	5	25	160	40	4	2	0	9	70	112	570	--
Burger Sliders (2)	Contains Egg, Milk, Sesame, Soy, Wheat.	520	29	13	75	670	50	4	7	6	26	320	755	280	0
Pretzel Bites	Contains Wheat.	210	2	0	0	160	40	1	6	0	7	40	3	0	0
Ranch	Contains Egg, Milk	310	32	5	0	490	0	0	0	0	0	30	0	0	0
Chipotle Ranch	Contains Egg, Milk	300	32	5	10	400	2	0	2	0	0	10	0	10	0
Blue Cheese	Contains Egg, Milk	260	25	5	30	650	6	0	6	0	0	60	0	0	0
Ketchup		70	0	0	0	15	17	17	0	0	0	330	534	0	0
Honey Mustard	Contains Egg	220	18	3	10	280	16	0	14	0	0	0	0	0	0
Nacho Cheese	Contains Milk	60	5	3	0	440	5	0	2	0	1	50	0	0	0
BBQ Sauce		110	0	0	0	0	440	28	25	0	0	0	1	0	0
Parmesan Garlic	Contains Milk	290	31	6	0	940	4	0	2	0	2	60	0	0	0
Buffalo Sauce	Contains Milk	90	9	6	25	1530	25	0	0	0	0	10	0	0	0
Creamy Sriracha	Contains Egg	160	16	3	20	1660	7	0	5	4	0	0	0	0	0
Marinara		35	2	0	0	270	5	0	4	0	1	20	1	0	0
Nashville Hot		170	15	2	0	530	10	2	9	0	0	0	0	0	0
Hot Honey		160	0	0	0	0	46	0	46	46	0	0	0	0	0
Mango Habanero		110	0	0	0	220	25	0	22	20	0	0	0	0	0
Salads															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Chop Chop Salad	Contains Milk, Soy, Wheat.	920	69	16	150	540	46	9	17	0	12	600	3839	10	--
Chicken Caesar Salad	Contains Egg, Milk, Sesame, Wheat.	640	47	10	135	550	34	5	1	0	36	410	981	0	0
Side Caesar Salad	Contains Egg, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Burgers, Sandwiches & Wraps															
All sandwiches are listed without french fries and do not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Bacon Cheeseburger	Contains Egg, Milk, Wheat, Sesame	1128	57	39	239	964	72	3	6	--	50	481	837	455	--

Classic Double	Contains Egg, Milk, Soy, Wheat, Sesame	952	35	35	207	904	73	17	7	--	45	1306	1168	455	--	
Impossible Smash Burger	Contains Egg, Milk, Soy, Wheat, Sesame	880	52	24	82	1281	80	14	10	1	32	1118	812	610	0	
Hollywood Heat	Contains Egg, Milk, Wheat, Sesame	1290	67	40	250	2160	87	4	14	3	52	483	678	455	0	
Slider Burger Trio	Contains Egg, Milk, Sesame, Soy, Wheat.	787	44	19	114	1008	81	6	11	--	39	486	871	368	--	
Wisconsin Burger	Contains Egg, Milk, Wheat, Sesame	1233	86	39	230	1714	94	2	8	--	51	289	411	455	--	
Smash Melt	Contains Egg, Milk, Sesame, Soy, Wheat.	1293	62	42	232	1964	84	4	7	0	60	675	711	455	--	
Chicken Cali Wrap	Contains Egg, Wheat	1060	74	14	140	1060	88	55	10	0	39	5220	1009	0	0	
Crispy Chicken Ranch Sandwich	Contains Egg, Milk, Soy, Wheat, Sesame	1036	68	24	157	2716	69	3	9	--	37	185	475	390	--	
Hot Honey Chicken Sandwich	Contains Egg, Milk, Wheat, Sesame	848	33	13	130	2601	119	7	23	--	31	106	385	359	--	
Honey Dijon Chicken Wrap	Contains Egg, Milk, Soy, Wheat	980	58	16	90	1010	103	56	12	8	36	3124	827	190	0	
Buffalo Chicken Wrap	Contains Egg, Milk, Soy, Wheat.	697	35	9	42	902	16	4	7	--	21	503	1112	--	--	
Chicken Chipotle Sliders	Contains Egg, Milk, Soy, Wheat.	893	43	11	105	715	88	1	28	20	29	91	1519	163	16	
Smash Burger Wrap	Contains Egg, Milk, Wheat.	1020	38	27	155	610	58	59	6	0	45	6080	1322	460	0	
Nashville Hot Chicken Sandwich	Contains Egg, Milk, Wheat, Sesame	1227	86	23	158	2817	95	8	19	--	37	2769	460	398	--	
The Bistro	Contains Egg, Milk, Soy, Wheat, Sesame	1027	46	36	215	720	75	5	6	--	43	694	1251	431	--	
Pizzas																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
LRG 16" Carnivore*	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0	
MED 12" Carnivore*	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0	
LRG 16" Pepperoni Special	Contains Milk, Wheat.	2010	93	46	255	3200	192	77	14	0	108	2020	1712	440	0	
MED 12" Pepperoni Special	Contains Milk, Wheat.	1140	55	27	145	2060	108	52	8	0	59	1020	857	270	0	
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0	
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0	
LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0	
MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0	
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0	
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0	
Pepperoni	Contains Fish	230	21	1	55	760	0	0	0	0	8	0	1	0	0	
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0	
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0	
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0	
Anchovy		80	4	0	50	2840	0	0	0	0	13	132	1	0	0	
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0	
Onion		20	0	0	0	0	0	0	1	0	0	0	1	0	0	
Green pepper		10	0	0	0	0	0	2	1	0	0	0	184	0	0	0
Banana pepper		15	0	0	0	0	510	3	0	0	0	0	0	1	0	0
Black olive		90	8	1	0	0	0	0	3	0	0	0	0	465	0	0
Tomato		10	0	0	0	0	0	0	2	1	0	1	413	3	0	0
Hot Honey drizzle		60	0	0	0	0	360	15	0	13	0	0	0	0	0	0
Ranch Drizzle		Contains Egg, Milk	230	24	4	0	360	0	0	0	0	0	20	0	0	0
Blue Cheese Drizzle		Contains Egg, Milk	200	19	4	20	480	4	0	4	0	0	40	0	0	0
Buffalo Sauce Drizzle		Contains Milk	70	7	5	20	1150	19	0	0	0	0	0	0	0	0
Parmesan Garlic Drizzle		Contains Milk	220	23	5	0	700	3	0	1	0	1	50	0	0	0
Nashville Hot Drizzle	Contains Fish	130	12	2	0	400	8	1	6	0	0	0	0	0	0	
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0	
Mango Habanero Drizzle		80	0	0	0	170	19	0	17	15	0	0	0	0	0	
Creamy Sriracha Drizzle		Contains Egg	120	12	2	15	1250	5	0	4	3	0	0	0	0	0
LARGE 16" Cheese (Pizza crust, sauce and cheese)		Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0
Pepperoni		263	24	11	66	881	0	0	0	--	9	0	1	--	--	--
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--	--
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0	0
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0	0
Anchovy		140	6	0	85	4880	0	0	0	0	23	227	2	0	0	0
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--	--
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0	0
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--	--
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0	0
Black olive		160	13	3	0	0	0	0	5	0	0	0	0	797	0	0
Tomato		15	0	0	0	0	0	0	13	1	0	1	708	5	0	0
Hot Honey drizzle	70	0	0	0	450	19	0	17	0	0	0	0	0	0	0	
Ranch Drizzle	Contains Egg, Milk	390	40	6	0	610	0	0	0	0	0	40	0	0	0	
Blue Cheese Drizzle	Contains Egg, Milk	330	32	6	35	810	7	0	7	0	0	70	0	0	0	
Buffalo Sauce Drizzle	Contains Milk	120	12	7	30	1910	31	0	0	0	0	10	0	0	0	
Parmesan Garlic Drizzle	Contains Milk	370	39	7	0	1170	5	0	2	0	2	80	0	0	0	
Nashville Hot Drizzle	Contains Fish	210	19	2	0	670	13	2	11	0	0	0	0	0	0	
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	1	0	0	
Mango Habanero Drizzle		140	0	0	0	280	31	0	28	26	0	0	0	0	0	
Creamy Sriracha Drizzle		Contains Egg	210	21	3.5	25	2080	9	0	7	5	0	0	0	0	0
Entrees																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Chicken Taco Platter	Contains Milk, Soy, Wheat.	813	35	15	109	287	78	13	11	0	42	887	2430	0	0	
Fried Chicken Bacon Ranch Burrito	Contains Egg, Milk, Wheat	1320	88	27	100	1060	132	57	6	0	44	628	2573	316	0	
Kids Meals																
All kids meals are listed without french fries and beverage and does not account for any substitutions or change requests. See Sides and Beverages sections for more nutritional information.																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Kids Pizza	Contains Milk, Wheat.	565	20	12	65	397	59	31	3	0	723	641	162	32	0	
Kid Cheeseburger	Contains Milk, Soy, Wheat.	376	20	10	71	319	42	0	4	0	194	93	--	16	--	
Kid Chicken Tenders	Contains Soy, Wheat.	333	22	3	29	852	20	0	22	0	30	111	--	18	--	
Kid Quesadilla	Contains Milk, Sesame.	252	16	10	38	155	51	2	1	--	13	50	289	--	--	
Desserts																

Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Funnel Cake Sticks	Contains Egg, Milk, Soy, Wheat.	462	22	7	50	425	61	0	21	--	5	0	1	--	--
Funnel Cake Stick Sundae	Contains Egg, Milk, Soy, Wheat.	820	39	13	70	430	69	22	31	0	8	390	82	50	0
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat.	860	34	13	96	440	80	27	56	3	7	375	88	89	0
Churros	Contains Egg, Milk, Soy, Wheat.	682	49	19	80	640	57	0	13	0	8	0	0	--	--
Nutella Beignets	Contains Milk, Soy, Tree Nuts, Wheat.	926	46	12	0	44	116	50	64	--	11	100	882	--	--
Sides and Condiments															
Sauce sides 3 oz/ea unless otherwise noted															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Side French Fries (regular/5oz)		190	9	0	0	610	26	3	0	0	3	23	221	0	0
Kids Side French Fries (4oz)		150	7	0	0	550	20	2	0	0	2	21	221	0	0
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0
Side Sweet Potato Waffle Fries (5oz)		340	16	1.5	0	350	47	4	10	0	4	41	1	551	0
Loaded Fry Upgrade		380	63	5	20	1200	33	3	1	0	15	26	667	0	0
Side Caesar Salad	Contains Fish, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Side Dinner Salad (No dressing)	Contains Milk.	47	2	2	6	2	9	1	2	--	2	33	48	--	--
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0
Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Chipotle Ranch	Contains Egg, Milk	460	49	8	15	610	3	0	3	0	0	22	0	15	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0
Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	0	61	0	0	0	0	71	304	0	0
Side Salsa		30	0	0	0	500	6	0	3	0	1	28	1	0	0
Side Guacamole		100	9	1.5	0	0	0	1	4	0	2	150	1279	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Lemon Poppy Dressing	Contains Egg, Milk	370	26	4	0	25	0	0	0	0	0	0	419	0	0
Side 1000 Islands Dressing	Contains Egg	280	23	4.5	30	650	0	0	11	11	0	0	0	0	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0
Side Parmesan Garlic	Contains Milk	440	47	9	0	1410	6	0	3	0	3	94	0	0	0
Side Nashville Hot Sauce		260	23	2.5	0	800	15	3	13	0	0	0	0	0	0
Side Mango Habanero		170	0	0	0	330	38	33	31	0	0	0	0	0	0



9.25.2025

BIG SCREEN BISTRO NUTRITIONAL INFORMATION SHEET

Des Peres - Des Peres, MO
Majestic of Brookfield - Brookfield, WI
Majestic of Omaha - Omaha, NE
Oakdale - Oakdale, MN
Palace - Sun Prairie, WI
St. Charles - St. Charles, MO
Twin Creek - Bellevue, NE

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.

