

Multimedia for each lesson are accessed by scanning the QR code on the Children's Book page. If you don't have access to a QR code digital device, contact your child's catechist for assistance.

# Morality, Our Lived Faith

## Begin

- ▶ Ask: *Who are people who help you?* (parents, families, teachers, friends, neighbors) Say: *We are blessed to have people who help us. But we can also help others.* Read aloud the unit title on page 170. Say: *In this unit, we will learn how to put our faith into practice and live as disciples of Jesus.*

## Introduce the Saint

- ▶ Focus your child's attention on the picture of Saint Martin of Tours on page 170. Say: *Saint Martin of Tours was a loving, caring man who reached out to help others.*
- ▶ Turn to page 171. Read aloud the title and the first paragraph. Say: *Martin saw that the man was freezing and needed help. He reached out to help the man, even though it meant he would have to give up something. Jesus teaches us to help people in need.* Ask: *Why do you think Martin saw Jesus wearing half of his cloak in his dream?* (Jesus told us that anything we do for others, we do for him.)
- ▶ Have your child read aloud the second paragraph. Ask: *How was Saint Martin like Jesus?* (He helped many people.) Say: *When we help others, no matter who they are or where they live, we are being like Jesus too.*
- ▶ Read aloud the Be Inspired feature. Say: *Saint Martin was always speaking about Jesus' love for us and living as Jesus did.*
- ▶ With your child, add Martin's feast day, November 11, to your calendar. Plan an event together to celebrate the generosity of Saint Martin of Tours.

(Continued on the next page)

**Unit Opener: Page 172**

- ▶ Ask your child to tell about a time someone shared with him or her. Ask what he or she thought about this act of kindness. Say: *When someone is kind to us, we experience the love of Jesus. The Lord reminds us to pass on kind acts to others.*
- ▶ Say: *Martin's dream reminds us that Jesus is near to those who are poor and in need.*
- ▶ Read aloud the paragraphs on page 172. Say: *Jesus' love grows in us every time we are kind or receive kindness. We feel joy, and we pass on this joy. The more we share, the more of God's love we receive.* Invite your child to complete the activity.
- ▶ Have your child read aloud the Reading God's Word feature. Say: *We sometimes want to keep things for ourselves. You can ask Jesus to help you share. When we share cheerfully, we are being like Jesus.*

(Continued on the next page)

## Being Like Jesus

### Engage: Page 173

- ▶ Write the word *MERCY* on a sheet of paper. Together think of a way to show mercy to others. Each way should start with a letter from the word *mercy*. Say: ***God is merciful to us, and he wants us to show mercy to others. We should follow the example of Jesus, who was merciful to everyone.***
- ▶ Invite your child to quiet himself or herself and prepare to hear Sacred Scripture.
- ▶ Read aloud Isaiah 58:10–11. Then say: ***The Word of the Lord.*** Invite your child to respond *Thanks be to God.*
- ▶ Read aloud the paragraphs on page 173. Ask: ***Who is someone you know who is especially kind? How does he or she shine with God’s love?*** (Answers will vary.) Say: ***God’s love is like a gift that keeps on giving. When we show love to others, it gets bigger and stronger!***
- ▶ Say: ***Let’s ask Jesus to help us be merciful by being kind, forgiving, and helpful.*** Pray aloud the prayer. Conclude by praying together *Amen.*

### Explore: Pages 174–175

- ▶ Ask: ***What is a parable?*** (one of Jesus’ stories that teaches what God the Father wants for the world) Say: ***Jesus told about the Good Samaritan to teach us how to treat our neighbor.***
- ▶ Read aloud The Good Samaritan on pages 174 and 175. Ask: ***Why were the people listening to Jesus’ story surprised?*** (Samaritans and Jews didn’t talk to one another.) Say: ***The Samaritan helped the Jewish man even though the Jewish people and the Samaritans were not friends. We are to act like the Good Samaritan and help others in need.***
- ▶ Read aloud the Ready for the Sacraments feature. Ask: ***What do you think it means to be human?*** Say: ***Receiving the Eucharist is an important way we grow to be more like Jesus.***

### Art Exploration: Page 176

- ▶ Find in a book or online an image that shows the words of the Beatitudes. Ask: ***What do you see in this picture?*** Say: ***Jesus gives us a plan for true happiness in the Beatitudes.***
- ▶ Have your child turn to page 176. Read aloud the introduction and discuss the question.
- ▶ Have your child read aloud Reaching Out to Others. Have your child look up the word *Beatitudes* in the Glossary. Read aloud and discuss the definition. Ask: ***What do the Beatitudes help us do?*** (live more like Jesus) Ask: ***What can you do when you hear unkind words or see unkind actions?*** (walk away, change the channel or the video, ask the person to stop) Read aloud the Scripture passage together.

