

God Creates the World

Keep these ideas in mind as you study **Unit 1, Session 1**.

PAGE 3

Saint Teresa of Ávila believed in the power of prayer and taught others to pray. Her writings about prayer were so important that she was named a Doctor of the Church.

PAGE 6

God wants us to feel joy and wonder and to be reminded of his loving presence whenever we look at his creations.

PAGE 6

God's most amazing creation is the human family. He creates each human with a spiritual nature called a soul.

PAGE 6

God gives us an intellect so that we can understand and free will so that we can make choices.

PAGE 6

We are called to live in the image of Jesus Christ and follow him to God the Father. The Holy Spirit helps us live in a way that will lead us to this goal.

PAGE 7

God creates the world for us. We thank him for this gift by taking care of the resources he has given us.

PAGE 8

A psalm is a sacred song or hymn. The Old Testament contains 150 psalms.

PAGE 9

There are different ways to pray. We can pray aloud or silently. We can pray a specific prayer or a prayer of our own. We can pray alone or with others.

Our Father in Heaven

Keep these ideas in mind as you study **Unit 1, Session 2**.

PAGE 14

God loves us and wants to help us. The good things God does for us reveal his holiness to us.

PAGE 14

Jesus shows us a special way to pray when he teaches us the Lord's Prayer. When we pray this prayer, we enter into a close relationship with God, our loving Father.

PAGE 15

The Kingdom of God is proclaimed in the Gospels and is present in the Person of Jesus. The Church represents the Kingdom of God on earth.

PAGE 16

We learn about Jesus in the Gospels of Matthew, Mark, Luke, and John. The Gospel of John tells us that if we know Jesus, we will also know the Father.

PAGE 16

In the Bible, God is revealed as the Father, who created the world and all humanity; the Son, Jesus, who saves us; and the Holy Spirit, who teaches us the truth.

PAGE 17

We pray the Act of Faith to express our belief and trust in God.

PAGE 18

We use sacred symbols to represent the Theological Virtues. The cross represents faith. An anchor represents hope. A heart represents charity.

PAGE 19

We learn about God's plan for us in the Bible. We help build up the Kingdom of God by choosing to follow God's plan for us.

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God's Plan for Salvation

Keep these ideas in mind as you study **Unit 1, Session 3**.

PAGE 22

In the beginning, God created a man, Adam, and a woman, Eve, and gave them the Garden of Eden to live in.

PAGE 22

God told Adam and Eve to take care of the garden. They could eat the fruit of every tree but one. For a while, Adam and Eve were happy because they lived in obedience, listening to God and each other.

PAGE 22

Adam and Eve were tempted by a serpent. By giving in to temptation, Adam and Eve showed that they did not trust God.

PAGE 23

Adam and Eve turned away from God. As a result, we are born into Original Sin and have a tendency to sin.

PAGE 23

When we give in to temptation, we turn away from God. We harm our relationship with him and with others.

PAGE 23

God did not stop loving Adam and Eve, and he will never stop loving us. He promised that a Savior would come to deliver us from our sins.

PAGE 23

We receive salvation—the forgiveness of sins and the restoration of friendship with God—through Jesus.

PAGE 24

We praise God for being merciful and ask him to mend our broken relationships when we pray the *Kyrie* during the Penitential Act of the Mass.

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We pray the Act of Hope to express our trust in God.

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God Calls Us to Obey

Keep these ideas in mind as you study **Unit 1, Session 4**.

PAGE 30

When we follow the Holy Spirit in true freedom and make the Fruits of the Holy Spirit a part of our lives, we know that our actions are good.

PAGE 30

Saint Paul taught that we can live in true freedom if we listen to and obey the Holy Spirit.

PAGE 30

The Fruits of the Holy Spirit are love, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity.

PAGE 30

The Holy Spirit helps us form a good conscience.

PAGE 31

We make an examination of conscience to see how well we are living up to our commitment to Jesus Christ. We can do this by reflecting on the Ten Commandments, the teachings of the Church, and what God calls us to do every day.

PAGE 31

Making a frequent examination of conscience helps us form a good conscience and make good choices.

PAGE 34

Peter Canisius was a Jesuit priest. He helped Father Couvillon overcome his pride and get along better with others.

PAGE 35

Although we are all tempted to sin, we can follow the Holy Spirit and use free will to make good choices.

Celebrating Ordinary Time

Keep these ideas in mind as you study **Unit 1, Session 5**.

PAGE 37

Ordinary Time is a Church season that we celebrate twice each liturgical year.

PAGES 38 AND 40

During Ordinary Time, we pray as one Church with a shared faith, and we reflect on our call to discipleship. We try to better understand Jesus' invitation to love God the Father, serve others, and avoid sin.

PAGE 38

Virtues are like good habits. We can strengthen them if we practice them.

PAGE 38

The virtue of prudence helps us recognize the good in every situation and make good choices.

PAGE 38

Scripture tells us to live as children of light, for light produces every kind of goodness and righteousness and truth. We seek the light of God's grace to help us grow in virtue and avoid temptation.

PAGE 38

The call to discipleship is received in Baptism, nourished in the Eucharist, strengthened in Confirmation, and practiced in the world.

PAGE 39

When we look around the church during Ordinary Time, we see candles at the altar, which remind us that Christ is present in the celebration of the Eucharist.

PAGE 39

The sanctuary lamp reminds us that Christ is present in a special way in the Blessed Sacrament.

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Depending on the year, Ordinary Time runs either 33 or 34 weeks.

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