

## Faith Summary

Advent is a time to seek Jesus and make room for him in our lives. Jesus is the light that shines in darkness to guide our way to true happiness and peace.

### Ways of Being Like Jesus

Jesus is the light of the world. *Let his light shine through your kindness to others during this season.*



### Prayer

*Jesus, this Advent help me walk in your light. I want to seek you and make you the center of my life.*



## With My Family

**Activity** Suggest that your family make an Advent wreath. Take turns lighting the candles.

**Ready for the Sacraments** Write on slips of paper the names of people you are angry with and hold the papers tightly. Then try passing around a beanbag with closed fists. Talk about how it is very difficult to receive forgiveness if your heart won't let go, open, and forgive.

**Family Prayer** Invite family members to grow during Advent. Each day pray together the prayer on this page.