- ▶ Read aloud Blessed Are the Kind. Allow time for your child to complete the activity.
- ▶ Read aloud the Link to Liturgy feature. Say: *Listen for these words the next time you attend Mass. Join in the response.*
- ▶ Have your child write the kindness beatitude on paper using different colors of markers. Invite your child to draw a picture showing how he or she would live this beatitude by showing kindness to others.

### Reflect: Pages 177–178

- ▶ Together look at page 177. Say: *Jesus loves spending time with you.*
- ▶ Read aloud the title and paragraph. Say: *Jesus lived a life of love and concern for others. He wants us to live like he did.*
- ▶ Say: *Let's think about how we are merciful to others while we spend some quiet time with Jesus.* Pray aloud the imaginative prayer slowly and reverently. Provide a moment of silence for your child to talk to God in his or her heart. Conclude by praying together the Sign of the Cross.
- ▶ Have your child read aloud Act Like Jesus on page 178. Say: *We must do our best to show love and mercy toward others.* Read aloud the activity directions and have your child complete it. Then discuss the pictures.

### Respond: Pages 179–180

- ▶ Ask your child to read aloud the Faith Summary. Review the Word I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can be a Good Samaritan every day. Say: *When we show mercy to others, we are being like Jesus.* Then invite your child to complete the activity.
- ▶ Invite your child to pray silently as you pray aloud the prayer. Say: *Take a moment to thank Jesus for remembering and loving all people.* Conclude by praying the Sign of the Cross.
- ▶ Read aloud With My Family on page 180. Together as a family, complete the page and do the activity. Pray the family prayer. Say: *Be like the Good Samaritan. Look for ways you can reach out and help others. When we do kind acts, we are being like Jesus.*

## We Share God's Life

### Engage: Page 181

- ▶ Say: *When we follow Jesus and listen to his words, we make good choices and share in God's life.*
- ▶ Look at events to come in the next week and talk about good choices that your child can choose to make.
- ▶ Invite your child to quiet himself or herself and prepare to hear Sacred Scripture.
- ▶ Read aloud Colossians 3:12–17. Then say: ***The Word of the Lord.*** Invite your child to respond *Thanks be to God.*
- ▶ Ask a series of quick either/or questions, such as *Books or movies? Chocolate or vanilla? Ice cream or frozen yogurt?* Say: ***We have many choices in life. Jesus wants us to make good choices that will bring us closer to God our Father.*** Read aloud the paragraphs on page 181. Ask: ***Why does Jesus want us to choose peace and love?*** (That is how Jesus responds to us. Living like Jesus brings us closer to him.)
- ▶ Say: ***Let's ask Jesus to help us choose love.*** Pray aloud the prayer. Conclude by praying together *Amen.*

### Explore: Pages 182–183

- ▶ If possible, display photos of some of the trusted adults in your child's life. Ask: ***How can these people help you make good choices?***
- ▶ Have your child read aloud Guided by God's Gifts. Have your child look up the term *moral choice* in the Glossary. Read aloud and discuss the definition. Say: ***A good moral choice is choosing to do the right thing because it's what God wants us to do.*** Ask: ***Who helps us make moral choices?*** (parents, grandparents, teachers, priests)
- ▶ Guide your child to look up the word *conscience* in the Glossary. Read aloud and discuss the definition. Then read aloud Steps for Making Good Choices on page 183. Present a common situation that your child might face and lead him or her through each step. Say: ***The next time you are faced with making a moral choice, ask the Holy Spirit for help as you answer these three questions.***
- ▶ Read aloud the Ready for the Sacraments feature. Say: ***The Church is joined as one body through the Eucharist. We are all members of the Body of Christ.***

(Continued on the next page)

### Art Exploration: Page 184

- ▶ Find in a book or online a picture of Moses receiving the Ten Commandments from God. Ask: *What do you see in this picture?* Encourage your child to describe the picture in detail, including the Bible story that is shown in the artwork. Say: *We show love for God and others when we follow the commandments.*
- ▶ Have your child turn to page 184. Read aloud the introduction and discuss the question.
- ▶ Read aloud page 184. Ask: *Why does God give everyone a choice to follow or not to follow his laws?* (God gives us the gift of freedom to make choices.) Say: *This ability to make our own choices is called free will.* Read aloud Choose God. Have your child complete the activity and discuss the responses.
- ▶ Read aloud the Reading God's Word feature. Say: *Being like Jesus, we are choosing life with God.*
- ▶ Have your child make a friendship bracelet. Help him or her to string a yellow, blue, green, and red bead on yarn and knot the ends. Say: *Yellow represents Jesus as "the way." Blue is for "the truth." Green is for "the life." Red is for the love of Jesus.* Invite your child to share the bracelet with someone.

