

# Celebrating Lent and Holy Week

Keep these ideas in mind as you study **Unit 4, Session 20**.

The season of Lent begins on Ash Wednesday.  
It ends on Holy Thursday.

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The season of Lent lasts for 40 days.

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We celebrate Holy Week the week  
before Easter.

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Lent is a time to grow closer to God.

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On Ash Wednesday the priest traces the Sign  
of the Cross on our foreheads with ashes.

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We will not hear the Alleluia sung at Mass  
during Lent and Holy Week.

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During Lent we see plain linens and simple  
decorations around our church.

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The priest's vestments are purple during Lent.

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