Appetizers																
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Chicken Tenders	Contains Soy, Wheat.	891	52	6	64	2466	70	3	0	0	44	89	443	--	--	
Impossible Chicken Nuggets	Contains Soy, Wheat.	719	44	4	0	1901	57	6	0	--	23	237	555	912	--	
Wisconsin Cheese Curds	Contains Milk, Wheat.	830	53	29	168	1823	41	0	0	--	39	1064	112	--	--	
Wonton Mozzarella Sticks	Contains Egg, Milk, Wheat.	1010	50	22	135	2080	91	2	3	--	54	1183	0	0	--	
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0	
Fried Pickles	Contains Milk, Wheat.	505	32	5	0	1798	53	0	0	--	6	63	112	224	--	
Chicken Wings - Parmesan Garlic	Contains Milk.	1491	117	28	306	2819	16	9	5	--	93	15066	232	1376	--	
Chicken Wings, Hot Honey		1356	93	23	306	2654	36	9	23	--	92	15019	232	1376	--	
Chicken Wings, BBQ		1351	93	23	306	2449	34	9	22	--	92	15019	233	1376	--	
Chicken Wings, Buffalo	Contains Milk.	1342	100	28	325	3262	32	9	4	--	92	15024	233	1376	--	
Chicken Wings, Jamaican Jerk		1271	93	23	306	2115	13	9	4	0	92	15019	232	1376	--	
Chicken Wings, Nashville Hot		1400	105	25	306	2515	21	11	10	--	92	15019	232	1376	--	
Chicken Wings, Creamy Sriracha	Contains Egg	1390	106	25	320	3360	18	9	8	3	92	15019	232	1376	0	
Chicken Wings, Mango Habanero		1350	93	23	305	2280	32	9	20	15	92	15020	233	1380	--	
Boneless Wings, BBQ	Contains Wheat.	685	37	6	71	1537	60	2	21	--	30	238	257	344	--	
Boneless Wings, Buffalo	Contains Milk, Wheat.	675	44	10	90	2350	58	2	2	--	30	243	256	344	--	
Boneless Wings, Garlic Parmesan	Contains Milk, Wheat.	813	59	10	71	1907	42	2	4	--	32	285	256	344	--	
Boneless Wings, Hot Honey	Contains Wheat.	678	36	5	71	1742	62	2	22	--	30	238	256	344	--	
Boneless Wings, Jamaican Jerk	Contains Wheat.	605	37	6	71	1203	39	2	2	0	30	238	256	344	--	
Boneless Wings, Nashville Hot	Contains Wheat.	722	47	7	71	1603	47	4	9	--	30	238	256	344	--	
Boneless Wings, Creamy Sriracha	Contains Egg, Wheat	730	49	8	85	2450	45	2	6	3	30	238	256	344	0	
Boneless Wings, Mango Habanero	Contains Wheat.	680	36	5	70	1370	58	2	19	15	30	240	256	340	--	
Grande Nachos	Contains Milk, Sesame, Wheat.	878	125	12	18	2244	111	15	23	--	19	299	1029	0	--	
Chicken Nachos	Contains Milk, Wheat.	1000	128	13	85	2798	116	17	28	--	34	736	1597	373	--	
Quesadilla	Contains Milk, Wheat.	857	54	33	127	560	176	6	3	--	43	200	965	--	--	
Chicken Quesadillas	Contains Milk, Wheat.	990	60	35	193	1067	180	6	6	--	58	200	965	373	--	
Sweet Potato Waffle Fries		570	27	2	0	580	78	7	17	0	7	68	2	918	0	
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat	500	18	7	75	820	64	0	5	0	17	208	2	82	0	
Loaded Potato Skins	Contains Milk	800	52	25	125	790	113	10	5	0	34	330	662	950	--	
Loaded Fries	Contains Milk.	679	121	8	15	2484	75	7	3	--	11	55	739	0	--	
French Fries		385	17	0	0	875	53	5	0	--	5	32	222	--	--	
Pick Your Platter																
Onion Rings	Contains Milk, Wheat.	260	12	2	0	340	0	1	5	4	3	10	1	110	0	
Boneless Wings	Contains Wheat.	260	15	3	35	420	17	0	0	0	15	10	1	170	0	
Fried Pickles	Contains Milk, Wheat.	220	13	2	0	810	27	0	0	0	3	30	1	110	0	
French Fries		140	5	2	0	310	23	0	1	0	2	0	0	290	0	
Loaded Fries	Contains Milk	410	21	8	15	1160	46	1	4	0	10	80	297	470	0	
Wonton Mozzarella Sticks (3)	Contains Egg, Milk, Sesame	360	15	8	55	830	36	1	1	0	21	470	0	0	0	
Sweet Potato Waffle Fries		200	8	1	0	230	31	3	7	0	3	30	1	370	0	
Chicken Tenders (3)	Contains Soy, Wheat.	260	13	3	45	660	15	1	1	0	20	20	1	180	0	
Loaded Potato Skins (3)	Contains Milk	240	10	5	25	160	40	4	2	0	9	70	112	570	--	
Burger Sliders (2)	Contains Egg, Milk, Sesame, Soy, Wheat.	520	29	13	75	670	50	4	7	6	26	320	755	280	0	
Pretzel Bites	Contains Wheat.	210	2	0	0	160	40	1	6	0	7	40	3	0	0	
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat.	230	7	3	35	140	32	0	2	0	9	100	1	40	0	
Ranch	Contains Egg, Milk	310	32	5	0	490	0	0	0	0	0	30	0	0	0	
Chipotle Ranch	Contains Egg, Milk	300	32	5	10	400	2	0	2	0	0	10	0	10	0	
Blue Cheese	Contains Egg, Milk	260	25	5	30	650	6	0	6	0	0	60	0	0	0	
Ketchup		70	0	0	0	15	17	17	0	0	0	330	534	0	0	
Honey Mustard	Contains Egg	220	18	3	10	280	16	0	14	0	0	0	0	0	0	
Nacho Cheese	Contains Milk	60	5	3	0	440	5	0	2	0	1	50	0	0	0	
BBQ Sauce		110	0	0	0	0	440	28	25	0	0	0	1	0	0	
Parmesan Garlic	Contains Milk	290	31	6	0	940	4	0	2	0	2	60	0	0	0	
Buffalo Sauce	Contains Milk	90	9	6	25	1530	25	0	0	0	0	10	0	0	0	
Creamy Sriracha	Contains Egg	160	16	3	20	1660	7	0	5	4	0	0	0	0	0	
Marinara		35	2	0	0	270	5	0	4	0	1	20	1	0	0	
Nashville Hot		170	15	2	0	530	10	2	9	0	0	0	0	0	0	
Hot Honey		160	0	0	0	0	46	0	46	46	0	0	0	0	0	
Mango Habanero		110	0	0	0	220	25	0	22	20	0	0	0	0	0	
Salads																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Chop Chop Salad	Contains Milk, Soy, Wheat.	920	69	16	150	540	46	9	17	0	12	600	3839	10	--	
Chicken Caesar Salad	Contains Egg, Milk, Sesame, Wheat.	640	47	10	135	550	34	5	1	0	36	410	981	0	0	
Side Caesar Salad	Contains Egg, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--	

Side Dinner Salad (No dressing, see condiments section for additional info)	Contains Milk.	59	2	2	6	17	13	2	3	--	3	64	49	--	--
Burgers, Sandwiches & Wraps															
All sandwiches are listed without french fries and do not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Bacon Cheeseburger	Contains Egg, Milk, Wheat, Sesame	1128	57	39	239	964	72	3	6	--	50	481	837	455	--
Wisconsin Burger	Contains Egg, Milk, Wheat, Sesame	1233	86	39	230	1714	94	2	8	--	51	289	411	455	--
Classic Double	Contains Egg, Milk, Soy, Wheat, Sesame	952	35	35	207	904	73	17	7	--	45	1306	1168	455	--
Impossible Smash Burger	Contains Egg, Milk, Soy, Wheat, Sesame	880	52	24	82	1281	80	14	10	1	32	1118	812	610	0
Hollywood Heat	Contains Egg, Milk, Wheat, Sesame	1290	67	40	250	2160	87	4	14	3	52	483	678	455	0
The Bistro	Contains Egg, Milk, Soy, Wheat, Sesame	1027	46	36	215	720	75	5	6	--	43	694	1251	431	--
Smash Melt	Contains Egg, Milk, Sesame, Soy, Wheat.	1293	62	42	232	1964	84	4	7	0	60	675	711	455	--
Honey Dijon Chicken Wrap	Contains Egg, Milk, Soy, Wheat	980	58	16	90	1010	103	56	12	8	36	3124	827	190	0
Chicken Cali Wrap	Contains Egg, Wheat	1060	74	14	140	1060	88	55	10	0	39	5220	1009	0	--
Crispy Chicken Ranch Sandwich	Contains Egg, Milk, Soy, Wheat, Sesame	1036	68	24	157	2716	69	3	9	--	37	185	475	390	--
Hot Honey Chicken Sandwich	Contains Egg, Milk, Wheat, Sesame	848	33	13	130	2601	119	7	23	--	31	106	385	359	--
Smash Burger Wrap	Contains Egg, Milk, Wheat.	1020	38	27	155	610	58	59	6	0	45	6080	1322	460	0
Buffalo Chicken Wrap	Contains Egg, Milk, Soy, Wheat.	697	35	9	42	902	16	4	7	--	21	503	1112	--	--
Chicken Chipotle Sliders	Contains Egg, Milk, Soy, Wheat.	893	43	11	105	715	88	1	28	20	29	91	1519	163	16
Nashville Hot Chicken Sandwich	Contains Egg, Milk, Wheat, Sesame	1227	86	23	158	2817	95	8	19	--	37	2769	460	398	--
Fried Chicken Bacon Ranch Burrito	Contains Egg, Milk, Wheat	1320	88	27	100	1060	132	57	6	0	44	628	2573	316	0
Pizzas															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
LRG 16" Carnivore*	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0
MED 12" Carnivore*	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0
LRG 16" Pepperoni Special	Contains Milk, Wheat.	2010	93	46	255	3200	192	77	14	0	108	2020	1712	440	--
MED 12" Pepperoni Special	Contains Milk, Wheat.	1140	55	27	145	2060	108	52	8	0	59	1020	857	270	--
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0
LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0
MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0
Pepperoni		230	21	1	55	760	0	0	0	0	8	0	1	0	0
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0
Anchovy	Contains Fish	80	4	0	50	2840	0	0	0	0	13	132	1	0	0
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0
Onion		20	0	0	0	0	0	0	1	0	0	1	0	0	0
Green pepper		10	0	0	0	0	0	2	1	0	0	184	0	0	0
Banana pepper		15	0	0	0	510	3	0	0	0	0	0	1	0	0
Black olive		90	8	1	0	0	0	3	0	0	0	0	465	0	0
Tomato		10	0	0	0	0	0	2	1	0	1	413	3	0	0
Hot Honey drizzle		60	0	0	0	360	15	0	13	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	230	24	4	0	360	0	0	0	0	0	20	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	200	19	4	20	480	4	0	4	0	0	40	0	0	0
Buffalo Sauce Drizzle	Contains Milk	70	7	5	20	1150	19	0	0	0	0	0	0	0	0
Parmesan Garlic Drizzle	Contains Milk	220	23	5	0	700	3	0	1	0	1	50	0	0	0
Nashville Hot Drizzle		130	12	2	0	400	8	1	6	0	0	0	0	0	0
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0
Mango Habanero Drizzle		80	0	0	0	170	19	0	17	15	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	120	12	2	15	1250	5	0	4	3	0	0	0	0	0
LARGE 16" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0
Pepperoni		263	24	11	66	881	0	0	0	--	9	0	1	--	--
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0
Anchovy	Contains Fish	140	6	0	85	4880	0	0	0	0	23	227	2	0	0
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0
Black olive		160	13	3	0	0	0	5	0	0	0	0	797	0	0
Tomato		15	0	0	0	0	0	13	1	0	1	708	5	0	0
Hot Honey drizzle		70	0	0	0	450	19	0	17	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	390	40	6	0	610	0	0	0	0	0	40	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	330	32	6	35	810	7	0	7	0	0	70	0	0	0
Buffalo Sauce Drizzle	Contains Milk	120	12	7	30	1910	31	0	0	0	0	10	0	0	0
Parmesan Garlic Drizzle	Contains Milk	370	39	7	0	1170	5	0	2	0	2	80	0	0	0
Nashville Hot Drizzle		210	19	2	0	670	13	2	11	0	0	0	0	0	0
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	1	0	0
Mango Habanero Drizzle		140	0	0	0	280	31	0	28	26	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	210	21	3.5	25	2080	9	0	7	5	0	0	0	0	0
Entrees															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Chicken Taco Platter	Contains Milk, Soy, Wheat.	813	35	15	109	287	78	13	11	0	42	887	2430	0	0
Desserts															
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)

Funnel Cake Sticks	Contains Egg, Milk, Soy, Wheat.	462	22	7	50	425	61	0	21	--	5	0	1	--	--
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat.	860	34	13	96	440	80	27	56	3	7	375	88	89	0
Churros	Contains Egg, Milk, Soy, Wheat.	682	49	19	80	640	57	0	13	0	8	0	0	--	--
Funnel Cake Stick Sundae	Contains Egg, Milk, Soy, Wheat	820	39	13	70	430	69	22	31	0	8	390	82	50	0
Sides and Condiments															
Sauce sides 3 oz/ea unless otherwise noted															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Side French Fries (regular/5oz)		190	9	0	0	610	26	3	0	0	3	23	221	0	0
Kids Side French Fries (4oz)		150	7	0	0	550	20	2	0	0	2	21	221	0	0
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0
Side Sweet Potato Waffle Fries (5oz)		340	16	1.5	0	350	47	4	10	0	4	41	1	551	0
Loaded Fry Upgrade		380	63	5	20	1200	33	3	1	0	15	26	667	0	0
Side Caesar Salad	Contains Fish, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Side Dinner Salad (No dressing)	Contains Milk.	47	2	2	6	2	9	1	2	--	2	33	48	--	--
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0
Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Chipotle Ranch	Contains Egg, Milk	460	49	8	15	610	3	0	3	0	0	22	0	15	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0
Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	0	61	0	0	0	0	71	304	0	0
Side Salsa		30	0	0	0	500	6	0	3	0	1	28	1	0	0
Side Guacamole		100	9	1.5	0	0	0	1	4	0	2	150	1279	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Lemon Poppy Dressing	Contains Egg, Milk	370	26	4	0	25	0	0	0	0	0	0	419	0	0
Side 1000 Islands Dressing	Contains Egg	280	23	4.5	30	650	0	0	11	11	0	0	0	0	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0
Side Parmesan Garlic	Contains Milk	440	47	9	0	1410	6	0	3	0	3	94	0	0	0
Side Nashville Hot Sauce		260	23	2.5	0	800	15	3	13	0	0	0	0	0	0
Side Mango Habanero		170	0	0	0	330	38	33	31	0	0	0	0	0	0