### Reflect: Pages 185–186

- ▶ Together look at page 185. Say: *The Holy Spirit is always with us, giving us strength and guidance.* Slowly read aloud the title and the paragraph. Then pray aloud the reflection slowly and reverently, pausing where appropriate. Conclude by praying together the Sign of the Cross.
- ▶ Read aloud Choose to Be Like Jesus on page 186. Say: *Jesus always prayed before making decisions.* Have your child complete the activity. Discuss his or her responses.

### Respond: Pages 187–188

- ▶ Ask your child to read aloud the Faith Summary. Review the Words I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways to ask the Holy Spirit to help him or her make good choices today. Invite your child to complete the activity.
- ▶ Pray aloud the prayer as your child follows along. Then pray the Sign of the Cross together.
- ▶ Read aloud With My Family on page 188. Together as a family, complete the page and do the activity. Pray the family prayer. Say: *Ask God and someone you trust to help and guide you to make good choices.*

## Following Jesus

### Engage: Page 189

- ▶ Together with your child, make a list of kind acts you can do for family members this week to put smiles on their faces. Say: *Jesus is our role model when it comes to being kind to others. He can help us treat others as he would.*
- ▶ Invite your child to quiet himself or herself and prepare to hear Sacred Scripture.
- ▶ Read aloud Matthew 25:35–40. Then say: *The Gospel of the Lord.* Invite your child to respond *Praise to you, Lord Jesus Christ.*
- ▶ Read aloud the paragraphs on page 189. Say: *Jesus is close to people in need. What happens when we help someone in need?* (We grow closer to Jesus.)
- ▶ Pray aloud the prayer. Conclude by praying together *Amen.*

### Explore: Pages 190–191

- ▶ Ask: *What is your favorite subject in school? Why?* Say: *It's fun to study and learn new things. The more we study and practice, the better we become at what we do.*
- ▶ Read aloud page 190. Guide your child to look up the terms *Old Testament*, *New Testament*, and *Great Commandment* in the Glossary. Read aloud and discuss the definitions. Together find the Old Testament and the New Testament in a Bible.
- ▶ Read aloud the Reading God's Word feature. Say: *To follow the Great Commandment is to love God, to love ourselves, and to love our neighbor as much as we love ourselves.*
- ▶ Have your child read aloud page 191. Say: *Jesus taught people the Beatitudes. The Beatitudes give us a plan for how to live as followers of Jesus.*
- ▶ Read aloud the Ready for the Sacraments feature. Discuss the importance of Jesus' love.

### Art Exploration: Page 192

- ▶ Find in a magazine, a book, or online a picture of children playing together.
- ▶ Say: *What do you see in this picture?* Encourage your child to describe the picture in detail, including the setting and the actions of the children. Say: *We can be like Jesus by loving our neighbors.* Have your child turn to page 192. Read aloud the introduction and discuss the question.
- ▶ Read aloud Love Your Neighbor. Ask: *What are some ways we can love our neighbor as we love ourselves?* (show care, friendliness, encouragement, and understanding toward others)
- ▶ Read aloud the activity directions. Allow time for your child to write words he or she says and deeds he or she does to show love.
- ▶ Invite your child to make a special "out of season" valentine for someone. Tell your child to write a message of love or friendship. Have him or her send or hand deliver the valentine to this person.



**Reflect: Pages 193–194**

- ▶ Together look at page 193. Ask: *What do you think the boy in the picture is thinking about?* Say: *We can always rely on Jesus to be present, to strengthen us, and to guide us in every decision we make.*
- ▶ Read aloud the title and the paragraph. Say: *We have learned about the Great Commandment and the Beatitudes, the wonderful message Jesus gave us for living in peace and goodness. Now let's think about how we can practice them in our lives, especially when we have to make difficult choices.*
- ▶ Pray aloud the imaginative prayer slowly and reverently. Provide a moment of silence for your child to talk to God in his or her heart. Then invite your child to join you in praying the Sign of the Cross.
- ▶ Say: *Jesus taught that true happiness isn't found in getting what we want, but in being kind and fair to others and working for peace. This is the happiness that lasts.* Read aloud the title and sentence on page 194. Have your child complete the activity. Invite your child to share which Beatitude is followed in each example.
- ▶ Read aloud the Meet a Saint feature. Say: *Saint Elizabeth Ann Seton found time to reach out to others. She was a special person who put Jesus' teaching into practice.*

