Jesus in Our Lives

Keep these ideas in mind as you study Unit 4, Session 16.

**PAGE 129**
Thérèse became a Carmelite sister when she was 15 years old. She dedicated her life to God. She became a saint by doing her best.

**PAGE 129**
Thérèse did little things every day to show her love for God. She called this her “Little Way.”

**PAGE 130**
Thérèse loved flowers. People often call Saint Thérèse the “Little Flower.”

**PAGE 131**
Jesus wants us to love one another as he did. He wants us to care for others.

**PAGE 132**
The Sacraments of Initiation welcome us into the Church. The Sacraments of Initiation are Baptism, Confirmation, and the Eucharist.

**PAGE 132**
There are two Sacraments of Healing. One is the Sacrament of Penance and Reconciliation. The other is the Sacrament of the Anointing of the Sick.

**PAGE 132**
The Sacraments at the Service of Communion help us serve others. These sacraments are Matrimony and Holy Orders.

**PAGE 133**
Priests are men who have received the Sacrament of Holy Orders. Priests serve and guide the Church.

**PAGE 134**
All children are special to Jesus. When his friends turned away the children, Jesus said, “Let the children come to me.”

For more games, activities, and resources related to Finding God, please visit www.findinggod.com.
Joining God’s Family

Keep these ideas in mind as you study Unit 4, Session 17.

- **PAGE 139**
  Jesus wanted others to join his family. He told his friends to teach and baptize others. Through the Sacrament of Baptism, we become part of God’s family.

- **PAGE 140**
  Baptism is a sacrament. It is the first sacrament we celebrate.

- **PAGE 140**
  Through Baptism we become followers of Jesus.

- **PAGE 140**
  At Baptism the Holy Spirit fills us with new life. We are freed from Original Sin. This is the sin that came into the world when Adam and Eve chose not to obey God.

- **PAGE 140**
  When we bless ourselves with the Sign of the Cross, we use the blessed water called holy water.

- **PAGE 141**
  Godparents come to our baptism. They help teach us about God. They help us lead good lives.

- **PAGE 142**
  Peter was one of Jesus’ best friends and part of God’s family. He told people to love God and join God’s family.

- **PAGE 144**
  Every Catholic church has holy water.
## Celebrating Jesus

Keep these ideas in mind as you study Unit 4, Session 18.

<table>
<thead>
<tr>
<th>PAGE 147</th>
<th>PAGE 150</th>
</tr>
</thead>
<tbody>
<tr>
<td>God the Father gives us his Son, Jesus, the true bread from heaven. Jesus is the Bread of Life.</td>
<td>At the end of Mass, the priest tells us to glorify God. We glorify God by doing good.</td>
</tr>
</tbody>
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<thead>
<tr>
<th>PAGE 148</th>
<th>PAGE 150</th>
</tr>
</thead>
<tbody>
<tr>
<td>The night before Jesus died, he shared a meal with his friends. Jesus first blessed the bread. Then he blessed the wine. He shared both of these with his friends.</td>
<td>Whatever we do, we should do it for the glory of God.</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>PAGE 148</th>
<th>PAGE 151</th>
</tr>
</thead>
<tbody>
<tr>
<td>The meal Jesus shared with his friends is called the Last Supper. At the Last Supper, Jesus gave his Body and Blood to us.</td>
<td>We pray before and after we eat. These prayers thank God for all he has given us.</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>PAGE 149</th>
<th>PAGE 152</th>
</tr>
</thead>
<tbody>
<tr>
<td>We share a meal with Jesus too. At Mass we celebrate the Sacrament of the Eucharist. We also call it Holy Communion.</td>
<td>Consecrated bread and wine are the Blessed Sacrament. Jesus is present in the Blessed Sacrament.</td>
</tr>
</tbody>
</table>

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<tr>
<th>PAGE 149</th>
<th>PAGE 152</th>
</tr>
</thead>
<tbody>
<tr>
<td>During the consecration at Mass, the priest blesses the bread and wine. The consecrated bread and wine are now Jesus’ Body and Blood.</td>
<td>After Communion, the Blessed Sacrament is put in the tabernacle. We genuflect or bow in front of the tabernacle to show respect for Jesus.</td>
</tr>
</tbody>
</table>
# Listening to Our Father

Keep these ideas in mind as you study **Unit 4, Session 19**.

## PAGE 155
Jesus teaches us how to pray. We talk to God. We praise him and thank him for loving us. We ask him to help us. We trust in God.

## PAGE 157
In the Sacrament of Baptism, the Holy Spirit gives us grace. In the Sacrament of Confirmation, the Holy Spirit gives us more grace.

## PAGE 156
Elijah loved God. He wanted to be alone with God.

## PAGE 158
When we pray, we can use words. We can also sing songs or dance. We can use gestures too. Gestures are movements we use when we pray.

## PAGE 156
Elijah heard a great wind. He heard a loud earthquake. He heard the hiss of a fire. But he could not hear God.

## PAGE 159
We need to be very still and very quiet to hear God.

## PAGE 156
When Elijah was very still, he heard a whisper. It was God talking to him.

## PAGE 160
God is always with us. He is everywhere.

## PAGE 157
God’s grace helps us hear him. The Holy Spirit gives us God’s grace in the sacraments.

## PAGE 161
We can always pray to God. We can tell him anything.
Celebrating Lent and Holy Week

Keep these ideas in mind as you study Unit 4, Session 20.

PAGE 163
The season of Lent lasts for 40 days. We prepare our hearts during that time. We pray to God.

PAGE 164
Lent is a time to grow closer to God before we celebrate at Easter.

PAGE 164
Lent begins on Ash Wednesday. On Ash Wednesday, a priest, deacon, or lay minister makes the Sign of the Cross in ashes on our forehead.

PAGE 165
During Lent, we see plain linens and simple decorations in church. We do not see flowers around the altar.

PAGE 165
The priest’s vestments are a violet color during Lent.

PAGE 165
Lent reminds us to live as Jesus did. When we pray, care for others, and share God’s message with others, we grow closer to God.

PAGE 166
The Alleluia is a joyful song of praise to God. During Lent and Holy Week, we do not sing the Alleluia.