

Jesus in Our Lives

Keep these ideas in mind as you study **Unit 4, Session 16**.

PAGE 129

Thérèse became a Carmelite sister when she was 15 years old. She dedicated her life to God. She became a saint by doing her best.

PAGE 129

Thérèse did little things every day to show her love for God. She called this her "Little Way."

PAGE 130

Thérèse loved flowers. People often call Saint Thérèse the "Little Flower."

PAGE 131

Jesus wants us to love one another as he did. He wants us to care for others.

PAGE 132

Jesus gives us signs of his love. We call these signs *sacraments*. Sacraments help us live the way God wants us to live.

PAGE 132

The Sacraments of Initiation welcome us into the Church. The Sacraments of Initiation are Baptism, Confirmation, and the Eucharist.

PAGE 132

There are two Sacraments of Healing. One is the Sacrament of Penance and Reconciliation. The other is the Sacrament of the Anointing of the Sick.

PAGE 132

The Sacraments at the Service of Communion help us serve others. These sacraments are Matrimony and Holy Orders.

PAGE 133

Priests are men who have received the Sacrament of Holy Orders. Priests serve and guide the Church.

PAGE 134

All children are special to Jesus. When his friends turned away the children, Jesus said, "Let the children come to me."

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Joining God's Family

Keep these ideas in mind as you study **Unit 4, Session 17**.

PAGE 139

Jesus wanted others to join his family. He told his friends to teach and baptize others. Through the Sacrament of Baptism, we become part of God's family.

PAGE 140

Baptism is a sacrament. It is the first sacrament we celebrate.

PAGE 140

Through Baptism we become followers of Jesus.

PAGE 140

At Baptism the Holy Spirit fills us with new life. We are freed from Original Sin. This is the sin that came into the world when Adam and Eve chose not to obey God.

PAGE 140

When we bless ourselves with the Sign of the Cross, we use the blessed water called *holy water*.

PAGE 144

Every Catholic church has holy water.

PAGE 141

Godparents come to our baptism. They help teach us about God. They help us lead good lives.

PAGE 142

Peter was one of Jesus' best friends and part of God's family. He told people to love God and join God's family.

Celebrating Jesus

Keep these ideas in mind as you study **Unit 4, Session 18**.

PAGE 147

God the Father gives us his Son, Jesus, the true bread from heaven. Jesus is the Bread of Life.

PAGE 148

The night before Jesus died, he shared a meal with his friends. Jesus first blessed the bread. Then he blessed the wine. He shared both of these with his friends.

PAGE 148

The meal Jesus shared with his friends is called the *Last Supper*. At the Last Supper, Jesus gave his Body and Blood to us.

PAGE 149

We share a meal with Jesus too. At Mass we celebrate the Sacrament of the Eucharist. We also call it *Holy Communion*.

PAGE 149

During the consecration at Mass, the priest blesses the bread and wine. The consecrated bread and wine are now Jesus' Body and Blood.

PAGE 150

At the end of Mass, the priest tells us to glorify God. We glorify God by doing good.

PAGE 150

Whatever we do, we should do it for the glory of God.

PAGE 151

We pray before and after we eat. These prayers thank God for all he has given us.

PAGE 152

Consecrated bread and wine are the Blessed Sacrament. Jesus is present in the Blessed Sacrament.

PAGE 152

After Communion, the Blessed Sacrament is put in the tabernacle. We genuflect or bow in front of the tabernacle to show respect for Jesus.

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Listening to Our Father

Keep these ideas in mind as you study **Unit 4, Session 19**.

PAGE 155

Jesus teaches us how to pray. We talk to God. We praise him and thank him for loving us. We ask him to help us. We trust in God.

PAGE 156

Elijah loved God. He wanted to be alone with God.

PAGE 156

Elijah heard a great wind. He heard a loud earthquake. He heard the hiss of a fire. But he could not hear God.

PAGE 156

When Elijah was very still, he heard a whisper. It was God talking to him.

PAGE 157

God's grace helps us hear him. The Holy Spirit gives us God's grace in the sacraments.

PAGE 157

In the Sacrament of Baptism, the Holy Spirit gives us grace. In the Sacrament of Confirmation, the Holy Spirit gives us more grace.

PAGE 158

When we pray, we can use words. We can also sing songs or dance. We can use gestures too. Gestures are movements we use when we pray.

PAGE 159

We need to be very still and very quiet to hear God.

PAGE 160

God is always with us. He is everywhere.

PAGE 161

We can always pray to God. We can tell him anything.

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Celebrating Lent and Holy Week

Keep these ideas in mind as you study **Unit 4, Session 20**.

PAGE 163

The season of Lent lasts for 40 days. We prepare our hearts during that time. We pray to God.

PAGE 164

Lent is a time to grow closer to God before we celebrate at Easter.

PAGE 164

Lent begins on Ash Wednesday. On Ash Wednesday, a priest, deacon, or lay minister makes the Sign of the Cross in ashes on our forehead.

PAGE 164

The last week of Lent is Holy Week. We recall Jesus' suffering, Death, and Resurrection during Holy Week. We pray for others during Holy Week.

PAGE 165

The *Alleluia* is a joyful song of praise to God. During Lent and Holy Week, we do not sing the *Alleluia*.

PAGE 165

During Lent, we see plain linens and simple decorations in church. We do not see flowers around the altar.

PAGE 165

The priest's vestments are a violet color during Lent.

PAGE 166

Lent reminds us to live as Jesus did. When we pray, care for others, and share God's message with others, we grow closer to God.