**Respond: Pages 195–196**

- ▶ Ask your child to read aloud the Faith Summary. Review the Words I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways to make peace with someone he or she has hurt. Then invite your child to complete the activity.
- ▶ Pray aloud the prayer as your child follows along. Then pray the Sign of the Cross together.
- ▶ Read aloud With My Family on page 196. Together as a family, complete the page and do the activity. Pray the family prayer. Say: *Remember to show your love for God by loving others. Jesus teaches us how to do this by giving us the Beatitudes and the Great Commandment. These teachings help us live as Jesus' followers and be close to him.*



## Making Choices

### Engage: Page 197

- ▶ Ask: *What does it mean to show respect?* (to be polite, to be kind, to be considerate, to be careful with others' belongings) *What things do we share at home?* (food, bathroom, tablet) *How do you show respect for these things and the other people who use them?* (clean up after myself, take turns)
- ▶ Invite your child to quiet himself or herself and prepare to hear Sacred Scripture.
- ▶ Read Philippians 4:4–9. Then say: *The Word of the Lord.* Invite your child to respond *Thanks be to God.*
- ▶ Read aloud the paragraphs on page 197. Ask: *How does Jesus want us to think differently?* (to not worry, to be filled with peace and joy)
- ▶ Say: *Jesus treated everyone with respect. Let's ask him to help us always respect others.* Pray the prayer aloud together. Conclude by praying together *Amen.*

### Explore: Pages 198–199

- ▶ Ask: *What is a leader?* (someone who is in charge of a group or task) *What does a good leader do?* (Accept reasonable answers.) Say: *Jesus chose Peter to be the leader of the Church.*
- ▶ Read aloud A Community of Believers. Say: *Peter encouraged Christians to act as Jesus would. He wanted them to live in peace.*
- ▶ Read aloud the Reading God's Word feature Say: *This is part of a letter written by Saint Paul to the Romans. He wants them to be kind to others and to build up others instead of bringing them down.* Ask: *What actions can you take to be a peacemaker? How can you build up others?* (show respect for everyone, stop ourselves from saying unkind things about people, reach out to others in peace)
- ▶ Have your child read aloud Live in Kindness on page 199. Guide your child to look up the word *peacemaker* in the Glossary. Read aloud and discuss the definition. Ask: *How are the people on this page being peacemakers?* Say: *God is kind and forgiving. When we sin, he always forgives us.*
- ▶ Read aloud the Ready for the Sacraments feature. Ask: *How can we help those in need?* Say: *Remember that an important way to help others is to pray for them.*

### Art Exploration: Page 200

- ▶ Find in a magazine, a book, or online a picture of a mother teaching her child to walk. Ask: *What do you see in this picture?* Encourage your child to describe the picture in detail, including how the mother is helping her child. Say: *God wants us to respect our families.*
- ▶ Have your child turn to page 200. Read aloud the introduction and discuss the question. Then read aloud Respect Others. Ask: *What can you do to make peace at home?* (show respect, don't argue, use good manners)
- ▶ Read aloud Keeping the Peace and have your child complete the activity. Have him or her read aloud the completed sentences.
- ▶ Read aloud the Link to Liturgy feature. Guide your child to look up the term *Sign of Peace* in the Glossary. Read aloud and discuss the definition. Demonstrate the Sign of Peace with your child. Say: *When we share the Sign of Peace at Mass, we are saying that we respect one another as brothers and sisters in Christ.*
- ▶ Have your child make a collage that represents your family. Tell your child to cut out pictures and words from magazines and other media that remind him or her of each person's qualities. Have him or her group together pictures and words that refer to a certain family member. Display the artwork in your home.

### Reflect: Pages 201–202

- ▶ Together look at page 201. Say: *Let's spend some time thinking about how close we have grown to Jesus.*
- ▶ Read aloud the title and the paragraph. Then pray aloud the imaginative prayer slowly and reverently. Pause for your child to talk to God in his or her heart. Then invite him or her to join you in praying the Sign of the Cross.
- ▶ Have your child read aloud Respect Others on page 202. Discuss the question. Then have your child complete the activity and discuss the answers with you.

