

Jesus Sends Us Forth with His Spirit

Keep these ideas in mind as you study **Unit 5, Session 22**.

Jesus promised the Apostles that the Father would send an Advocate, the Holy Spirit, in Jesus' name. The Holy Spirit would guide them and remain with the whole Church.

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On Pentecost, the Holy Spirit descended on the disciples, filling them with courage and empowering them to preach. On the first Pentecost, Peter proclaimed the Good News that Jesus was the Messiah.

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In the Sacrament of Confirmation, we receive the seven Gifts of the Holy Spirit. These permanent dispositions within us help us heed the promptings of the Holy Spirit to lead moral lives.

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The Gifts of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

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The "virtuous circle" is the spiritual practice of reflection, which leads to gratitude, which leads to service, which leads back to reflection.

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The Latin root of the word *confirmation* means "to strengthen."

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The Sacraments of Baptism and Confirmation are closely related. Baptism welcomes us into the Church. Confirmation strengthens us to live as full members of the Church.

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In order to receive the Sacrament of Confirmation, you must be in a state of grace, desire to receive the sacrament, profess your belief in the Catholic faith, and be ready to proclaim the Kingdom of God.

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Chrism is the oil that is consecrated by a bishop and placed on the forehead of the baptized person during the Rite of Confirmation. The bishop prays, "Be sealed with the Gift of the Holy Spirit." Confirmation ties us more closely to the Body of Christ.

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After you receive Confirmation, the Church's mission becomes your mission.

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