

# Celebrating Reconciliation

Keep these ideas in mind as you study **Unit 4, Session 16**.

## PAGE 129

Ignatius of Loyola founded an order of priests and brothers known as the Society of Jesus, whose members are called Jesuits.

## PAGE 129

Ignatius of Loyola was born to a noble family in Spain. As he was recovering from a battle wound he received when he was a soldier, he was moved to become a disciple of Jesus.

## PAGE 132

When we sin, we choose to use our free will to turn away from God. Even when we sin, however, God does not stop loving us.

## PAGE 132

The Holy Spirit moves us to repentance, and we receive the grace to be sorry for our sins. Our sins are forgiven, and we turn our hearts back to God.

## PAGE 133

Before we celebrate the Sacrament of Reconciliation, we make an examination of conscience. This helps us reflect on the choices we have made and how we have hurt our relationship with God and one another.

## PAGE 133

When we celebrate the Sacrament of Reconciliation, we confess our sins, and the priest gives us a penance to perform. To tell God that we are sorry for what we have done, we pray the Act of Contrition or our own prayer of sorrow.

## PAGE 133

Through the Sacrament of Reconciliation, we receive God's healing forgiveness.

## PAGE 134

Jesus uses the parable of the lost sheep to teach us how he loves and cares for us.

## PAGE 136

When we sin, Jesus calls us to return to God the Father because he wants us to experience the fullness of God's grace.

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# The Sacrament of the Eucharist

Keep these ideas in mind as you study **Unit 4, Session 17**.

## PAGE 140

We often celebrate holidays and other important events by sharing a meal with our families. Before we eat, we pray a prayer of blessing over the meal.

## PAGE 141

In the Sacrament of the Eucharist, the bread and wine are consecrated and become the Body and Blood of Jesus Christ. Just as food nourishes us physically, Jesus nourishes us spiritually through the Eucharist.

## PAGE 141

On Sunday, the Lord's Day, the Holy Spirit helps us gather as a community to remember Christ's sacrificial Death and Resurrection by participating fully in the Eucharist. In honor of the Lord's Day, we avoid doing unnecessary work or causing others to do work.

## PAGE 141

At Mass, Christ works through the priest who leads our worship as we thank and praise God for the blessings we receive.

## PAGE 142

The story of Jesus feeding the 5,000 is an example of Jesus' compassion.

## PAGE 144

One of the precepts of the Church is that we attend Mass on Sundays and the holy days of obligation. In the United States, there are six holy days of obligation.

## PAGE 144

Holy days of obligation celebrate important events in the lives of Jesus, Mary, and the saints.

## PAGE 144

On January 1, we celebrate the Solemnity of Mary, the Holy Mother of God. On November 1, we celebrate All Saints Day.

## PAGE 144

On August 15, we celebrate the Assumption of the Blessed Virgin Mary. On December 8, we celebrate the Immaculate Conception of the Blessed Virgin Mary.

# Anointing of the Sick

Keep these ideas in mind as you study **Unit 4, Session 18**.

## PAGE 149

The Sacrament of the Anointing of the Sick helps bring Jesus' strength, peace, courage, and healing to people who are elderly or suffering because of illness. The sacrament also brings forgiveness of sins.

## PAGE 149

Holy Communion received by a person who is dying is called *viaticum*. It prepares a person to enter into eternal life.

## PAGE 149

The oil of the sick, used during the Sacrament of the Anointing of the Sick, has been blessed by the bishop.

## PAGE 150

The Sacrament of the Anointing of the Sick reassures people that they are loved and cared for.

## PAGE 150

In his New Testament letter, James encouraged members of the Church to pray for those who were ill and to anoint them in the name of the Lord.

## PAGE 150

Through the Sacrament of the Anointing of the Sick, the Church continues Jesus' healing mission. Jesus' early followers also continued this work by offering healing and comfort to people who were sick.

## PAGE 152

We can show we care for people who are sick by praying a prayer of intercession for them.

## PAGE 152

Pierre Toussaint, who has received the title *Venerable*, was from Haiti. Despite the risk to his own health, he nursed people who were sick during an epidemic of yellow fever.

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# Sacraments of Service

Keep these ideas in mind as you study **Unit 4, Session 19**.

## PAGE 157

The Sacrament of Matrimony and the Sacrament of Holy Orders call Catholics to holiness. Both sacraments prepare people to serve the community.

## PAGE 157

In the Sacrament of Matrimony, a man and a woman receive the grace to love each other as Christ loves the Church.

## PAGE 157

In the Sacrament of Matrimony, a man and a woman make a solemn agreement to be partners for life, to help each other grow closer to God, and to teach their children how to lead Christian lives.

## PAGE 157

In the Sacrament of Holy Orders, men are ordained as bishops, priests, and deacons.

## PAGE 157

Bishops and priests preach the Gospels, celebrate the Eucharist, and serve as leaders in their dioceses or parishes. Deacons assist priests and bishops in ministry.

## PAGE 158

Jesus told his disciples how important it is to remain close to him when he said, "I am the vine; you are the branches."

## PAGE 158

As members of the Church, we are all called to love one another.

## PAGE 158

To help the sisters in her convent express their faith, Hildegard of Bingen composed songs about God's beauty in creation and about Mary and the saints.

## PAGE 160

God calls all of us to serve the Church by being priestly people and sharing our gifts with others. People respond to this call by remaining single, by joining a religious community, or by celebrating the Sacraments at the Service of Communion.

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# Celebrating Lent and Holy Week

Keep these ideas in mind as you study **Unit 4, Session 20**.

## PAGE 163

During the season of Lent, we pray, read Scripture, give alms, and fast to prepare to celebrate Jesus' Resurrection at Easter.

## PAGE 163

Lent begins on Ash Wednesday, when we are reminded of our need for forgiveness, and ends with the celebration of the Triduum during Holy Week.

## PAGE 163

During Holy Week, we celebrate Palm Sunday, Holy Thursday, Good Friday, and Holy Saturday.

## PAGE 164

God loved the world so much that he gave his only Son so that everyone who believes in him might not perish but might have eternal life.

## PAGE 165

On Palm Sunday, we hear Scripture readings about Jesus' entry into Jerusalem.

## PAGE 165

On Holy Thursday, we hear about Jesus washing the feet of the Apostles at the Lord's Supper. This act is an example of the love and service he asked the disciples to share with others.

## PAGE 165

On Good Friday, we hear the story of Jesus' Passion and venerate the cross.

## PAGE 165

The liturgical color for Lent is violet.

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