

# Jesus Gives Us Himself

Keep these ideas in mind as you study **Unit 4, Session 16**.

Saint Teresa Benedicta of the Cross, a convert from Judaism, believed it was her vocation to intercede to God on behalf of all, especially Jewish people. Even though she was a member of the Carmelite Order, her heritage as a Jew put her in danger during World War II. She died for her faith in a concentration camp. **PAGE 119**

Passover was a happy and celebratory occasion at which the Jewish people recalled the liberation of the Israelites from captivity in Egypt. Jesus and his disciples gathered to celebrate Passover in Jerusalem. **PAGE 121**

Jesus gave the bread and wine he shared with the disciples a completely different meaning at the Last Supper. Jesus already knew that Judas Iscariot was plotting to betray him. **PAGE 121**

At the consecration the priest recalls Jesus' words and actions, and the bread and wine become the Body and Blood of Jesus Christ. Christ's presence is most perfectly realized in the Eucharist at the Institution Narrative. **PAGE 121**

The Eucharist is the heart and high point of the life of the Church. We call the unique change of the bread and wine in the Eucharist into the Body and Blood of the risen Jesus Christ transubstantiation. **PAGE 122**

Sunday is the Lord's day, the day of the Resurrection. This is the day of the Christian family and the principal day for celebrating the Eucharist. **PAGE 122**

The Last Supper continues today at the Eucharist when we recall Jesus' life, Death, Resurrection, and Ascension. **PAGE 123**

We want to receive Holy Communion often but must be in a state of grace. Mortal sin damages our relationship with Christ. We need the Sacrament of Reconciliation to restore that relationship before we celebrate the Eucharist again. **PAGE 124**

Although divorced Catholics may receive Holy Communion, if they remarry, they must seek and receive an annulment, which is a finding by a Church tribunal that an essential element for a sacramental marriage was missing. **PAGE 124**

We gather at Mass for the liturgy, which is the work of the people, and go forth to put into practice our works of discipleship. **PAGE 124**

Jesus comes to us in the Holy Eucharist and unites us with himself and to one another as the Mystical Body of Christ. The Mystical Body of Christ is the members of the Church who are formed into a spiritual body and bound together by the life communicated by Jesus Christ through the sacraments. **PAGE 124**

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