### Respond: Pages 203–204

- ▶ Ask your child to read aloud the Faith Summary. Review the Words I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways to show respect in his or her words and deeds. Then invite your child to complete the activity.
- ▶ Pray aloud the prayer as your child follows along. Then pray the Sign of the Cross together.
- ▶ Read aloud With My Family on page 204. Together as a family, complete the page and do the activity. Pray the family prayer. Say: *At Mass, the priest says to us, "The peace of the Lord be with you always." This means we carry God's peace with us all the time and share it with others. Remember to act in peaceful and respectful ways.*

## Celebrating Easter

### Engage: Page 205

- ▶ Sing a simple *Alleluia* together. Ask: ***What other joyful symbols do we see around us at Easter?*** (colorful eggs, lilies, Easter baskets) Say: ***Easter is the time of year when we rejoice that Jesus is risen!*** Together find Easter on a calendar. Invite your child to count 50 days from Easter Sunday to Pentecost Sunday.
- ▶ Invite your child to quiet himself or herself and prepare to hear Sacred Scripture.
- ▶ Read aloud John 6:66–69. Then say: ***The Gospel of the Lord.*** Invite your child to respond *Praise to you, Lord Jesus Christ.*
- ▶ Read aloud the paragraphs on page 205. Say: ***During Easter, we celebrate the promise of eternal life—living forever with God in heaven.***
- ▶ Pray aloud the prayer with joy and enthusiasm. Conclude by praying together *Amen.*

### Explore: Page 206

- ▶ Ask: ***What is the most joyful time you remember? What made this occasion so joyous?*** (being with family and friends, going to a special place, having fun)
- ▶ Have your child read aloud *We Reflect During Easter*. Guide your child to look up the term *eternal life* in the Glossary. Read aloud and discuss the definition. Say: ***The gift of eternal life gives us hope and faith to know that when we die, we will live with Jesus forever.***
- ▶ Invite your child to complete the activity and share it with you.
- ▶ Read aloud the Reading God's Word feature. Say: ***It is hard when someone we love dies. We miss that person very much. You can feel comforted knowing that everyone we love is loved by God the Father. He welcomes those who have passed away to live with him forever. Knowing that our loved ones are with God in heaven helps us when we miss them.***

(Continued on the next page)

**Reflect: Page 207**

- ▶ Discuss how the joy of Easter is a small taste of the joy of heaven. Say: *When we go to Mass during the Easter season, we sing joyful songs to express our joy that Jesus is risen from the dead.*
- ▶ Read aloud Mass During Easter. Compare a Sunday Mass to Easter Sunday. Ask your child to tell what he or she sees and hears at each Mass. Then have your child read aloud What We Experience. Say: *The color white reminds us of Jesus' new life. When we are baptized, we wear a white garment to symbolize our new life.* Have your child complete the activity.
- ▶ Read aloud the Ready for the Sacraments feature. Ask: *How does Jesus come close to us? (in the sacraments)* Say: *Remember that the sacraments are about love, belonging, forgiveness, and friendship—all special things that help us be the people Jesus wants us to be.*

**Art Exploration: Page 208**

- ▶ Find in a magazine, a book, or online a picture that shows a bouquet of lilies.
- ▶ Ask: *What do you see in this picture?* Encourage your child to describe the picture in detail, including what the lilies symbolize. Say: *White lilies in church at Easter remind us of the risen Jesus.*
- ▶ Have your child turn to page 208. Read aloud the introduction and discuss the questions. Have your child read aloud We Celebrate Easter. Ask: *Why do you think spring is the perfect season to celebrate Easter?* (There is new life in nature just as Jesus rose to new life.)
- ▶ Read aloud the activity directions and allow time for your child to write a prayer. Then pray it together.
- ▶ Invite your child to think about what happened on the first Easter morning. Say: *Imagine coming face-to-face with the risen Jesus. What do you say to Jesus? What does Jesus say to you?* Invite your child to spend a few moments speaking heart-to-heart with the risen Jesus Christ. Close by singing together a simple *Alleluia*.

**Respond: Pages 209–210**

- ▶ Ask your child to read aloud the Faith Summary. Review the Word I Learned in this session. Read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways to spread joy to those he or she meets today. Then invite your child to complete the activity.
- ▶ Pray aloud the prayer as your child follows along. Then pray the Sign of the Cross together.
- ▶ Read aloud With My Family on page 210. Together as a family, complete the page and do the activity. Pray the family prayer. Say: *We are filled with joy because Jesus died and rose to give us eternal life. Remember to keep spreading Easter joy to those around you.*