

Jesus Our Redeemer

Keep these ideas in mind as you study **Unit 2, Session 8**.

Jesus, God's Son, who became man, was born in Bethlehem. When he was about 30 years old, he was moved by the Holy Spirit to heal people and to preach about the Kingdom of God.

PAGE 31

Jesus' enemies had him put to death on the cross, alongside two criminals. Three days after Jesus' Crucifixion, God raised him from the dead.

PAGE 31

Jesus offered his Death to free us from our sins. This is why we call him our Redeemer. Jesus knew that his act of redemption, or saving grace, was part of God's divine plan.

PAGE 32

Although Jesus was buried after he died, he did not remain in the tomb. He was raised from the dead by God the Father.

PAGE 32

A creed is a statement of faith. The Apostles' Creed contains the central beliefs of the Christian faith and begins with the words, "I believe in God, the Father almighty."

PAGE 33

After God raised him from the dead, Jesus spent 40 days with his disciples, teaching them and sharing meals with them.

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At the end of the 40 days, Jesus was taken up into Heaven. This is known as the Ascension and is described in the Acts of the Apostles.

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Jesus Christ lives in Heaven and, through the Holy Spirit, shares his new life with us. We receive this new life in Baptism.

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