9.25.2025

ZAFFIRO'S NUTRITIONAL INFORMATION SHEET

Ridge - New Berlin, WI
North Shore - Mequon, WI
Parkwood - Waite Park, MN

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Appetizers															
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Bruschetta	Contains Milk, Soy, Wheat.	760	69	36	125	240	13	1	10	5	13	389	3214	0	0
Garlic Cheese Bread	Contains Milk, Soy, Wheat.	1144	98	58	285	607	24	1	1	--	31	890	1778	--	--
Loaded Potato Skins	Contains Milk	800	52	25	125	790	113	10	5	0	34	330	662	950	--
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0
Chicken Tenders	Contains Soy, Wheat.	945	56	8	64	2202	84	40	3	0	44	80	1062	--	--
Impossible Chicken Nuggets	Contains Soy, Wheat.	773	49	5	0	1637	71	43	3	--	24	228	1174	912	--
Wonton Mozzarella Sticks	Contains Egg, Milk, Wheat.	1010	50	22	135	2080	91	2	3	--	54	1183	0	0	--
Wisconsin Cheese Curds	Contains Milk, Wheat.	830	53	29	168	1823	41	0	0	--	39	1064	112	--	--
Boneless Wings, BBQ	Contains Wheat.	685	37	6	71	1537	60	2	21	--	30	238	257	344	--
Boneless Wings, Buffalo	Contains Milk, Wheat.	675	44	10	90	2350	58	2	2	--	30	243	256	344	--
Boneless Wings, Garlic Parmesan	Contains Milk, Wheat.	813	59	10	71	1907	42	2	4	--	32	285	256	344	--
Boneless Wings, Hot Honey	Contains Wheat.	678	36	5	71	1742	62	30	--	--	30	238	256	344	--
Boneless Wings, Jamaican Jerk	Contains Wheat.	605	37	6	71	1203	39	2	2	0	30	238	256	344	--
Boneless Wings, Nashville Hot	Contains Wheat.	722	47	7	71	1603	47	4	9	--	30	238	256	344	--
Boneless Wings, Creamy Sriracha	Contains Egg, Wheat	730	49	8	85	2450	45	2	6	3	30	238	256	344	0
Boneless Wings, Mango Habanero	Contains Wheat.	680	36	5	70	1370	58	2	19	15	30	240	256	340	--
Chicken Wings - Parmesan Garlic	Contains Milk.	1491	117	28	306	2819	16	9	5	--	93	15066	232	1376	--
Chicken Wings, Hot Honey		1356	93	23	306	2654	36	9	23	--	92	15019	232	1376	--
Chicken Wings, BBQ		1351	93	23	306	2449	34	9	22	--	92	15019	233	1376	--
Chicken Wings, Buffalo	Contains Milk.	1342	100	28	325	3262	32	9	4	--	92	15024	233	1376	--
Chicken Wings, Jamaican Jerk		1271	93	23	306	2115	13	9	4	0	92	15019	232	1376	--
Chicken Wings, Nashville Hot		1400	105	25	306	2515	21	11	10	--	92	15019	232	1376	--
Chicken Wings, Creamy Sriracha	Contains Egg	1390	106	25	320	3360	18	9	8	3	92	15019	232	1376	0
Chicken Wings, Mango Habanero		1350	93	23	305	2280	32	9	20	15	92	15020	233	1380	--
French Fries		493	27	4	0	348	80	80	7	--	7	14	1461	--	--
Loaded Fries	Contains Milk.	650	81	9	15	940	88	81	8	0	12	17	1757	0	0
Sweet Potato Waffle Fries		570	27	2	0	580	78	7	17	0	7	68	2	918	0
Fried Pickles	Contains Milk, Wheat.	505	32	5	0	1798	53	0	0	--	6	63	112	224	--
Pizza Dipper Sticks	Contains Egg, Milk, Wheat.	830	34	14	65	1230	97	11	6	0	39	690	639	140	0
Pick Your Platter															
Onion Rings	Contains Milk, Wheat.	260	12	2	0	340	0	1	5	4	3	10	1	110	0
Boneless Wings	Contains Wheat.	260	15	3	35	420	17	0	0	0	15	10	1	170	0
Fried Pickles	Contains Milk, Wheat.	220	13	2	0	810	27	0	0	0	3	30	1	110	0
French Fries		180	7	2	0	70	0	0	2	0	2	0	429	0	0
Cheese Curds	Contains Milk, Wheat.	400	25	14	85	820	21	0	0	0	19	530	1	0	0
Wonton Mozzarella Sticks (3)	Contains Egg, Milk, Sesame	360	15	8	55	830	36	1	1	0	21	470	0	0	0
Sweet Potato Waffle Fries		200	8	1	0	230	31	3	7	0	3	30	1	370	0
Chicken Tenders (3)	Contains Soy, Wheat.	260	13	3	45	660	15	1	1	0	20	20	1	180	0
Loaded Potato Skins (3)	Contains Milk	240	10	5	25	160	40	4	2	0	9	70	112	570	--
Ranch	Contains Egg, Milk	310	32	5	0	490	0	0	0	0	0	30	0	0	0
Chipotle Ranch	Contains Egg, Milk	300	32	5	10	400	2	0	2	0	0	10	0	10	0
Blue Cheese	Contains Egg, Milk	260	25	5	30	650	6	0	6	0	0	60	0	0	0
Ketchup		70	0	0	0	15	17	17	0	0	0	330	534	0	0
Honey Mustard	Contains Egg	220	18	3	10	280	16	0	14	0	0	0	0	0	0
BBQ Sauce		110	0	0	0	0	440	28	25	0	0	0	1	0	0
Parmesan Garlic	Contains Milk	290	31	6	0	940	4	0	2	0	2	60	0	0	0
Buffalo Sauce	Contains Milk	90	9	6	25	1530	25	0	0	0	0	10	0	0	0
Creamy Sriracha	Contains Egg	160	16	3	20	1660	7	0	5	4	0	0	0	0	0
Marinara		35	2	0	0	270	5	0	4	0	1	20	1	0	0
Nashville Hot		170	15	2	0	530	10	2	9	0	0	0	0	0	0
Hot Honey		160	0	0	0	0	46	0	46	46	0	0	0	0	0
Mango Habanero		110	0	0	0	220	25	0	22	20	0	0	0	0	0
Salads															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Kitchen Sink Salad, Large	Contains Milk, Soy, Wheat.	2300	201	57	231	6795	126	16	27	--	73	2051	935	--	--
Kitchen Sink Salad, Medium	Contains Milk, Soy, Wheat.	1603	139	40	165	4907	87	11	19	--	52	1445	624	--	--
Kitchen Sink Salad, Small	Contains Milk, Soy, Wheat.	907	77	24	99	3019	48	7	11	--	31	839	313	--	--
Zaffiro's Chop Chop Salad	Contains Milk, Soy, Wheat.	1115	82	24	205	1480	62	6	19	0	56	625	3448	8	0
Caesar Salad, Large	Contains Fish, Milk, Sesame, Wheat.	669	62	10	62	622	28	5	1	0	7	329	227	0	--
Caesar Salad, Small	Contains Fish, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Side Dinner Salad (No dressing, see condiments section for additional info)	Contains Milk.	59	2	2	6	17	13	2	3	--	3	64	49	--	--
Burgers, Sandwiches & Wraps															
All sandwiches are listed without french fries and do not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Honey Dijon Chicken Wrap	Contains Egg, Milk, Soy, Wheat	980	58	16	90	1010	103	56	12	8	36	3124	827	190	0
Toasted Chicken Parmesan Sub	Contains Milk, Soy, Wheat.	986	64	25	168	2608	61	2	12	--	47	762	613	359	--
Crispy Chicken Bacon Ranch Wrap	Contains Egg, Milk, Soy, Wheat.	981	63	19	84	419	54	56	4	--	34	1000	1732	--	--
Caprese Grilled Cheese	Contains Milk, Wheat.	970	56	31	120	840	99	7	4	1	46	1249	4705	120	1
Chopped Chicken Hoagie	Contains Egg, Milk, Wheat.	1100	75	15	115	1750	722	5	6	0	33	5330	427	260	0
Crispy Chicken Ranch Sandwich	Contains Egg, Milk, Soy, Wheat, Sesame	1036	68	24	157	2716	69	3	9	--	37	185	475	390	--
Hot Honey Chicken Sandwich	Contains Egg, Milk, Wheat, Sesame	848	33	13	130	2601	119	7	23	--	31	106	385	359	--
Wisconsin Burger	Contains Egg, Milk, Sesame, Wheat	1230	82	36	195	1990	103	3	11	0	50	315	116	455	0
Pepperoni and Meatball Sub	Contains Egg, Milk, Soy, Wheat.	1052	78	33	182	1967	93	10	9	0	48	466	1103	--	--

BBQ Bacon Smash	Contains Egg, Milk, Wheat, Sesame	1276	46	42	278	1448	100	2	25	--	62	441	796	630	--
Classic Double	Contains Egg, Milk, Soy, Wheat, Sesame	952	35	35	207	904	73	17	7	--	45	1306	1168	455	--
Double Smash	Contains Egg, Milk, Sesame, Soy, Wheat.	1066	46	34	167	1695	83	6	12	--	45	347	418	455	--
Impossible Smash Burger	Contains Egg, Milk, Soy, Wheat, Sesame	880	52	24	82	1281	80	14	10	1	32	1118	812	610	0
Smash Burger Wrap	Contains Egg, Milk, Wheat.	1020	38	27	155	610	58	59	6	0	45	6080	1322	460	0
Smash Melt	Contains Egg, Milk, Sesame, Soy, Wheat.	1293	62	42	232	1964	84	4	7	0	60	675	711	455	--
Hollywood Heat	Contains Egg, Milk, Sesame, Wheat,	1300	65	43	245	2430	124	6	15	3	51	564	379	455	0
Bacon Cheeseburger	Contains Egg, Milk, Sesame, Wheat.	1230	63	42	230	1220	106	5	9	0	50	507	542	455	0
Pizzas															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
LRG 16" Carnivore*	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0
MED 12" Carnivore*	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0
LRG 16" Sausage Special	Contains Milk, Wheat.	2000	95	43	240	4740	186	61	14	0	123	2068	12	435	0
MED 12" Sausage Special	Contains Milk, Wheat.	1200	59	27	150	2950	106	44	8	0	75	1224	7	267	0
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0
LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0
MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0
LRG 16" Buffalo Chicken Pizza	Contains Milk, Wheat, Egg	2350	118	54	410	5650	187	27	11	0	134	2200	1872	220	0
MED 12" Buffalo Chicken Pizza	Contains Milk, Wheat, Egg	1320	64	30	240	2980	106	19	6	0	80	1240	1070	120	0
LRG 16" Hoy Honey Pepperoni	Contains Milk, Wheat.	2080	96	47	220	4900	224	60	60	51	106	1992	11	435	0
MED 12" Hot Honey Pepperoni	Contains Milk, Wheat.	1230	58	28	135	2970	132	43	40	34	61	1109	6	267	0
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0
Pepperoni		230	21	1	55	760	0	0	0	0	8	0	1	0	0
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0
Anchovy	Contains Fish	80	4	0	50	2840	0	0	0	0	13	132	1	0	0
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0
Onion		20	0	0	0	0	0	0	1	0	0	1	0	0	0
Green pepper		10	0	0	0	0	0	2	1	0	0	184	0	0	0
Banana pepper		15	0	0	0	510	3	0	0	0	0	0	1	0	0
Black olive		90	8	1	0	0	0	3	0	0	0	0	465	0	0
Tomato		10	0	0	0	0	0	2	1	0	1	413	3	0	0
Hot Honey drizzle		60	0	0	0	360	15	0	13	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	230	24	4	0	360	0	0	0	0	0	20	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	200	19	4	20	480	4	0	0	0	0	40	0	0	0
Buffalo Sauce Drizzle	Contains Milk	70	7	5	20	1150	19	0	0	0	0	0	0	0	0
Parmesan Garlic Drizzle	Contains Milk	220	23	5	0	700	3	0	1	0	1	50	0	0	0
Nashville Hot Drizzle	Contains Milk	130	12	2	0	400	8	1	6	0	0	0	0	0	0
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0
Mango Habanero Drizzle		80	0	0	0	170	19	0	17	15	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	120	12	2	15	1250	5	0	4	3	0	0	0	0	0
LARGE 16" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0
Pepperoni		263	24	11	66	881	0	0	0	--	9	0	1	--	--
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0
Anchovy	Contains Fish	140	6	0	85	4880	0	0	0	0	23	227	2	0	0
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0
Black olive		160	13	3	0	0	0	5	0	0	0	0	797	0	0
Tomato		15	0	0	0	0	0	13	1	0	1	708	5	0	0
Hot Honey drizzle		70	0	0	0	450	19	0	17	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	390	40	6	0	610	0	0	0	0	0	40	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	330	32	6	35	810	7	0	7	0	0	70	0	0	0
Buffalo Sauce Drizzle	Contains Milk	120	12	7	30	1910	31	0	0	0	0	10	0	0	0
Parmesan Garlic Drizzle	Contains Milk	370	39	7	0	1170	5	0	2	0	2	80	0	0	0
Nashville Hot Drizzle		210	19	2	0	670	13	2	11	0	0	0	0	0	0
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	1	0	0
Mango Habanero Drizzle		140	0	0	0	280	31	0	28	26	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	210	21	3.5	25	2080	9	0	7	5	0	0	0	0	0
Entrees															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Chicken Parmesan	Contains Egg, Milk, Wheat.	1231	53	12	114	2196	128	5	25	0	52	501	2236	359	0
Fettuccini Alfredo	Contains Milk, Wheat.	1060	60	25	125	8	150	4	6	0	47	1617	5378	0	0
Zaffiro's Mac & Cheese	Contains Milk, Sesame, Wheat.	1202	74	37	196	67	130	8	6	0	40	2246	3434	0	0
Baked Ziti	Contains Egg, Milk, Soy, Wheat	860	44	17	100	700	99	13	12	0	47	760	3822	0	0
Build Your Own Pasta															
Pasta															
Spaghetti	Contains Egg, Wheat	1030	45	3	0	1320	134	6	10	0	22	0	6	0	0
Penne	Contains Egg, Wheat	1030	45	3	0	1320	134	6	10	0	22	0	6	0	0
Gluten Free Fusilli		770	4	0	0	0	178	8	0	0	16	8	0	312	0
Cheese Ravioli	Contains Egg, Milk, Wheat.	500	20	11	120	790	59	0	7	0	24	0	0	0	0
Sauce															
Zaffiro's Marinara		190	8	1	0	900	25	0	19	0	4	71	1	0	0
Meat Sauce		330	22	8	60	780	12	1	8	0	19	31	2	93	0
ADD Fire Braised Chicken Breast		157	6	1	89	520	0	0	0	0	25	7	111	0	--
ADD Meatballs (3)	Contains Egg, Milk, Soy, Wheat	390	29	9	70	0	0	0	3	0	37	300	1006	0	0
Desserts															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat	860	34	13	96	440	80	27	56	3	7	375	88	89	0
Gold Standard	Contains Egg, Milk, Wheat.	1474	61	26	167	408	139	7	90	0	15	269	742	6	0
Tiramisu	Contains Egg, Milk, Peanut, Soy, Tree Nuts, Wheat	330	21	13	110	140	30	--	24	--	4	61	0	55	--

