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French Knot Table Set



Skill Level: Beginner
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Add a touch of handstitched looking embroidery to any project using the built-in French Knot embroidery Designs. The new French Knot designs can be found in the Baby Lock Luna, Ursa and Radiance Upgrade 1. This project showcases adding these to purchased linens, but you could incorporate them in any embroidery project.

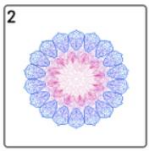
Supplies:

- Baby Lock Luna Sewing and Embroidery machine, Ursa Embroidery Machine or Radiance Sewing and Embroidery machine with Upgrade 1.
- Embroidery Hoop to compliment your design size
- Embroidery Foot
- Stabilizer of Choice-Tear Away Firm BLT 103 or Stick-Tear Stabilizer
- Hydro-Melt Topper (good for use with this type of table runner)
- Purchased Table Linens of choice. This set can be found HERE.

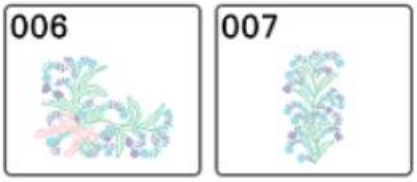
- Madeira 40wt. Rayon Embroidery Thread to match embroidery guide (see photos below).
- Sewing Notions; scissors, pins

Instructions:

Embroidery Design Selection

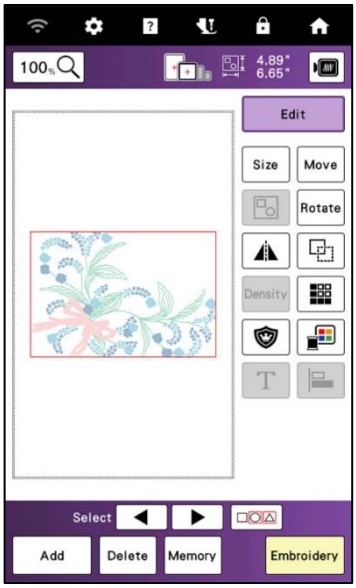
1. Determine where you are wanting to place your designs and mark the table runner and placemats accordingly.
2. For this project, one design was placed in the corner of each of the placemats. On the table runner a combination of the designs was placed in the center and then elements were placed on the table runner ends.
3. From the Main Embroidery Screen, select Category 2. 

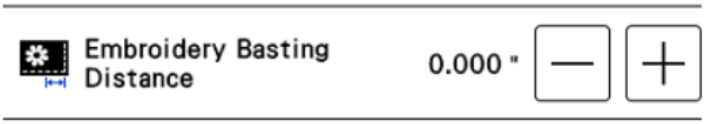
4. Category 1 is where the French Knot Designs can be found. 

5. Designs 5 and 5 were used for this project. 

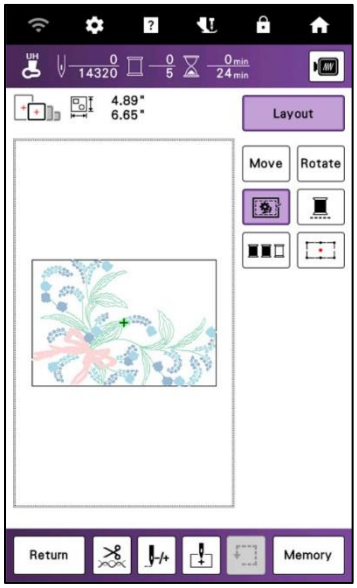
6. For these projects, it is easiest to float the table runner do to the bulky nature of the fibers. If using something smoother, you could hoop that along with stabilizer
7. Both designs fit in the 5” X 7” hoop.
8. For the table runner center, design #7 was duplicated and then connected to make one larger design. This would fit in the 8” X 14” hoop of the Ursa/Luna or one of the larger hoops on the Radiance.
9. For marking your project, since these are corner designs, that may be the best point of reference versus the center middle. Determine a distance you like on your placemat for placement. For example, 1.5” in from the bottom and the side. Mark with a marking pen or pins to note this position. Be consistent on all the placemats and table runner.
10. Hoop a piece of Stick-Tear Stabilizer in the hoop. Score the stabilizer and expose the sticky side. Attach the placemat or table runner.
11. Place the hooped fabric on the machine.

