

TRANSITION TO INDEPENDENCE PROCESS (TIP) MODEL®



www.merakey.org

About the TIP Model®

Merakey is partnering with Behavioral Health Choices of Cambria County (BHoCC) and Magellan Behavioral Health, to provide Blended Case Management (BCM) services specific to transition age youth and young persons through the TIP Model®.

Merakey is a provider trained on the TIP Model® designed to help Cambria County youth and young persons, ages 16 - 26 with serious emotional/behavioral challenges identify and achieve their desired goals. TIP is designed to use the supports within the youth and young person's communities to improve:

- behavioral and physical healthcare needs,
- family functioning/independent living,
- educational and vocational goals,
- socialization, and
- future planning.

Core Beliefs of the Program

- BCM is grounded in the Resiliency Philosophy and Child and Adolescent Service System Program (CASSP) principles
- Youth and young persons are stronger when they are a key participant in identifying and planning for their independence

What is the TIP Model®?

The Transition to Independence Process (TIP) Model® is a youth-driven, strength-based, evidence-supported framework that was developed for working with youth and young persons with emotional/behavioral difficulties (EBD) to improve their real-life outcomes across Transition Domains such as Education, Employment, Career, Housing, and Community Life Functioning.

Specifically, the TIP Model® focuses on:

- Engaging youth and young persons in the planning of their futures
- Providing youth and young persons with developmentally appropriate, non-stigmatizing, culturally competent, and appealing services and supports

- Involving youth, young persons, their families, and other informal key players in a process that prepares and facilitates them in their movement toward greater self-sufficiency and successful achievement of their goals related to their relevant transition domains

The TIP Model® - an Evidence-Based Practice

The TIP Model® is an evidence-supported practice that has demonstrated in numerous studies improved real-life outcomes for youth and young persons with emotional/behavioral difficulties (EBD). The California Evidenced-Based Clearinghouse for Child Welfare (CEBC) classifies The TIP Model® as a Promising Practice based on published research evidence.

Eligibility Requirements

- Cambria County resident
- Have Magellan Behavioral Health
- Be between the ages of 16-26
- Have a diagnosis of a serious and persistent mental illness as defined by meeting the criteria for diagnosis, and a functioning level capable of communicating and participating in planning for the transition to independence.

Hours of Operation

- Office hours are **Monday through Friday, 8:30 AM to 4:00 PM.**
- Services are provided during times determined by the youth, young person and TIP facilitator.
- On-call crisis management is available 24 hours a day, 7 days a week.

For more information, please contact

✉ tip-referrals@merakey.org

📍 358 Industrial Park Road, Ebensburg PA 15931

To make a referral, visit
www.merakey.org/tip-referral