Zeppole	Contains Egg, Milk, Soy, Tree Nuts, Wheat.	754	29	7	0	46	112	62	44	--	11	60	1101	--	--
Gelato & Sorbet															
Chocolate Classico CUP	Contains Egg, Milk	420	22	16	45	135	51	4	47	0	13	289	5	600	2
Chocolate Classico PINT	Contains Egg, Milk	840	44	31	90	270	102	9	93	0	27	578	9	1201	4
Tahitian Vanilla CUP	Contains Milk	570	24	15	45	55	0	0	0	0	12	302	197	0	0
Tahitian Vanilla PINT	Contains Milk	1150	48	30	90	115	0	0	0	0	24	605	393	0	0
Caramel Sea Salt CUP	Contains Milk	450	23	18	35	230	57	9	48	36	9	249	0	318	1
Caramel Sea Salt PINT	Contains Milk	910	45	36	70	450	113	18	95	73	18	499	0	635	3
Chocolate Hazelnut Nutella CUP	Contains Milk, Tree Nuts	520	25	8	61	150	61	2	52	43	11	295	0	363	2
Chocolate Hazelnut Nutella PINT	Contains Milk, Tree Nuts	1040	50	16	0	290	122	5	104	86	23	590	1	726	3
Cookies & Cream CUP	Contains Milk, Soy, Wheat	500	23	16	35	220	66	9	52	36	11	27	2	386	2
Cookies & Cream PINT	Contains Milk, Soy, Wheat	1000	45	32	70	430	732	18	10	73	23	54	3	771	3
White Chocolate Raspberry CUP	Contains Milk	450	20	16	35	125	64	9	54	41	9	295	0	363	2
White Chocolate Raspberry PINT	Contains Milk	910	41	32	70	250	127	18	109	82	18	590	0	726	3
Plant Based Salted Caramel CUP	Contains Tree Nuts (Cashews)	450	20	16	0	190	68	7	48	43	0	23	0	0	0
Plant Based Salted Caramel PINT	Contains Tree Nuts (Cashews)	910	41	32	0	390	136	14	95	86	0	45	0	0	0
Plant Based Vanilla Bean CUP	Contains Tree Nuts (Coconut)	410	23	20	0	100	61	14	39	36	0	0	0	0	0
Plant Based Vanilla Bean PINT	Contains Tree Nuts (Coconut)	820	45	41	0	200	122	27	77	73	0	0	0	0	0
Blood Orange Sorbet CUP		320	3	1	0	25	70	5	54	43	0	23	0	23	0
Blood Orange Sorbet PINT		640	5	3	0	45	141	9	109	86	0	45	0	12	0
Strawberry Sorbet CUP		360	3	1	0	10	73	9	54	41	0	23	1	136	0
Strawberry Sorbet PINT		730	5	3	0	25	145	18	109	82	0	45	1	272	0

Sides and Condiments															
Sauce sides 3 oz/ea unless otherwise noted															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Side French Fries (Regular/5oz)		247	13	2	0	348	40	40	3	--	3	14	841	--	--
Kids Side French Fries (4oz)		170	10	1.5	0	350	27	27	2	0	2	14	634	0	0
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0
Side Sweet Potato Waffle Fries (5oz)		340	16	1.5	0	350	47	4	10	0	4	41	1	551	0
Side Caesar Salad	Contains Fish, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Side Dinner Salad (No dressing)	Contains Milk.	47	2	2	6	2	9	1	2	--	2	33	48	--	--
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0
Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Chipotle Ranch	Contains Egg, Milk	460	49	8	15	610	3	0	3	0	0	22	0	15	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0
Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	61	0	0	0	0	0	71	304	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Lemon Poppy Dressing	Contains Egg, Milk	370	26	4	0	25	0	0	0	0	0	0	419	0	0
Side 1000 Islands Dressing	Contains Egg	280	23	4.5	30	650	0	0	11	11	0	0	0	0	0
Side Italian Dressing (1.50 oz)	Contains Soy	220	25	2	0	190	2	0	1	0	0	0	0	0	0
White Balsamic Dressing (1.50 oz)		240	24	1.5	0	30	9	0	9	0	0	1	0	5	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0
Side Parmesan Garlic	Contains Milk	440	47	9	0	1410	6	0	3	0	3	94	0	0	0
Side Nashville Hot Sauce		260	23	2.5	0	800	15	3	13	0	0	0	0	0	0
Side Mango Habanero		170	0	0	0	330	38	33	31	0	0	0	0	0	0



9.25.2025

ZAFFIRO'S EXPRESS NUTRITIONAL INFORMATION SHEET

Cape West - Cape Girardeau, MO
Cedar Rapids - Cedar Rapids, IA
Chicago Heights - Chicago Heights, IL
Duluth - Duluth, MN
East Park - Lincoln, NE
Elgin - Elgin, IL
Gurnee Mills - Gurnee, IL
Menomonee Falls - Menomonee Falls, WI

Oshkosh - Oshkosh, WI
Pickerington - Pickerington, OH
Point - Madison, WI
Renaissance - Sturtevant, WI
Rosemount - Rosemount, MN
South Shore - Oak Creek, WI
SouthBridge Crossing - Shakopee, MN
Village Point - Omaha, NE

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Appetizers															
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Chicken Tenders	Contains Soy, Wheat.	945	56	8	64	2202	84	40	3	0	44	80	1062	--	--
Wisconsin Cheese Curds	Contains Milk, Wheat.	830	53	29	168	1823	41	0	0	--	39	1064	112	--	--
Impossible Chicken Nuggets	Contains Soy, Wheat.	773	49	5	0	1637	71	43	3	--	24	228	1174	912	--
Mozzarella Sticks	Contains Milk, Wheat.	687	38	14	70	2030	63	0	14	--	28	700	0	0	--
Boneless Wings, BBQ	Contains Wheat.	685	37	6	71	1537	60	2	21	--	30	238	257	344	--
Boneless Wings, Buffalo	Contains Milk, Wheat.	675	44	10	90	2350	58	2	2	--	30	243	256	344	--
Boneless Wings, Garlic Parmesan	Contains Milk, Wheat.	813	59	10	71	1907	42	2	4	--	32	285	256	344	--
Boneless Wings, Hot Honey	Contains Wheat.	678	36	5	71	1742	62	2	22	--	30	238	256	344	--
Boneless Wings, Jamaican Jerk	Contains Wheat.	605	37	6	71	1203	39	2	2	0	30	238	256	344	--
Boneless Wings, Nashville Hot	Contains Wheat.	722	47	7	71	1603	47	4	9	--	30	238	256	344	--
Boneless Wings, Creamy Sriracha	Contains Egg, Wheat	730	49	8	85	2450	45	2	6	3	30	238	256	344	--
Boneless Wings, Mango Habanero	Contains Wheat.	680	36	5	70	1370	58	2	19	15	30	240	256	340	--
Pizza Dipper Sticks	Contains Egg, Milk, Wheat.	830	34	14	65	1230	97	11	6	0	39	690	639	140	0
Sweet Potato Waffle Fries		570	27	2	0	580	78	7	17	0	7	68	2	918	0
Loaded Potato Skins	Contains Milk	800	52	25	125	790	113	10	5	0	34	330	662	950	--
Fried Pickles	Contains Milk, Wheat.	505	32	5	0	1798	53	0	0	--	6	63	112	224	--
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat.	503	18	7	74	819	65	0	5	--	17	208	2	82	--
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0
Loaded Fries	Contains Milk.	650	81	9	15	940	88	81	8	0	12	17	1757	0	0
Side Fries		493	27	4	0	348	80	80	7	--	7	14	1461	--	--
Pick Your Platter															
Onion Rings	Contains Milk, Wheat.	260	12	2	0	340	0	1	5	4	3	10	1	110	0
Boneless Wings	Contains Wheat.	260	15	3	35	420	17	0	0	0	15	10	1	170	0
Fried Pickles	Contains Milk, Wheat.	220	13	2	0	810	27	0	0	0	3	30	1	110	0
French Fries		140	5	2	0	310	23	0	1	0	2	0	0	290	0
Cheese Curds	Contains Milk, Wheat.	400	25	14	85	820	0	0	0	0	19	530	1	0	0
Mozzarella Sticks	Contains Egg, Milk	180	10	4	20	540	17	0	4	0	7	180	0	0	0
Sweet Potato Waffle Fries		200	8	1	0	230	31	3	7	0	3	30	1	370	0
Chicken Tenders (3)	Contains Soy, Wheat.	260	13	3	45	660	15	1	1	0	20	20	1	180	0
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat.	230	7	3	35	140	32	0	2	0	9	100	1	40	0
Loaded Potato Skins (3)	Contains Milk	240	10	5	25	160	40	4	2	0	9	70	112	570	0
Ranch	Contains Egg, Milk	310	32	5	0	490	0	0	0	0	0	30	0	0	0
Chipotle Ranch	Contains Egg, Milk	300	32	5	10	400	2	0	2	0	0	10	0	10	0
Blue Cheese	Contains Egg, Milk	260	25	5	30	650	6	0	6	0	0	60	0	0	0
Ketchup		70	0	0	0	15	17	17	0	0	0	330	534	0	0
Honey Mustard	Contains Egg	220	18	3	10	280	16	0	14	0	0	0	0	0	0
Nacho Cheese	Contains Milk	60	5	3	0	440	5	0	2	0	1	50	0	0	0
BBQ Sauce		110	0	0	0	0	440	28	25	0	0	0	1	0	0
Parmesan Garlic	Contains Milk	290	31	6	0	940	4	0	2	0	2	60	0	0	0
Buffalo Sauce	Contains Milk	90	9	6	25	1530	25	0	0	0	0	10	0	0	0
Creamy Sriracha	Contains Egg	160	16	3	20	1660	7	0	5	4	0	0	0	0	0
Marinara		35	2	0	0	270	5	0	4	0	1	20	1	0	0
Nashville Hot		170	15	2	0	530	10	2	9	0	0	0	0	0	0
Hot Honey		160	0	0	0	0	46	0	46	46	0	0	0	0	0
Mango Habanero		110	0	0	0	220	25	0	22	20	0	0	0	0	0
Burgers, Sandwiches & Wraps															
All sandwiches are listed without french fries and do not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
BBQ Bacon Smash	Contains Egg, Milk, Sesame, Wheat.	1117	41	34	199	1392	106	4	28	--	51	461	795	455	--
Buffalo Chicken Wrap	Contains Egg, Milk, Soy, Wheat.	722	39	9	27	821	11	4	5	--	20	489	1105	--	--
Crispy Chicken Ranch Sandwich	Contains Egg, Milk, Sesame, Soy, Wheat.	992	61	20	112	2588	73	6	12	--	35	203	475	359	--
Bacon Cheeseburger	Contains Egg, Milk, Sesame, Wheat.	1230	63	42	230	1220	106	5	9	0	50	507	542	455	0
Hot Honey Chicken Sandwich	Contains Egg, Milk, Sesame, Wheat.	768	27	9	80	2548	115	7	24	--	31	52	384	359	--
Impossible Smash Burger	Contains Egg, Milk, Soy, Wheat, Sesame	880	52	24	82	1281	80	14	10	1	32	1118	812	610	0
Chicken BLT Wrap	Contains Egg, Wheat	960	65	13	140	880	87	54	6	0	38	5220	893	0	0
Nashville Hot Chicken Sandwich	Contains Egg, Milk, Sesame, Wheat.	1207	80	19	118	2794	101	10	22	--	37	2795	460	398	--
Deluxe Grilled Cheese	Contains Milk, Sesame, Soy, Wheat.	906	59	34	179	1509	81	1	5	0	42	882	298	0	--
Smash Burger Wrap	Contains Egg, Milk, Wheat.	1020	38	27	155	610	58	59	6	0	45	6080	1322	460	0
Double Smash	Contains Egg, Milk, Sesame, Soy, Wheat.	1066	46	34	167	1695	83	6	12	--	45	347	418	455	--
Smash Melt	Contains Egg, Milk, Sesame, Soy, Wheat.	1293	62	42	232	1964	84	4	7	0	60	675	711	455	--
Classic Double	Contains Egg, Milk, Sesame, Soy, Wheat.	930	29	32	165	880	79	19	10	0	45				
Pizzas															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
LRG 16" Carnivore*	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0
MED 12" Carnivore*	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0
LRG 16" Pepperoni Special	Contains Milk, Wheat.	2010	93	46	255	3200	192	77	14	0	108	2020	1712	440	0
MED 12" Pepperoni Special	Contains Milk, Wheat.	1140	55	27	145	2060	108	52	8	0	59	1020	857	270	0
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0

LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0
MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0
Pepperoni		230	21	1	55	760	0	0	0	0	8	0	1	0	0
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0
Anchovy	Contains Fish	80	4	0	50	2840	0	0	0	0	13	132	1	0	0
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0
Onion		20	0	0	0	0	0	0	1	0	0	1	0	0	0
Green pepper		10	0	0	0	0	0	2	1	0	0	184	0	0	0
Banana pepper		15	0	0	0	510	3	0	0	0	0	0	1	0	0
Black olive		90	8	1	0	0	0	3	0	0	0	0	465	0	0
Tomato		10	0	0	0	0	0	2	1	0	1	413	3	0	0
Hot Honey drizzle		60	0	0	0	360	15	0	13	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	230	24	4	0	360	0	0	0	0	0	20	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	200	19	4	20	480	4	0	4	0	0	40	0	0	0
Buffalo Sauce Drizzle	Contains Milk	70	7	5	20	1150	19	0	0	0	0	0	0	0	0
Parmesan Garlic Drizzle	Contains Milk	220	23	5	0	700	3	0	1	0	1	50	0	0	0
Nashville Hot Drizzle		130	12	2	0	400	8	1	6	0	0	0	0	0	0
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0
Mango Habanero Drizzle		80	0	0	0	170	19	0	17	15	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	120	12	2	15	1250	5	0	4	3	0	0	0	0	0
LARGE 16" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0
Pepperoni		263	24	11	66	881	0	0	--	--	9	0	1	--	--
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0
Anchovy	Contains Fish	140	6	0	85	4880	0	0	0	0	23	227	2	0	0
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0
Black olive		160	13	3	0	0	0	5	0	0	0	0	797	0	0
Tomato		15	0	0	0	0	0	13	1	0	1	708	5	0	0
Hot Honey drizzle		70	0	0	0	450	19	0	17	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	390	40	6	0	610	0	0	0	0	0	40	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	330	32	6	35	810	7	0	7	0	0	70	0	0	0
Buffalo Sauce Drizzle	Contains Milk	120	12	7	30	1910	31	0	0	0	0	10	0	0	0
Parmesan Garlic Drizzle	Contains Milk	370	39	7	0	1170	5	0	2	0	5	80	0	0	0
Nashville Hot Drizzle		210	19	2	0	670	13	2	11	0	0	0	0	0	0
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	1	0	0
Mango Habanero Drizzle		140	0	0	0	280	31	0	28	26	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	210	21	3.5	25	2080	9	0	7	5	0	0	0	0	0

Desserts															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Funnel Cake Sticks	Contains Egg, Milk, Soy, Wheat.	462	22	7	50	425	61	0	21	--	5	0	1	--	--
Funnel Cake Stick Sundae	Contains Egg, Milk, Soy, Wheat, Tree Nuts	820	39	13	70	430	69	22	31	0	8	390	82	50	0
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat	860	34	13	96	440	80	27	56	3	7	375	88	89	0

Sides and Condiments															
Sauce sides 3 oz/ea unless otherwise noted															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Side French Fries (Regular/5oz)		247	13	2	0	348	40	40	3	--	3	14	841	--	--
Kids Side French Fries (4oz)		170	10	1.5	0	350	27	27	2	0	2	14	634	0	0
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0
Side Sweet Potato Waffle Fries (5oz)		340	16	1.5	0	350	47	4	10	0	4	41	1	551	0
Loaded Fry Upgrade	Contains Milk	410	67	7	15	940	48	41	5	0	8	17	1137	0	0
Side Caesar Salad	Contains Fish, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Side Dinner Salad (No dressing)	Contains Milk.	47	2	2	6	2	9	1	2	--	2	33	48	--	--
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0
Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Chipotle Ranch	Contains Egg, Milk	460	49	8	15	610	3	0	3	0	0	22	0	15	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0
Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	0	61	0	0	0	0	71	304	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Lemon Poppy Dressing	Contains Egg, Milk	370	26	4	0	25	0	0	0	0	0	0	419	0	0
Side 1000 Islands Dressing	Contains Egg	280	23	4.5	30	650	0	0	11	11	0	0	0	0	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0
Side Parmesan Garlic	Contains Milk	440	47	9	0	1410	6	0	3	0	3	94	0	0	0
Side Nashville Hot Sauce		260	23	2.5	0	800	15	3	13	0	0	0	0	0	0
Side Mango Habanero		170	0	0	0	330	38	33	31	0	0	0	0	0	0



9.25.2025

ZAFFIRO'S EXPRESS NUTRITIONAL INFORMATION SHEET

Addison - Addison, IL
Crosswoods - Columbus, OH
Lincoln Grand - Lincoln, NE
Sheboygan - Sheboygan, WI

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Appetizers															
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0
Caesar Salad	Contains Egg, Milk, Sesame, Wheat.	507	44	9	44	200	34	5	1	0	11	410	980	0	--
Boneless Wings, Buffalo	Contains Milk, Wheat.	519	26	8	99	2967	61	2	5	--	32	34	1	534	--
Boneless Wings, BBQ	Contains Wheat	530	19	4	80	2159	63	2	23	0	32	30	2	534	0
Boneless Wings, Hot Honey	Contains Wheat	530	19	4	80	2360	65	2	25	0	32	30	1	534	0
Mozzarella Sticks	Contains Milk, Wheat.	687	38	14	70	2030	63	0	14	--	28	700	0	0	--
Cheese Bread & Marinara	Contains Milk, Soy, Wheat.	1115	75	41	191	1241	81	8	5	--	46	1168	1453	133	0
Pizza Dipper Sticks	Contains Egg, Milk, Wheat.	830	34	14	65	1230	97	11	6	0	39	690	639	140	0
Impossible Chicken Nuggets	Contains Soy, Wheat	560	39	4	0	1640	30	3	0	0	21	228	554	912	0
Chicken Tenders (ADDISON ONLY)	Contains Soy, Wheat.	945	56	8	64	2202	84	40	3	0	44	80	1062	--	--
French Fries (ADDISON ONLY)		493	27	4	0	348	80	80	7	--	7	14	1461	--	--
Burgers, Sandwiches & Wraps															
All sandwiches are listed without chips and do not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Chicken Caesar Wrap	Contains Egg, Milk, Sesame, Wheat.	822	43	11	74	1204	83	54	6	0	33	306	1124	334	--
Toasted Chicken Parmesan Sub	Contains Milk, Soy, Wheat.	859	35	14	110	2196	89	--	12	1	50	692	560	425	0
Buffalo Chicken Wrap	Contains Egg, Milk, Wheat.	783	39	11	59	1924	87	55	5	--	28	589	640	334	--
Toasted Meatball Sub	Contains Egg, Milk, Soy, Wheat.	912	42	14	93	1491	79	3	19	--	50	701	1606	133	0
Chicken BLT Ranch Wrap	Contains Egg, Milk, Wheat	900	56	12	110	1250	56	54	6	0	38	5200	742	0	0
Pizzas															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
LRG 16" Carnivore*	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0
MED 12" Carnivore*	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0
LRG 16" Pepperoni Special	Contains Milk, Wheat.	2010	93	46	255	3200	192	77	14	0	108	2020	1712	440	0
MED 12" Pepperoni Special	Contains Milk, Wheat.	1140	55	27	145	2060	108	52	8	0	59	1020	857	270	0
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0
LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0
MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0
Pepperoni		230	21	1	55	760	0	0	0	0	8	0	1	0	0
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0
Anchovy	Contains Fish	80	4	0	50	2840	0	0	0	0	13	132	1	0	0
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0
Onion		20	0	0	0	0	0	0	1	0	0	1	0	0	0
Green pepper		10	0	0	0	0	0	2	1	0	0	184	0	0	0
Banana pepper		15	0	0	0	510	3	0	0	0	0	0	1	0	0
Black olive		90	8	1	0	0	0	3	0	0	0	0	465	0	0
Tomato		10	0	0	0	0	0	2	1	0	1	413	3	0	0
Hot Honey drizzle		60	0	0	0	360	15	0	13	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	230	24	4	0	360	0	0	0	0	0	20	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	200	19	4	20	480	4	0	4	0	0	40	0	0	0
Buffalo Sauce Drizzle	Contains Milk	70	7	5	20	1150	19	0	0	0	0	0	0	0	0
Parmesan Garlic Drizzle	Contains Milk	220	23	5	0	700	3	0	1	0	1	50	0	0	0
Nashville Hot Drizzle		130	12	2	0	400	8	1	6	0	0	0	0	0	0
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0
LARGE 16" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0
Pepperoni		263	24	11	66	881	0	0	0	--	9	0	1	--	--
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0
Anchovy	Contains Fish	140	6	0	85	4880	0	0	0	0	23	227	2	0	0
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0
Black olive		160	13	3	0	0	0	5	0	0	0	0	797	0	0
Tomato		15	0	0	0	0	0	13	1	0	1	708	5	0	0
Hot Honey drizzle		70	0	0	0	450	19	0	17	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	390	40	6	0	610	0	0	0	0	0	40	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	330	32	6	35	810	7	0	7	0	0	70	0	0	0
Buffalo Sauce Drizzle	Contains Milk	120	12	7	30	1910	31	0	0	0	0	10	0	0	0
Parmesan Garlic Drizzle	Contains Milk	370	39	7	0	1170	5	0	2	0	2	80	0	0	0

Nashville Hot Drizzle		210	19	2	0	670	13	2	11	0	0	0	0	0	0
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	1	0	0
Desserts															
<u>Name</u>	<u>Allergen Statement</u>	<u>Calories (kcal)</u>	<u>Fat (g)</u>	<u>Saturated Fat (g)</u>	<u>Cholesterol (mg)</u>	<u>Sodium (mg)</u>	<u>Carbohydrates (g)</u>	<u>Dietary Fiber (g)</u>	<u>Total Sugars (g)</u>	<u>Added Sugar (g)</u>	<u>Protein (g)</u>	<u>Calcium (mg)</u>	<u>Iron (mg)</u>	<u>Potassium (mg)</u>	<u>Vitamin D (mcg)</u>
Cookie Bites	Contains Egg, Milk, Soy, Wheat.	970	48	24	40	1000	139	0	66	--	8	0	3	--	--
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat	860	34	13	96	440	80	27	56	3	7	375	88	89	
Sides and Condiments															
Sauce sides 3 oz/ea unless otherwise noted															
<u>Name</u>	<u>Allergen Statement</u>	<u>Calories (kcal)</u>	<u>Fat (g)</u>	<u>Saturated Fat (g)</u>	<u>Cholesterol (mg)</u>	<u>Sodium (mg)</u>	<u>Carbohydrates (g)</u>	<u>Dietary Fiber (g)</u>	<u>Total Sugars (g)</u>	<u>Added Sugar (g)</u>	<u>Protein (g)</u>	<u>Calcium (mg)</u>	<u>Iron (mg)</u>	<u>Potassium (mg)</u>	<u>Vitamin D (mcg)</u>
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0
Side Caesar Salad	Contains Fish, Milk, Sesame, Wheat.	349	33	6	34	311	17	2	1	0	5	235	177	0	--
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0
Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0
Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	0	61	0	0	0	0	71	304	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0



