

RAISING FAITH-FILLED KIDS

a parent page



Focus on Faith

Teach Me to Pray

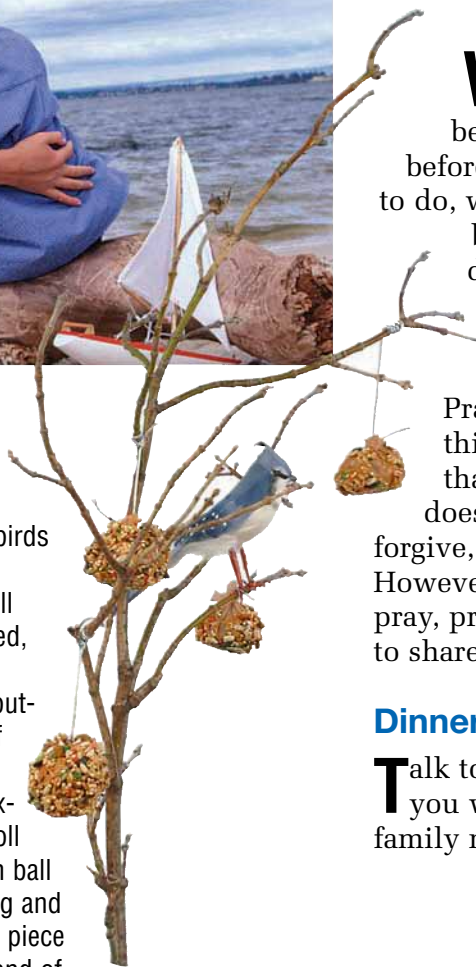
We are all beginners in prayer. No matter how many years we have been praying, we feel like rookies before God. We wonder what to say, what to do, what to say next, and whether we are being heard at all. This is what the disciples must have felt when they approached Jesus and asked him to teach them to pray. Jesus' response was to teach the Lord's Prayer. He would teach us the same thing today. Jesus wants us to know that no one loves us more than God does. God is always ready to listen, to forgive, and to help us forgive others. However we pray or teach our children to pray, prayer means to be open to love and to share that love with others.

Dinnertime Conversation Starter

Talk together about the things each of you would like to ask God for. Ask each family member to pray to God for one thing.

Hints for at Home

Help God take care of the birds of the sky. With your child create birdie treats. You will need peanut butter, birdseed, nylon netting, and twine. Combine a cup of peanut butter with a cup and a half of birdseed to form a thick, dry mixture. Divide the mixture into four pieces and roll each into a ball. Place each ball into a piece of nylon netting and tie the opening with a long piece of twine. Tie the opposite end of the twine to a tree branch and watch God's creatures enjoy your creation!



Focus on Prayer

Your child is learning to pray the Lord's Prayer, or the Our Father. Pray the prayer together often as a family to build memorization. At Mass help your child watch for the special gestures the priest uses during the Our Father. The words to the Lord's Prayer are found at www.FindingGod.org.



www.findinggod.com

Spirituality in Action

As children of God, we are part of one human family. Take your child to visit a nursing home or a homebound member of your community. Explain to your child that showing concern and kindness for others is a way to remain connected to our larger human family.

