

The Church Reaches Out

Keep these ideas in mind as you study **Unit 4, Session 18**.

Ignatius went to Manresa, where he moved into a cave and lived a life of asceticism, or self-denial, to develop spiritual discipline. He discovered that God totally accepts, loves, and forgives each of us.

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All religious communities have their own spirit, or charism, which directs how they preach the Gospel message.

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Ignatius of Loyola formed an order known as the Jesuits, or the Society of Jesus, who still work in the world today. Ignatius of Loyola wrote the *Spiritual Exercises*. This spiritual retreat is designed to help people be aware of the presence of God in all things.

PAGE 136

The Fifth Commandment, "You shall not kill," teaches us respect for all life. It reminds us that every person has dignity as a human being.

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The Sixth Commandment teaches us that we should not commit adultery, which is a sin of unfaithfulness. Adultery is an attack on the dignity of marriage, which is a holy union.

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Chastity is having a healthy attitude toward sex and being a sexual person in a responsible way. Chastity for unmarried people means refraining from sexual activity.

PAGES 137 AND 138

Moral laws are based on God's direction to us to do what is right and avoid what is wrong. We can never choose to engage in moral evils, even if good might result.

PAGES 137 AND 289

The Church opposes abortion, the deliberate ending of a pregnancy that results in the death of the unborn child. The Church instructs that we must do everything we can to avoid war and safeguard peace. The Church has long opposed euthanasia, an act with the intent to cause the death of a disabled, sick, or dying person.

PAGES 137, 275, AND 282

The Church teaches us to respect our own bodies and the bodies of others.

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The Ninth Commandment says, "You shalt not covet your neighbor's wife." *Covet* means "to wish for enviously or to greedily want something belonging to another."

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