9.25.2025

REEL SIZZLE NUTRITIONAL INFORMATION SHEET

Bloomington - Bloomington, IL

Chesterfield - Chesterfield, MO

Country Club Hills - Country Club Hills, IL

Hollywood/Funset - Appleton, WI*

Mid Rivers - St. Peters, MO

O'Fallon - O'Fallon, IL

Orland Park - Orland Park, IL

Rochester - Rochester, MN*

South Pointe - Lincoln, NE

Valley Grand - Appleton, WI

*only starred locations serve pizza

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Appetizers																
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Mini Corn Dogs	Contains Egg, Milk, Soy, Wheat.	902	52	7	112	1575	89	46	22	--	22	114	664	--	--	
Chicken Tenders	Contains Soy, Wheat.	891	52	6	64	2466	70	3	0	0	44	89	443	--	--	
Wisconsin Cheese Curds	Contains Milk, Wheat.	830	53	29	168	1823	41	0	--	--	39	1064	112	--	--	
Impossible Chicken Nuggets	Contains Soy, Wheat.	719	44	4	0	1901	57	6	0	--	23	237	555	912	--	
Mozzarella Sticks	Contains Milk, Wheat.	687	38	14	70	2030	63	0	14	--	28	700	0	0	--	
Boneless Wings, BBQ	Contains Wheat.	685	37	6	71	1537	60	2	21	--	30	238	257	344	--	
Boneless Wings, Buffalo	Contains Milk, Wheat.	675	44	10	90	2350	58	2	2	--	30	243	256	344	--	
Boneless Wings, Garlic Parmesan	Contains Milk, Wheat.	813	59	10	71	1907	42	2	4	--	32	285	256	344	--	
Boneless Wings, Hot Honey	Contains Wheat.	678	36	5	71	1742	62	2	22	--	30	238	256	344	--	
Boneless Wings, Jamaican Jerk	Contains Wheat.	605	37	6	71	1203	39	2	2	0	30	238	256	344	--	
Boneless Wings, Nashville Hot	Contains Wheat.	722	47	7	71	1603	47	4	9	--	30	238	256	344	--	
Boneless Wings, Creamy Sriracha	Contains Egg, Wheat	730	49	8	85	2450	45	2	6	3	30	238	256	344	0	
Boneless Wings, Mango Habanero	Contains Wheat.	680	36	5	70	1370	58	2	19	15	30	240	256	344	0	
Sweet Potato Waffle Fries		570	27	2	0	580	78	7	17	0	7	68	2	918	0	
Loaded Potato Skins	Contains Milk	800	52	25	125	790	113	10	5	0	34	330	662	950	--	
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0	
Fried Pickles	Contains Milk, Wheat.	505	32	5	0	1798	53	0	0	--	6	63	112	224	--	
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat	500	18	7	75	820	64	0	5	0	17	208	2	82	0	
Loaded Fries	Contains Milk.	679	121	8	15	2484	75	7	3	--	11	55	739	0	--	
French Fries		385	17	0	0	875	53	5	0	--	5	32	222	--	--	
Pick Your Platter																
Onion Rings	Contains Milk, Wheat.	260	12	2	0	340	0	1	5	4	3	10	1	110	0	
Boneless Wings	Contains Wheat.	260	15	3	35	420	17	0	0	0	15	10	1	170	0	
Fried Pickles	Contains Milk, Wheat.	220	13	2	0	810	27	0	0	0	3	30	1	110	0	
French Fries		140	5	2	0	310	23	0	1	0	2	0	0	290	0	
Cheese Curds	Contains Milk, Wheat.	400	25	14	85	820	21	0	0	0	19	530	1	0	0	
Mozzarella Sticks	Contains Egg, Milk	180	10	4	20	540	17	0	4	0	7	180	0	0	0	
Sweet Potato Waffle Fries		200	8	1	0	230	31	3	7	0	3	30	1	370	0	
Chicken Tenders (3)	Contains Soy, Wheat.	260	13	3	45	660	15	1	1	0	20	20	1	180	0	
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat.	230	7	3	35	140	32	0	2	0	9	100	1	40	0	
Mini Corn Dogs	Contains Egg, Milk, Soy, Wheat.	290	17	4	60	640	24	1	9	0	9	50	2	0	0	
Loaded Potato Skins (3)	Contains Milk	240	10	5	25	160	40	4	2	0	9	70	112	570	0	
Ranch	Contains Egg, Milk	310	32	5	0	490	0	0	0	0	0	30	0	0	0	
Chipotle Ranch	Contains Egg, Milk	300	32	5	10	400	2	0	2	0	0	10	0	10	0	
Blue Cheese	Contains Egg, Milk	260	25	5	30	650	6	0	6	0	0	60	0	0	0	
Ketchup		70	0	0	0	15	17	0	17	0	0	330	534	0	0	
Honey Mustard	Contains Egg	220	18	3	10	280	16	0	14	0	0	0	0	0	0	
Nacho Cheese	Contains Milk	60	5	3	0	440	5	0	2	0	1	50	0	0	0	
BBQ Sauce		110	0	0	0	0	440	28	25	0	0	0	1	0	0	
Parmesan Garlic	Contains Milk	290	31	6	0	940	4	0	2	0	2	60	0	0	0	
Buffalo Sauce	Contains Milk	90	9	6	25	1530	25	0	0	0	0	10	0	0	0	
Creamy Sriracha	Contains Egg	160	16	3	20	1660	7	0	5	4	0	0	0	0	0	
Marinara		35	2	0	0	270	5	0	4	0	1	20	1	0	0	
Nashville Hot		170	15	2	0	530	10	2	9	0	0	0	0	0	0	
Hot Honey		160	0	0	0	0	46	0	46	46	0	0	0	0	0	
Mango Habanero		110	0	0	0	220	25	0	22	20	0	0	0	0	0	
Burgers, Sandwiches & Wraps																
All sandwiches are listed without french fries and do not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Classic Double	Contains Egg, Milk, Sesame, Soy, Wheat.	932	29	32	167	880	79	19	10	--	45	1332	1168	455	--	
Reel Sizzle BLT	Contains Egg, Milk, Sesame, Wheat.	834	60	19	110	443	77	4	5	0	19	406	898	0	--	
Reel Melt	Contains Egg, Milk, Sesame, Soy, Wheat.	1279	62	42	232	1788	81	4	5	0	59	660	601	455	--	
Reel Stack Burger	Contains Egg, Milk, Sesame, Soy, Wheat.	1073	46	34	167	1809	86	4	14	--	45	310	297	455	--	
Reel Western	Contains Egg, Milk, Sesame, Wheat.	1146	43	34	199	1624	109	4	29	--	51	477	941	455	--	
Deluxe Grilled Cheese	Contains Milk, Sesame, Soy, Wheat.	907	59	34	179	1596	81	1	5	0	42	885	353	0	--	
Crispy Chicken Ranch Sandwich	Contains Egg, Milk, Sesame, Soy, Wheat.	992	61	20	112	2588	73	6	12	--	35	203	475	359	--	
Buffalo Chicken Wrap	Contains Egg, Milk, Soy, Wheat.	722	39	9	27	821	11	4	5	--	20	489	1105	--	--	
Honey Dijon Chicken Wrap	Contains Egg, Milk, Soy, Wheat	980	58	16	90	1010	103	56	12	8	36	3124	827	190	0	
Hot Honey Chicken Sandwich	Contains Egg, Milk, Sesame, Wheat.	768	27	9	80	2548	115	7	24	--	31	52	384	359	--	
Nashville Hot Chicken Sandwich	Contains Egg, Milk, Sesame, Wheat.	1207	80	19	118	2794	101	10	22	--	37	2795	460	398	--	
Impossible Smash Burger	Contains Egg, Milk, Sesame, Soy, Wheat.	810	46	21	30	1330	76	13	13	1	32	1025	690	610	0	
Smash Burger Wrap	Contains Egg, Milk, Wheat.	1020	38	27	155	610	58	59	6	0	45	6080	1322	460	0	
Bacon Cheeseburger	Contains Egg, Milk, Sesame, Wheat.	1230	63	42	230	1220	106	5	9	0	50	507	542	455	0	
Pizzas																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
LRG 16" Carnivore*	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0	
MED 12" Carnivore*	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0	
LRG 16" Pepperoni Special	Contains Milk, Wheat.	2010	93	46	255	3200	192	77	14	0	108	2020	1712	440	0	
MED 12" Pepperoni Special	Contains Milk, Wheat.	1140	55	27	145	2060	108	52	8	0	59	1020	857	270	0	
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0	
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0	
LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0	

MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0
Pepperoni		230	21	1	55	760	0	0	0	0	8	0	1	0	0
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0
Anchovy	Contains Fish	80	4	0	50	2840	0	0	0	0	13	132	1	0	0
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0
Onion		20	0	0	0	0	0	0	1	0	0	1	0	0	0
Green pepper		10	0	0	0	0	0	2	1	0	0	184	0	0	0
Banana pepper		15	0	0	0	510	3	0	0	0	0	0	1	0	0
Black olive		90	8	1	0	0	0	3	0	0	0	0	465	0	0
Tomato		10	0	0	0	0	0	2	1	0	1	413	3	0	0
Hot Honey drizzle		60	0	0	0	360	15	0	13	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	230	24	4	0	360	0	0	0	0	0	20	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	200	19	4	20	480	4	0	4	0	0	40	0	0	0
Buffalo Sauce Drizzle	Contains Milk	70	7	5	20	1150	19	0	0	0	0	0	0	0	0
Parmesan Garlic Drizzle	Contains Milk	220	23	5	0	700	3	0	1	0	1	50	0	0	0
Nashville Hot Drizzle		130	12	2	0	400	8	1	6	0	0	0	0	0	0
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0
Mango Habanero Drizzle		80	0	0	0	170	19	0	17	15	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	120	12	2	15	1250	5	0	4	3	0	0	0	0	0
LARGE 16" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0
Pepperoni		263	24	11	66	881	0	0	0	--	9	0	1	--	--
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0
Anchovy	Contains Fish	140	6	0	85	4880	0	0	0	0	23	227	2	0	0
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0
Black olive		160	13	3	0	0	0	5	0	0	0	0	797	0	0
Tomato		15	0	0	0	0	0	13	1	0	1	708	5	0	0
Hot Honey drizzle		70	0	0	0	450	19	0	17	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	390	40	6	0	610	0	0	0	0	0	40	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	330	32	6	35	810	7	0	7	0	0	70	0	0	0
Buffalo Sauce Drizzle	Contains Milk	120	12	7	30	1910	31	0	0	0	0	10	0	0	0
Parmesan Garlic Drizzle	Contains Milk	370	39	7	0	1170	5	0	2	0	2	80	0	0	0
Nashville Hot Drizzle	Contains Milk	210	19	2	0	670	13	2	11	0	0	0	0	0	0
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	1	0	0
Mango Habanero Drizzle		140	0	0	0	280	31	0	28	26	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	210	21	3.5	25	2080	9	0	7	5	0	0	0	0	0

Desserts															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Funnel Cake Sticks	Contains Egg, Milk, Soy, Wheat.	462	22	7	50	425	61	0	21	--	5	0	1	--	--
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat	860	34	13	96	440	80	27	56	3	7	375	88	89	0
Single Scoop Ice Cream (5oz)															
Chocolate	Contains Milk	320	20	12	70	25	34	34	0	0	6	810	91	0	0
Vanilla Bean	Contains Milk	300	15	10	55	30	34	34	0	0	4	635	95	0	0
Caramel Caribou	Contains Milk, Soy	340	17	11	65	35	42	0	0	0	4	635	180	0	0
Moose Tracks	Contains Milk, Peanut, Soy	380	21	11	55	35	45	0	0	0	6	423	127	0	0
Blueberry Waffle Cone	Contains Milk	340	15	11	40	40	47	0	0	0	4	423	116	0	0
Butter Pecan	Contains Milk, Tree Nuts	340	21	10	55	30	34	0	0	0	6	423	127	0	0
Chocolate Chip Cookie Dough	Contains Milk, Soy, Wheat	320	15	10	55	35	42	0	0	0	4	423	138	0	0
Mint Chip	Contains Milk, Soy	320	17	11	55	30	38	0	0	0	4	423	116	0	0
Strawberry	Contains Milk	280	13	8	55	30	34	0	0	0	4	423	85	0	0
White Chocolate Raspberry	Contains Milk	320	15	8	0	35	44	0	0	0	4	423	106	0	0
Sherbet	Contain Milk	180	2	1	0	35	43	0	28	0	0	66	0	0	0
Sugar Cone (CONE ONLY)	Contains Soy, Wheat	50	1	0	0	0	10	0	0	0	0	0	55	0	0
Waffle Cone (CONE ONLY)	Contains Soy, Wheat	90	1	0	0	5	20	1	0	0	0	0	35	0	0
Caramel Topping	Contains Milk	73	0	0	0	80	18	0	15	--	0	0	0	--	--
Chocolate Syrup Topping		69	0	0	0	15	0	17	1	--	--	0	11	--	--
Oreo Topping	Contains Soy, Wheat	68	3	1	0	55	11	1	6	--	1	0	1	--	--
Pecan Topping	Contains Tree Nuts	101	10	1	0	0	2	2	1	--	2	10	0	--	--
Sprinkles Topping	Contains Soy	67	4	0	0	0	11	0	4	--	0	0	0	--	--
Walnut Topping	Contains Tree Nuts	95	9	1	0	0	2	1	1	--	2	15	0	--	--
Shakes (Listing based on Vanilla shake. See chosen ice cream flavor/toppings for any variations; 9oz ice cream/shake)	Contains Milk	766	36	20	188	68	200	82	3	--	13	1490	265	--	--

Sides and Condiments															
Sauce sides 3 oz/ea unless otherwise noted															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Side French Fries (regular/5oz)		190	9	0	0	610	26	3	0	0	3	23	221	0	0
Kids Side French Fries (4oz)		240	10	2.5	0	640	34	0	2	0	3	7	111	431	0
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0
Side Sweet Potato Waffle Fries (5oz)		340	16	1.5	0	350	47	4	10	0	4	41	1	551	0
Loaded Fry Upgrade		380	63	5	20	1200	33	3	1	0	15	26	667	0	0
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0
Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Chipotle Ranch	Contains Egg, Milk	460	49	8	15	610	3	0	3	0	0	22	0	15	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0

Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	0	61	0	0	0	0	71	304	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0
Side Parmesan Garlic	Contains Milk	440	47	9	0	1410	6	0	3	0	3	94	0	0	0
Side Nashville Hot Sauce		260	23	2.5	0	800	15	3	13	0	0	0	0	0	0
Side Mango Habanero		170	0	0	0	330	38	33	31	0	0	0	0	0	0



