

Kris Letang to Serve as Ambassador of the 16th Annual Sainte-Justine Winter Triathlon

Montreal, January 10, 2022 – The CHU Sainte-Justine Foundation is proud to announce that native Montrealer, star Pittsburgh Penguins player and proud father Kristopher Letang will be joining forces with the Winter Triathlon as an event ambassador. He and Milan, this year's patient ambassador, will be encouraging people to sign up for this much-anticipated winter challenge and go the extra mile to raise funds for Sainte-Justine. The virtual event will take place between February 14 and 20, with a theme centring on hockey, the sport that connects Milan and Kristopher. The fundraising goal is \$550,000, which will be used to empower Sainte-Justine to make the most of every opportunity to advance pediatric care, now and in the future.

“As a Quebecer, Sainte-Justine means a lot to me. I've had the opportunity to visit with the young patients there on several occasions, and I've seen their spirit of resilience and the incredible strength their parents show. There's nothing worse than seeing your child suffer. By getting involved with the campaign, I want to show that my heart goes out to these families and to drive home the importance of supporting institutions like Sainte-Justine in helping them cope. I'm doing my part for Sainte-Justine so kids like Milan can get back to what they love,” said Letang.

Game Plan: Get Better

Milan hadn't set foot in Sainte-Justine since the day he came into the world in 2005. He had been perfectly healthy. In fact, he was an elite athlete, a star hockey player. And then one day – March 11, 2021, to be precise – his world, and his whole family's world, came tumbling down. He was diagnosed with severe aplastic anemia, a disease that destroys the stem cells in the bone marrow and stops the body from making red blood cells, white blood cells and platelets. Milan got through the stem cell transplant like a champ: calm, composed and extraordinarily resilient. With the support of his idol, Kristopher Letang, and his team, the Diabolos, Milan is determined to put his experience at Sainte-Justine to good use and motivate participants to do even more to help this very worthy cause.

The Winter Triathlon: A Tradition 16 Years in the Making

The Winter Triathlon is organized by the Sainte-Justine Circle, with support from partners National Bank and Bloomberg. Every year, members of the Montreal business community sign up for the Winter Triathlon to challenge themselves both athletically and philanthropically. This marks the second year in a row that the event will be held in virtual mode. Participants will be asked to choose from one of three different challenges and get their colleagues, friends and family to sponsor them. From their home location, they will take part in the outdoor activity of their choice and put in the required time or distance, depending on the challenge they pick. Plus, as a team, they will also compete for top honours as part of the Pierre Boivin Fundraising Challenge for an extra team-building twist. Registration fees per team are \$2,500.

For complete details about the Sainte-Justine Winter Triathlon, please visit the [event website](#).

Source: CHU Sainte-Justine Foundation

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About the CHU Sainte-Justine Foundation

The CHU Sainte-Justine Foundation's mission is to engage the community and support the CHU Sainte-Justine in its pursuit of excellence and its commitment to providing children and mothers with one of the highest levels of health care in the world, now and in the future. fondationstejustine.org

About CHU Sainte-Justine

Sainte-Justine University Hospital Centre is the largest mother-child hospital in Canada and the second largest pediatric centre in North America. It is a member of Université de Montréal's extended excellence-in-health network (RUIS). SainteJustine has 5,457 employees, including 1,532 nurses and nursing assistants; 1,000 other healthcare professionals; 520 physicians, dentists and pharmacists; 822 residents and over 204 researchers; 411 volunteers; and 4,416 interns and students in a wide range of disciplines. CHU Sainte-Justine has 484 beds, including 67 at the Marie Enfant Rehabilitation Centre (CRME), the only exclusively pediatric rehabilitation centre in Quebec. The World Health Organization has recognized CHU Sainte-Justine as a "health promoting hospital." chusj.org