12. Choose the French Knot design of your choice. Touch Set.
13. For these designs, you can resize, but it is limited to the 20% up and 10% down. This is intentional based on the special digitizing for these designs.
14. Make any editing changes you may want on the Edit screen.
15. Touch Embroidery
16. Since floating, adding a basting stitch. This will not only help to secure the linens to the stabilizer it will also hold down Hydro Melt topping.
17. Using a piece of Hydro Melt topping with this type of placemat/table runner will help with keeping the French Knots from sinking into the fibers.
18. NOTE: If adding the basting stitch alerts you to move to a larger hoop, turn off the basting stitch. Then, go into the Settings pages and adjust the basting stitch distance to be 0.00". Then add the basting stitch again and it should retain the design size.





19. On the Embroidery Layout screen, use the Move Keys, Needle Beam or Two-Point Placement (Luna/Ursa) or Camera/Project options (Radiance) to position your design with the positioning markings.
20. Make sure when using your alignment to choose the corner point of placement that corresponds to the markings on your fabric.
21. NOTE: Screen images are from the Baby Lock Luna/Ursa.
22. Thread the machine with the first color and stitch out the design.
23. For the basting stitch. Hold the upper thread as the stitching begins. This will help to secure the basting stitch. Once it catches, you can let go. Also make sure to catch the Hydro Melt topping as you are stitching.
24. Follow the embroidery steps until the design is completed.
25. Once stitching is completed, remove the fabric from the hoop.
26. Remove from the Stick-Tear Stabilizer. Pull away the bulk of the Hydro Melt topping.
27. Apply water to remove the Hydro Melt topping.
28. Once dried, continue stitching the other placemat and table runner designs.





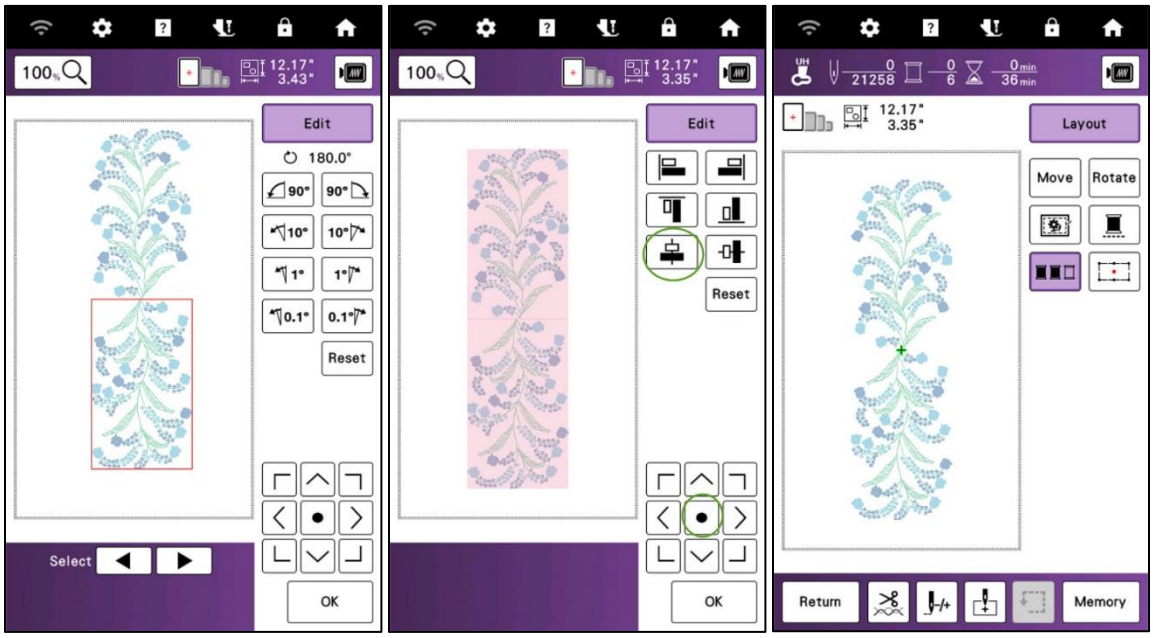
For the combined designs on the center of the table runner you have tools to help you get that easily put together.

1. Select design #7.
2. On the Embroidery Edit screen, choose the duplicate option under the Edit Menu.



3. Then Rotate and Move the design so that it is connected the initial design.
4. Use the Alignment Key  to select both designs, align to the center and the center them to the hoop.
5. Save this new design to Memory.
6. Touch Embroidery.
7. Select Color Sort to limit your color changes. 
8. Add a basting stitch as well if desired.

9. Use the placement method of choice to position the design in the center of the table runner.
10. Stitch out the design following the steps above.



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