9.25.2025

NUTRITIONAL INFORMATION SHEET

Ronnie's - St. Louis, MO

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Appetizers															
Listings are inclusive of main dish only, no side or dipping sauces and does not account for any substitution or change requests. Please see condiments/sides section for additional info on any side sauces.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Mini Corn Dogs	Contains Egg, Milk, Soy, Wheat.	902	52	7	112	1575	89	46	22	--	22	114	664	--	--
Chicken Tenders	Contains Soy, Wheat.	891	52	6	64	2466	70	3	0	0	44	89	443	--	--
Wisconsin Cheese Curds	Contains Milk, Wheat.	830	53	29	168	1823	41	0	0	--	39	1064	112	--	--
Impossible Chicken Nuggets	Contains Soy, Wheat.	719	44	4	0	1901	57	6	0	--	23	237	555	912	--
Mozzarella Sticks	Contains Milk, Wheat.	687	38	14	70	2030	63	0	14	--	28	700	0	0	--
Boneless Wings, BBQ	Contains Wheat.	685	37	6	71	1537	60	2	21	--	30	238	257	344	--
Boneless Wings, Buffalo	Contains Milk, Wheat.	675	44	10	90	2350	58	2	2	--	30	243	256	344	--
Boneless Wings, Garlic Parmesan	Contains Milk, Wheat.	813	59	10	71	1907	42	2	4	--	32	285	256	344	--
Boneless Wings, Hot Honey	Contains Wheat.	678	36	5	71	1742	62	2	22	--	30	238	256	344	--
Boneless Wings, Jamaican Jerk	Contains Wheat.	605	37	6	71	1203	39	2	2	0	30	238	256	344	--
Boneless Wings, Nashville Hot	Contains Wheat.	722	47	7	71	1603	47	4	9	--	30	238	256	344	--
Boneless Wings, Creamy Sriracha	Contains Egg, Wheat	730	49	8	85	2450	45	2	6	3	30	238	256	344	0
Sweet Potato Waffle Fries		570	27	2	0	580	78	7	17	0	7	68	2	918	0
Fried Onion Rings	Contains Milk, Wheat.	570	31	5	0	670	0	3	11	8	5	27	1	215	0
Loaded Potato Skins	Contains Milk	800	52	25	125	790	113	10	5	0	34	330	662	950	--
Fried Pickles	Contains Milk, Wheat.	505	32	5	0	1798	53	0	0	--	6	63	112	224	--
Loaded Fries	Contains Milk.	679	121	8	15	2484	75	7	3	--	11	55	739	0	--
French Fries		385	17	0	0	875	53	5	0	--	5	32	222	--	--
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat.	503	18	7	74	819	65	0	5	--	17	208	2	82	--
Pick Your Platter															
Onion Rings	Contains Milk, Wheat.	260	12	2	0	340	0	1	5	4	3	10	1	110	0
Boneless Wings	Contains Wheat.	260	15	3	35	420	17	0	0	0	15	10	1	170	0
Fried Pickles	Contains Milk, Wheat.	220	13	2	0	810	27	0	0	0	3	30	1	110	0
French Fries		140	5	2	0	310	23	0	1	0	2	0	0	290	0
Cheese Curds	Contains Milk, Wheat.	400	25	14	85	820	21	0	0	0	19	530	1	0	0
Mozzarella Sticks	Contains Egg, Milk	180	10	4	20	540	17	0	4	0	7	180	0	0	0
Sweet Potato Waffle Fries		200	8	1	0	230	31	3	7	0	3	30	1	370	0
Chicken Tenders (3)	Contains Soy, Wheat.	260	13	3	45	660	15	1	1	0	20	20	1	180	0
Toasted Ravioli	Contains Egg, Milk, Soy, Wheat.	230	7	3	35	140	32	0	2	0	9	100	1	40	0
Mini Corn Dogs	Contains Egg, Milk, Soy, Wheat.	290	17	4	60	640	24	1	9	0	9	50	2	0	0
Loaded Potato Skins (3)	Contains Milk	240	10	5	25	160	40	4	2	0	9	70	112	570	0
Ranch	Contains Egg, Milk	310	32	5	0	490	0	0	0	0	0	30	0	0	0
Chipotle Ranch	Contains Egg, Milk	300	32	5	10	400	2	0	2	0	0	10	0	10	0
Blue Cheese	Contains Egg, Milk	260	25	5	30	650	6	0	6	0	0	60	0	0	0
Ketchup		70	0	0	0	15	17	17	0	0	0	330	534	0	0
Honey Mustard	Contains Egg	220	18	3	10	280	16	0	14	0	0	0	0	0	0
Nacho Cheese	Contains Milk	60	5	3	0	440	5	0	2	0	1	50	0	0	0
BBQ Sauce		110	0	0	0	0	440	28	25	0	0	0	1	0	0
Parmesan Garlic	Contains Milk	290	31	6	0	940	4	0	2	0	2	60	0	0	0
Buffalo Sauce	Contains Milk	90	9	6	25	1530	25	0	0	0	0	10	0	0	0
Creamy Sriracha	Contains Egg	160	16	3	20	1660	7	0	5	4	0	0	0	0	0
Marinara		35	2	0	0	270	5	0	4	0	1	20	1	0	0
Nashville Hot		170	15	2	0	530	10	2	9	0	0	0	0	0	0
Hot Honey		160	0	0	0	0	46	0	46	46	0	0	0	0	0
Mango Habanero		110	0	0	0	220	25	0	22	20	0	0	0	0	0
Burgers, Sandwiches & Wraps															
All sandwiches are listed without french fries and do not account for any substitutions or change requests. See Sides and Condiments sections for more nutritional information.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Classic Double	Contains Egg, Milk, Sesame, Soy, Wheat.	932	29	32	167	880	79	19	10	--	45	1332	1168	455	--
Reel Sizzle BLT	Contains Egg, Milk, Sesame, Wheat.	834	60	19	110	443	77	4	5	0	19	406	898	0	--
Reel Melt	Contains Egg, Milk, Sesame, Soy, Wheat.	1279	62	42	232	1788	81	4	5	0	59	660	601	455	--
Reel Stack Burger	Contains Egg, Milk, Sesame, Soy, Wheat.	1073	46	34	167	1809	86	4	14	--	45	310	297	455	--
Reel Western	Contains Egg, Milk, Sesame, Wheat.	1146	43	34	199	1624	109	4	29	--	51	477	941	455	--
Deluxe Grilled Cheese	Contains Milk, Sesame, Soy, Wheat.	907	59	34	179	1596	81	1	5	0	42	885	353	0	--
Honey Dijon Chicken Wrap	Contains Egg, Milk, Soy, Wheat	980	58	16	90	1010	103	56	12	8	36	3124	827	190	0
Crispy Chicken Ranch Sandwich	Contains Egg, Milk, Sesame, Soy, Wheat.	992	61	20	112	2588	73	6	12	--	35	203	475	359	--
Buffalo Chicken Wrap	Contains Egg, Milk, Soy, Wheat.	722	39	9	27	821	11	4	5	--	20	489	1105	--	--
Smash Burger Wrap	Contains Egg, Milk, Wheat.	1020	38	27	155	610	58	59	6	0	45	6080	1322	460	0
Hot Honey Chicken Sandwich	Contains Egg, Milk, Sesame, Wheat.	768	27	9	80	2548	115	7	24	--	31	52	384	359	--
Nashville Hot Chicken Sandwich	Contains Egg, Milk, Sesame, Wheat.	1207	80	19	118	2794	101	10	22	--	37	2795	460	398	--
Impossible Smash Burger	Contains Egg, Milk, Sesame, Soy, Wheat.	810	46	21	30	1330	76	13	13	1	32	1025	690	610	0
Bacon Cheeseburger	Contains Egg, Milk, Sesame, Wheat.	1230	63	42	230	1220	106	5	9	0	50	507	542	455	0
Chicken BLT Wrap	Contains Egg, Wheat	960	65	13	140	880	87	54	6	0	38	5220	893	0	--
Pizzas															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
LRG 16" Carnivore*	Contains Milk, Wheat.	2940	178	80	500	6190	164	61	9	0	153	2041	1715	433	0
MED 12" Carnivore*	Contains Milk, Wheat.	1850	115	51	320	4130	94	43	6	0	96	1146	965	266	0
LRG 16" Pepperoni Special	Contains Milk, Wheat.	2010	93	46	255	3200	192	77	14	0	108	2020	1712	440	0
MED 12" Pepperoni Special	Contains Milk, Wheat.	1140	55	27	145	2060	108	52	8	0	59	1020	857	270	0
LRG 16" Veggie	Contains Milk, Wheat.	1800	79	36	140	4600	193	63	16	0	98	2024	16	435	0
MED 12" Veggie	Contains Milk, Wheat.	1020	44	20	75	2660	110	45	10	0	55	1128	9	267	0

LRG 16" E.B.F	Contains Milk, Wheat.	2510	139	60	320	6640	195	63	16	0	136	2076	19	435	0
MED 12" EBF	Contains Milk, Wheat.	1510	86	37	205	4090	111	45	10	0	81	1164	11	267	0
MEDIUM 12" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	880	36	18	75	2190	98	43	6	0	53	1109	5	267	0
GLUTEN FREE 10" Cheese (GF crust, sauce and cheese)	Contains Milk	509	31	15	65	1383	33	30	5	0	33	871	0	159	0
Pepperoni		230	21	1	55	760	0	0	0	0	8	0	1	0	0
Sausage		270	21	7	70	660	1	0	0	0	18	36	1	0	0
Bacon		430	32	11	70	1420	0	0	0	0	21	0	1	0	0
Chicken		110	3	1	80	310	0	0	0	0	22	0	1	0	0
Anchovy	Contains Fish	80	4	0	50	2840	0	0	0	0	13	132	1	0	0
Mushroom		10	0	0	0	0	0	1	0	0	0	0	0	0	0
Onion		20	0	0	0	0	0	0	1	0	0	1	0	0	0
Green pepper		10	0	0	0	0	0	2	1	0	0	184	0	0	0
Banana pepper		15	0	0	0	510	3	0	0	0	0	0	1	0	0
Black olive		90	8	1	0	0	0	3	0	0	0	0	465	0	0
Tomato		10	0	0	0	0	0	2	1	0	1	413	3	0	0
Hot Honey drizzle		60	0	0	0	360	15	0	13	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	230	24	4	0	360	0	0	0	0	0	20	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	200	19	4	20	480	4	0	4	0	0	40	0	0	0
Buffalo Sauce Drizzle	Contains Milk	70	7	5	20	1150	19	0	0	0	0	0	0	0	0
Parmesan Garlic Drizzle	Contains Milk	220	23	5	0	700	3	0	1	0	1	50	0	0	0
Nashville Hot Drizzle	Contains Milk	130	12	2	0	400	8	1	6	0	0	0	0	0	0
BBQ Sauce Drizzle		80	0	0	0	330	21	0	18	0	0	0	0	0	0
Mango Habanero Drizzle		80	0	0	0	170	19	0	17	15	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	120	12	2	15	1250	5	0	4	3	0	0	0	0	0
LARGE 16" Cheese (Pizza crust, sauce and cheese)	Contains Milk, Wheat.	1570	65	33	140	3800	173	60	9	0	95	1992	10	435	0
Pepperoni		263	24	11	66	881	0	0	0	--	9	0	1	--	--
Sausage		304	24	8	80	752	2	--	--	--	21	42	1	--	--
Bacon		600	45	15	100	1980	0	0	0	0	30	0	2	0	0
Chicken		210	5	2	145	570	0	0	0	0	41	0	1	0	0
Anchovy	Contains Fish	140	6	0	85	4880	0	0	0	0	23	227	2	0	0
Mushroom		19	0	0	0	1	0	2	--	--	2	0	0	--	--
Onion		35	0	0	0	0	0	0	1	0	0	2	0	0	0
Green pepper		17	0	0	0	2	0	4	2	--	1	315	0	--	--
Banana pepper		30	0	0	0	880	6	0	0	0	0	0	1	0	0
Black olive		160	13	3	0	0	0	5	0	0	0	0	797	0	0
Tomato		15	0	0	0	0	0	13	1	0	1	708	5	0	0
Hot Honey drizzle		70	0	0	0	450	19	0	17	0	0	0	0	0	0
Ranch Drizzle	Contains Egg, Milk	390	40	6	0	610	0	0	0	0	0	40	0	0	0
Blue Cheese Drizzle	Contains Egg, Milk	330	32	6	35	810	7	0	7	0	0	70	0	0	0
Buffalo Sauce Drizzle	Contains Milk	120	12	7	30	1910	31	0	0	0	0	10	0	0	0
Parmesan Garlic Drizzle	Contains Milk	370	39	7	0	1170	5	0	2	0	2	80	0	0	0
Nashville Hot Drizzle		210	19	2	0	670	13	2	11	0	0	0	0	0	0
BBQ Sauce Drizzle		130	0	0	0	560	34	0	31	0	0	0	1	0	0
Mango Habanero Drizzle		140	0	0	0	280	31	0	28	26	0	0	0	0	0
Creamy Sriracha Drizzle	Contains Egg	210	21	3.5	25	2080	9	0	7	5	0	0	0	0	0

		Desserts													
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Funnel Cake Sticks	Contains Egg, Milk, Soy, Wheat.	462	22	7	50	425	61	0	21	--	5	0	1	--	--
Brownie Ice Cream Bomb	Contains Egg, Milk, Soy, Wheat	860	34	13	96	440	80	27	56	3	7	375	88	89	0
Single Scoop Ice Cream (5oz)															
Chocolate	Contains Milk	320	20	12	70	25	34	34	0	0	6	810	91	0	0
Vanilla Bean	Contains Milk	300	15	10	55	30	34	34	0	0	4	635	95	0	0
Caramel Caribou	Contains Milk, Soy	340	17	11	65	35	42	0	0	0	4	635	180	0	0
Moose Tracks	Contains Milk, Peanut, Soy	380	21	11	55	35	45	0	0	0	6	423	127	0	0
Blueberry Waffle Cone	Contains Milk, Soy, Coconut, Wheat	340	15	11	40	40	47	0	0	0	4	423	116	0	0
Butter Pecan	Contains Milk, Tree Nuts	340	21	10	55	30	34	0	0	0	6	423	127	0	0
Chocolate Chip Cookie Dough	Contains Milk, Soy, Wheat	320	15	10	55	35	42	0	0	0	4	423	138	0	0
Mint Chip	Contains Milk, Soy	320	17	11	55	30	38	0	0	0	4	423	116	0	0
Strawberry	Contains Milk	280	13	8	55	30	34	0	0	0	4	423	85	0	0
White Chocolate Raspberry	Contains Milk	320	15	8	0	35	44	0	0	0	4	423	106	0	0
Sherbet	Contain Milk	180	2	1	0	35	43	0	28	0	0	66	0	0	0
Sugar Cone (CONE ONLY)	Contains Soy, Wheat	50	1	0	0	0	10	0	0	0	0	0	55	0	0
Waffle Cone (CONE ONLY)	Contains Soy, Wheat	90	1	0	0	5	20	1	0	0	0	0	35	0	0
Caramel Topping	Contains Milk	73	0	0	0	80	18	0	15	--	0	0	0	--	--
Chocolate Syrup Topping		69	0	0	0	15	0	17	1	--	--	0	11	--	--
Oreo Topping	Contains Soy, Wheat	68	3	1	0	55	11	1	6	--	1	0	1	--	--
Pecan Topping	Contains Tree Nuts	101	10	1	0	0	2	2	1	--	2	10	0	--	--
Sprinkles Topping	Contains Soy	67	4	0	0	0	11	0	4	--	0	0	0	--	--
Walnut Topping	Contains Tree Nuts	95	9	1	0	0	2	1	1	--	2	15	0	--	--
Shakes (Listing based on Vanilla shake. See chosen ice cream flavor/toppings for any variations; 9oz ice cream/shake)	Contains Milk	766	36	20	188	68	200	82	3	--	13	1490	265	--	--

