**We Worship God**

Keep these ideas in mind as you study **Unit 3, Session 11**.

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<tbody>
<tr>
<td>Saint Ignatius of Loyola was born in Spain to a large Catholic family. He became a soldier but was wounded in battle. After returning home, he read books about Jesus and decided to devote his life to God.</td>
<td>Baptism is the first sacrament we celebrate. During this Rite—a special way of celebrating—water is poured over a person’s head.</td>
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<tbody>
<tr>
<td>Jesus gave us the sacraments. The sacraments are powerful signs that God the Father is with us.</td>
<td>Baptism takes away Original Sin. Original Sin is in the world because Adam and Eve chose not to obey God.</td>
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<tr>
<td>God’s special gift of grace, brought to us by the Holy Spirit in the sacraments, helps us live good lives.</td>
<td>We prepare for the sacraments with a life of prayer, which helps us turn our hearts to God.</td>
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<tr>
<td>The Holy Spirit helps us act as God wants us to act. The good we find in our words and actions is called the Fruits of the Holy Spirit.</td>
<td>Jesus tells us he is the vine, and we cannot grow strong unless we stay close to him.</td>
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# Celebrating Reconciliation

Keep these ideas in mind as you study **Unit 3, Session 12**.

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<tr>
<td>When we are forgiven, we feel healed and our hearts are at rest. The same is true when we forgive others.</td>
<td>We choose to turn away from God when we sin.</td>
<td>Mortal sin is a very serious wrong.</td>
<td>Venial sin is a less serious wrong.</td>
<td>Sin is forgiven when we celebrate the Sacrament of Penance and Reconciliation.</td>
<td>In confession, we confess our sins to a priest and tell God we are sorry.</td>
<td>Zacchaeus was a dishonest tax collector when Jesus told him he wanted to stay at his house.</td>
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<td>Before going into confession, we make an examination of conscience by thinking about the choices we have made.</td>
<td>Zacchaeus told Jesus he would give away half of everything he had. Jesus told him he was saved that day.</td>
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</tbody>
</table>

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The Sacrament of Reconciliation

Keep these ideas in mind as you study Unit 3, Session 13.

PAGE 105
After the Resurrection, the disciples were afraid.

PAGE 105
The risen Jesus appeared to the disciples. He comforted them and gave them the Holy Spirit.

PAGE 106
Our sins are forgiven as the priest extends his hands over us and prays the prayer of absolution.

PAGE 106
A priest keeps absolutely secret the sins confessed to him. This is called the seal of confession.

PAGE 107
After we confess our sins, the priest gives us a penance. This is a prayer we pray or a good deed we do to help us change our lives.

PAGE 107
In the Sacrament of Reconciliation, we are relieved of the burden of our sins. We feel joy in the freedom of forgiveness.

PAGE 108
Jesus forgave the sins of a man who was paralyzed. He healed the man so he could walk.

PAGE 109
When we sin, we ask God and others for forgiveness.

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Mary Shows Us the Way

Keep these ideas in mind as you study Unit 3, Session 14.

PAGE 114
The angel Gabriel told Mary that she would be the mother of Jesus. Soon after that, Mary went to visit her cousin Elizabeth.

PAGE 114
Elizabeth called Mary blessed. Mary told Elizabeth, “My soul proclaims the greatness of the Lord.”

PAGE 115
The words Mary used to praise God became a special prayer, called the Magnificat. This prayer proclaims the greatness of the Lord.

PAGE 116
Mary is the Mother of the Church.

PAGE 116
God gives us the same help, or grace, that he gave Mary.

PAGE 116
Mary prays for us so that we will listen to God.

PAGE 117
Mary had the courage to do what God asked her to do.

PAGE 118
We can follow Mary’s example by praising God as she did.

PAGE 118
We can share God’s love through our actions and words.
Celebrating Christmas

Keep these ideas in mind as you study Unit 3, Session 15.

PAGE 121
The birth of Jesus brought hope and light by reconciling all people to God the Father.

PAGE 121
God the Father gave his Son, Jesus, to the whole world.

PAGE 122
During Christmas, we gather as families to celebrate Jesus in our midst.

PAGE 123
We prepare to receive God’s gift—his Son, Jesus, in the Eucharist.

PAGE 123
A Nativity scene includes Joseph, Mary, and the baby Jesus.

PAGE 124
Christmas is a time for giving. It is also a time to celebrate with our families.

PAGE 124
The mystery of Jesus’ birth is celebrated on the feast of Christmas.

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