

# RAISING FAITH-FILLED KIDS

a parent page



## Focus on Faith

### The Ten Commandments as Our Guide

Nighttime driving in a thunderstorm is frightening. Cloudbursts flood the streets. Keeping the car on the road is the only focus. The driver feels responsible for the passengers, especially the children sleeping in the back. Finally the family arrives home. Everyone hustles into the house, changes into dry clothing, and gathers for a short prayer of thanks to God. The relief the Hebrew people felt when they arrived at Mount Sinai was similar. They had escaped from Egypt and completed a difficult journey. When they stopped to thank God, he asked them whether they wanted to continue their relationship with him. They enthusiastically responded yes. God then gave them the Ten Commandments to guide their relationship with him and with one another.

### Hints for at Home



Create a Ten Family Rules Poster. Children are more likely to follow rules when they believe the rules are reasonable and logical. Have your child take part in making some family rules, and encourage discussion about why he or she

believes those particular rules are important. Then, on a large piece of construction paper or poster board, list your family rules. These should be rules that can be followed easily by the entire family.

### Dinnertime Conversation Starter

Discuss with your child how each day is another step on the journey to God. Talk about how God is always present and how you as a parent will also be present to help or to answer questions. Explain how sound decisions can be made by following the Ten Commandments, and use some familiar situations as examples.

### Spirituality in Action



Good rules are those that are applied with consistency and fairness. Talk with your child about rules that we have in both the world and the home. Encourage discussion about how following rules contributes to peaceful living. Be sure to discuss the consequences of not following rules.

### Focus on Prayer

Your child is learning the Morning Prayer. Mornings present perfect opportunities for your child to think about what types of choices he or she might face throughout the day. Say the Morning Prayer with your child as he or she is waking up, and then remind him or her that each day is a brand-new opportunity for us to do as God wants us to do. Visit [www.FindingGod.org](http://www.FindingGod.org) for words to the prayer.



[www.findinggod.com](http://www.findinggod.com)