Sides and Condiments																
Sauce sides 3 oz/ea unless otherwise noted																
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)	
Side French Fries (regular/5oz)		190	9	0	0	610	26	3	0	0	3	23	221	0	0	
Kids Side French Fries (4oz)		150	7	0	0	550	20	2	0	0	2	21	221	0	0	
Side Onion Rings (4.50 oz)	Contains Milk, Wheat.	290	15	2.5	0	5	0	0	4	0	3	0	510	0	0	
Side Sweet Potato Waffle Fries (5oz)		340	16	1.5	0	350	47	4	10	0	4	41	1	551	0	
Loaded Fry Upgrade		380	63	5	20	1200	33	3	1	0	15	26	667	0	0	
Side Ranch	Contains Egg, Milk	460	49	8	0	730	0	0	0	0	0	44	0	0	0	
Side Marinara		70	3	0	0	340	9	0	7	0	1	27	0	0	0	

Side Ketchup		100	0	0	0	20	25	25	0	0	0	500	800	0	0
Side Nacho Cheese	Contains Milk	100	7	3.5	0	660	8	0	3	0	1	82	0	0	0
Side Chipotle Ranch	Contains Egg, Milk	460	49	8	15	610	3	0	3	0	0	22	0	15	0
Side Salted Caramel Sauce	Contains Milk	220	0	0	0	240	55	0	44	0	0	0	0	0	0
Side Chocolate Syrup		210	0	0	0	45	0	52	2	0	0	1	33	0	0
Side Bleu Cheese	Contains Egg, Milk	390	38	7	45	970	9	0	9	0	0	85	0	0	0
Side Honey Mustard	Contains Egg	330	27	4.5	15	315	21	0	18	18	0	0	0	0	0
Side Mayonnaise	Contains Egg	600	67	9	60	0	61	0	0	0	0	71	304	0	0
Side BBQ Sauce		160	0	0	0	670	41	0	37	0	0	0	1	0	0
Side Buffalo Sauce	Contains Milk	140	14	9	40	2290	38	0	0	0	0	9	0	0	0
Side Hot Honey		170	0	0	0	1080	45	0	40	0	0	0	0	0	0
Side Parmesan Garlic	Contains Milk	440	47	9	0	1410	6	0	3	0	3	94	0	0	0
Side Nashville Hot Sauce		260	23	2.5	0	800	15	3	13	0	0	0	0	0	0
Side Mango Habanero		170	0	0	0	330	38	33	31	0	0	0	0	0	0



9.25.2025

CONCESSIONS NUTRITIONAL INFORMATION SHEET

ALL LOCATIONS - Offerings differ by location.
Please see staff with questions

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional Information available upon request.

Popcorn															
Listings are inclusive of popcorn seed, popping oil and salt used during popping. Additional buttery topping and salt is listed separately.															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Popcorn Large - 170oz		1538	85	68	0	1946	176	0	0	--	24	0	4	--	--
Popcorn Regular - 85oz		776	43	34	0	982	89	0	0	--	12	0	2	--	--
Popcorn Junior - 64oz		586	33	26	0	741	67	0	0	--	9	0	2	--	--
Buttery Topping (1 TBSP)		120	14	2	0	0	0	0	0	0	0	0	0	0	0
Real Butter (2oz)	Contains Milk	480	56	40	140	0	0	--	0	0	0	0	0	--	--
Salt (1/4 tsp)		0	0	0	0	480	0	0	0	0	0	0	0	0	0
Snacks															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Pretzel Bites-Order	Contains Milk, Wheat.	1090	68	4	0	1556	226	7	9	--	28	4	13	0	--
Nachos-Concession	Contains Milk, Sesame.	818	97	18	0	1448	104	0	2	--	5	4	0	0	--
Churros	Contains Egg, Wheat	450	25	10	0	450	54	0	7	0	5	25	3	50	0
1/4lb Hot Dog	Contains Soy, Wheat.	490	34	12	75	1169	28	1	3	--	17	67	2	75	--
Tuesday 1/8lb Hot Dog	Contains Soy, Wheat.	300	18	6	30	850	28	1	3	0	11	64	1	247	0
Giovanni's Premium Pizza - The Big Pepperoni Pizza	Contains Soy, Wheat, Milk	1850	105	25	150	4900	125	10	10	0	90	1700	5	350	0
Extra Nacho Cheese	Contains Milk.	110	64	4	0	786	9	0	2	--	0	4	0	0	--
Side Jalapenos		10	0	0	0	930	2	0	2	0	0	0	0	0	0
Combos															
Listings shown with highest calorie option															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
Large Popcorn/2 Large Fountain Drinks		2690	85	68	0	2300	485	0	307	0	24	0	4	0	0
Large Popcorn/2 Large ICEE		1998	85	68	0	2076	298	0	120	--	24	0	4	--	--
Large Popcorn/Large Fountain Drink		2138	85	68	0	2131	337	0	160	--	24	0	4	--	--
Large Popcorn/Large ICEE		1768	85	68	0	2011	237	0	60	--	24	0	4	--	--
Large Popcorn/2 Junior Fountain Drinks		2078	85	68	0	2116	322	0	146	--	24	0	4	--	--
Nachos/Large Fountain Drink	Contains Milk	1418	97	18	0	1633	265	0	162	--	5	4	0	0	--
Nachos/ Large ICEE	Contains Milk	1048	97	18	0	1513	165	0	62	--	5	4	0	0	--
Pretzel Bites w. cheese/Large Fountain Drink	Contains Milk, Wheat.	1690	68	4	0	1741	387	7	169	--	28	4	13	0	--
Pretzel Bites w. cheese/Large ICEE	Contains Milk, Wheat.	1320	68	4	0	1620	287	7	69	0	28	4	13	0	0
Aquafina/Junior Popcorn		586	33	26	0	741	67	0	0	0	9	0	2	0	--
Kiddie Combo w. Fountain Drink		576	16	13	0	454	107	0	65	54	5	0	1	0	0
Kiddie Combo w. ICEE		473	16	13	0	411	80	0	37	0	5	0	1	0	--
ICEE															
Name	Allergen Statement	Calories (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Calcium (mg)	Iron (mg)	Potassium (mg)	Vitamin D (mcg)
ICEE Kids - 14oz (All Flavors)		100	0	0	0	30	25	0	25	0	0	0	0	0	0
ICEE Regular - 24oz (All Flavors)		170	0	0	0	50	46	0	46	0	0	0	0	0	0
ICEE Large - 32oz (All Flavors)		230	0	--	--	65	61	--	60	--	0	--	--	--	--

ROUNDED NUTRITION INFORMATION FOR FOUNTAIN BEVERAGES

Source: PepsiCoProductFacts.com [Last updated on June 05, 2023]

Customer Name: Marcus Theatres

Other Identifier:

Nutrition information assumes no ice.

JUNIOR: 20 Fluid Ounces with no ice.

	Calories	Total Fat (g)	Total Carbohydrates (g)	Sugars (g)	Added Sugars(g)	Protein (g)	Sodium (mg)
BRISK RASPBERRY ICED TEA	120	0	30	30	30	0	80
CAFFEINE FREE DIET PEPSI	0	0	0	0	0	0	95
CRUSH ORANGE SODA	270	0	73	72	-	0	80
DIET DR PEPPER	0	0	0	0	-	0	120
DIET MTN DEW	10	0	<1	<1	0	0	90
DIET PEPSI	0	0	0	0	0	0	95
DR PEPPER	240	0	65	64	-	0	75
MTN DEW	280	0	73	73	73	0	85
MTN DEW CODE RED	290	0	77	77	77	0	85
MTN DEW KICKSTART - BLACK CHERRY	100	0	27	26	25	0	85
MTN DEW KICKSTART - ORANGE CITRUS	90	0	23	22	22	0	90
MUG ROOT BEER	240	0	64	63	63	0	95
PEPSI	250	0	69	69	69	0	50
PEPSI WILD CHERRY	260	0	70	70	70	0	55
PEPSI ZERO SUGAR	0	0	0	0	0	0	105
SIERRA MIST	260	0	68	68	68	0	55
SIERRA MIST ZERO SUGAR	0	0	0	0	0	0	60
SOBE LIFEWATER YUMBERRY POMEGRANATE - 0 CAL	0	0	0	0	0	0	80
STARRY	240	0	65	65	65	0	55
STARRY ZERO SUGAR	10	0	0	0	0	0	60
TROPICANA FRUIT PUNCH	280	0	75	75	0	0	55
TROPICANA LEMONADE	250	0	67	66	66	0	260
TROPICANA PINK LEMONADE	250	0	67	66	66	0	260

*Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, or dietary fiber.

REGULAR: 32 Fluid Ounces with no ice.

	Calories	Total Fat (g)	Total Carbohydrates (g)	Sugars (g)	Added Sugars(g)	Protein (g)	Sodium (mg)
BRISK RASPBERRY ICED TEA	190	0	48	48	48	0	130
CAFFEINE FREE DIET PEPSI	0	0	0	0	0	0	150
CRUSH ORANGE SODA	440	0	117	116	-	0	125
DIET DR PEPPER	0	0	<1	0	-	0	190
DIET MTN DEW	10	0	1	<1	0	0	150
DIET PEPSI	0	0	0	0	0	0	150

DR PEPPER	380	0	104	102	-	0	115
MTN DEW	450	0	117	117	117	0	140
MTN DEW CODE RED	460	0	123	123	123	0	130
MTN DEW KICKSTART - BLACK CHERRY	170	0	43	41	40	0	140
MTN DEW KICKSTART - ORANGE CITRUS	140	0	37	35	34	0	150
MUG ROOT BEER	380	0	102	101	101	0	150
PEPSI	410	0	110	110	110	0	85
PEPSI WILD CHERRY	420	0	113	112	112	0	85
PEPSI ZERO SUGAR	0	0	<1	0	0	0	170
SIERRA MIST	410	0	108	108	108	0	90
SIERRA MIST ZERO SUGAR	10	0	0	0	0	0	100
SOBE LIFEWATER YUMBERRY POMEGRANATE - 0 CAL	5	0	<1	0	0	0	125
STARRY	390	0	104	104	104	0	90
STARRY ZERO SUGAR	10	0	0	0	0	0	100
TROPICANA FRUIT PUNCH	450	0	120	120	0	0	90
TROPICANA LEMONADE	410	0	107	106	106	0	410
TROPICANA PINK LEMONADE	410	0	106	106	106	0	410

*Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, or dietary fiber.

LARGE: 44 Fluid Ounces with no ice.

	Calories	Total Fat (g)	Total Carbohydrates (g)	Sugars (g)	Added Sugars(g)	Protein (g)	Sodium (mg)
BRISK RASPBERRY ICED TEA	260	0	66	66	66	0	180
CAFFEINE FREE DIET PEPSI	0	0	<1	0	0	0	210
CRUSH ORANGE SODA	600	0	161	159	-	0	170
DIET DR PEPPER	0	0	<1	0	-	0	260
DIET MTN DEW	15	0	2	1	0	0	200
DIET PEPSI	0	0	<1	0	0	0	210
DR PEPPER	530	0	143	140	-	0	160
MTN DEW	620	0	161	161	161	0	190
MTN DEW CODE RED	630	0	169	169	169	0	180
MTN DEW KICKSTART - BLACK CHERRY	230	0	59	57	55	0	190
MTN DEW KICKSTART - ORANGE CITRUS	190	0	50	48	47	0	200
MUG ROOT BEER	530	0	140	140	140	0	210
PEPSI	560	0	152	151	151	0	115
PEPSI WILD CHERRY	570	0	155	154	154	0	120
PEPSI ZERO SUGAR	0	0	<1	0	0	0	230
SIERRA MIST	560	0	149	149	149	0	120
SIERRA MIST ZERO SUGAR	10	0	0	0	0	0	135
SOBE LIFEWATER YUMBERRY POMEGRANATE - 0 CAL	10	0	<1	0	0	0	170
STARRY	540	0	143	143	143	0	125
STARRY ZERO SUGAR	15	0	0	0	0	0	135

TROPICANA FRUIT PUNCH	620	0	166	165	0	0	125
TROPICANA LEMONADE	560	0	146	146	146	0	570
TROPICANA PINK LEMONADE	560	0	146	146	146	0	570

*Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, or dietary fiber.

KIDS: 14 Fluid Ounces with no ice.

	Calories	Total Fat (g)	Total Carbohydrates (g)	Sugars (g)	Added Sugars(g)	Protein (g)	Sodium (mg)
BRISK RASPBERRY ICED TEA	80	0	21	21	21	0	55
CAFFEINE FREE DIET PEPSI	0	0	0	0	0	0	65
CRUSH ORANGE SODA	190	0	51	51	-	0	55
DIET DR PEPPER	0	0	0	0	-	0	85
DIET MTN DEW	5	0	<1	0	0	0	65
DIET PEPSI	0	0	0	0	0	0	65
DR PEPPER	170	0	46	45	-	0	50
MTN DEW	200	0	51	51	51	0	60
MTN DEW CODE RED	200	0	54	54	54	0	60
MTN DEW KICKSTART - BLACK CHERRY	70	0	19	18	17	0	60
MTN DEW KICKSTART - ORANGE CITRUS	60	0	16	15	15	0	65
MUG ROOT BEER	170	0	45	44	44	0	65
PEPSI	180	0	48	48	48	0	35
PEPSI WILD CHERRY	180	0	49	49	49	0	35
PEPSI ZERO SUGAR	0	0	0	0	0	0	75
SIERRA MIST	180	0	47	47	47	0	40
SIERRA MIST ZERO SUGAR	0	0	0	0	0	0	45
SOBE LIFEWATER YUMBERRY POMEGRANATE - 0 CAL	0	0	0	0	0	0	55
STARRY	170	0	45	45	45	0	40
STARRY ZERO SUGAR	5	0	0	0	0	0	45
TROPICANA FRUIT PUNCH	200	0	53	52	0	0	40
TROPICANA LEMONADE	180	0	47	46	46	0	180
TROPICANA PINK LEMONADE	180	0	47	46	46	0	180

*Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, or dietary fiber.

Actual nutrition values may vary based on cup fill level, the type and precise amount of ice used, and fountain equipment performance.

Beverages labeled zero calorie contain a small number of calories (always less than 5) that are rounded to zero per FDA labeling rules. In larger sizes, these calories may round to more than zero.