Jesus, Our Lord and Savior

Unit Opener: Pages 44–45

▲ Say: Let's review what we've learned so far. God loves us very much, and he gave us our wonderful world. Ask: What are you thankful for? Share what you are thankful for with your child.

▲ Read aloud the unit title on page 44. Say: Our new unit will help us understand how much God the Father and his Son, Jesus, care for us.

▲ Focus your child’s attention on pages 44–45. Read aloud the saint’s name and discuss the picture. Ask: Who do you think the man in the picture is? (Saint Joseph) Read aloud the paragraphs. Ask: What is a carpenter? (a person who builds with wood) What message did God send Joseph? (to marry Mary and name the baby Jesus because he would save the people) Say: God the Father asked Joseph to be Jesus’ foster father here on earth. A foster parent cares for a child for a period of time. Joseph loved God so he did what God asked. Joseph became the caring and protective foster father of Jesus.

▲ Read aloud the Be Inspired feature. Ask: Why do you think Joseph might have been afraid? (Accept reasonable answers.)

▲ With your child, add Joseph’s feast days, March 19 and May 1, to your calendar. Plan events together to honor Saint Joseph.
Unit Opener: Page 46

▶ Ask your child to think about a time when you asked him or her to do something. Then ask: **Why is it important to obey your parents?** (You love me and want what is best for me.) Remind your child that God is our heavenly Father. Say: **God loves you too and wants what is best for you just as I do.**

▶ Read aloud the title and two paragraphs. Tell your child he or she can learn to obey and trust God by following Saint Joseph’s example. Say: **Joseph trusted and obeyed God. Joseph showed God’s love by caring for Jesus and Mary.**

▶ Read aloud the activity title and directions. Say: **One way to be kind and caring is to help others.** Together with your child think of ways to help a specific person. You might consider helping a family member, friend, or someone from school or church. Then invite your child to complete the activity.

▶ Point to the Reading God’s Word feature. Say: **When we ask for God’s mercy, we ask God to forgive us.** Read aloud the verse and then have your child read aloud the psalm with you.
God the Father Sends Jesus

Engage: Page 47

▶ Invite your child to quiet himself or herself and prepare to hear Sacred Scripture. Open the Bible and read aloud Philippians 2:5–11. Then say: The Word of the Lord. Invite your child to respond Thanks be to God.

▶ Discuss with your child how you chose his or her name. Say: We chose your name with love. In the Bible we read that God the Father gave Jesus his name. Jesus’ name is holy because God the Father named him. We say the name Jesus with love and respect.

▶ Read aloud the paragraphs on page 47. Then demonstrate for your child the different ways we show respect for Jesus’ name. (bow, say Jesus’ name with respect)

▶ Say: Let’s prepare for prayer. Let’s ask God the Father to bring us closer to his Son, Jesus. Pray aloud the prayer. Then pause briefly before praying together the Sign of the Cross and Amen.

Explore: Page 48

▶ Talk with your child about how your family prepared to welcome him or her into the family, such as by making room in the house, creating a list of baby names, and gathering things you would need to care for a baby.

▶ Read aloud the title and three paragraphs on page 48. Point out the boldface words Mary, Joseph, and angels and have your child repeat them after you. Point to the picture and ask: Who is in this picture? (Joseph, Mary, Jesus, shepherds) How do you think Mary and Joseph felt when they found out they had no place to stay? (tired, scared, lonely) How do you think the shepherds felt when they saw and heard the angels? (surprised, happy)

▶ Read aloud the Did You Know? feature. Say: Jesus was born to save us and tell us how much God loves us. Ask: Whose name means “God saves”? (Jesus)

Explore: Page 49

▶ Read aloud the title and two paragraphs. Point to the boldface term Holy Family and have your child repeat it after you. Say: Jesus, Mary, and Joseph are the Holy Family. Families take care of and learn from one another. Ask: What can I and other family members learn from you?

▶ Read aloud the activity title and directions. Discuss the learning taking place in each picture. Then invite your child to complete the activity. Discuss what you and your child remember about learning each activity he or she circled.
Art Print: Page 50

- Find in a magazine, a book, or online a picture of Jesus in a manger surrounded by Mary, Joseph, and shepherds. Ask: What do you see in this picture? Encourage your child to describe the picture in detail, including naming the people in the picture. Say: God sent us Jesus because he loves us.
- Have your child turn to page 50. Read aloud the title and first paragraph. Ask: Where was Jesus born? (in a stable) Say: A stable is not a fancy place for Jesus to be born. Jesus was born in a simple place to show us that we can find him in unexpected places. Jesus is with us wherever we are!
- Read aloud the second paragraph. Ask: What were the shepherds like? (average people) Say: God honored the shepherds by choosing them to be the first to see Jesus.
- Read aloud the activity title and directions and have your child color the Nativity scene.
- Read aloud the Reading God’s Word feature. Ask: How do you think Mary, Joseph, and the shepherds felt that night? (happy, joyful, excited) Say: Everyone was excited about Jesus’ birth.
- Provide your child with a shoe box, craft supplies, and modeling clay to make a diorama. Invite him or her to decorate the shoe box to resemble a stable. Have your child use the modeling clay to make the Holy Family, shepherds, and animals. After the diorama is finished, pray together, thanking God for the gift of his Son, Jesus.

Reflect: Page 51

- Invite your child to prepare for prayer.
- Read aloud page 51 in a prayerful manner. Pause between sentences, giving your child time to reflect. Close the quiet time by praying the Sign of the Cross and Amen. Remind your child that he or she can talk to Jesus anytime.

Reflect: Page 52

- Ask your child to close his or eyes and picture the Holy Family. Read aloud the title and paragraph on page 52. Ask: Can you picture the Holy Family in your mind?
- Have your child open his or her eyes. Point to the pictures of Jesus, Mary, and Joseph while you read aloud the activity title and directions. Help your child complete the activity. Say: The Holy Family was a happy family who loved one another and learned many things from one another.
Respond: Pages 53–54

- Ask your child to read aloud the Faith Summary on page 53. Review the Words I Learned with your child. Then read aloud Ways of Being Like Jesus. Tell your child that you love him or her too.
- Read aloud the activity title and directions and invite your child to complete the activity.
- Say: Jesus was part of a family just as we are. Let’s thank God our Father for giving us his Son, Jesus. Pray aloud the prayer as your child follows along. Conclude the prayer by praying the Sign of the Cross and Amen together.
- Read aloud the first paragraph of With My Family on page 54. Then read aloud and discuss the Scripture verses as suggested in the next paragraph. Discuss Faith on the Go. Then complete the activity together.
- Conclude by praying together the Family Prayer.
Jesus Teaches Us

Engage: Page 55

- Invite your child to quiet himself or herself and prepare to hear Sacred Scripture. Open the Bible and read aloud Matthew 5:1–12. Then say: The Gospel of the Lord. Invite your child to respond Praise to you, Lord Jesus Christ.
- Read aloud the first paragraph on page 55. Ask: What do you learn from your teacher? (reading, math) Say: Jesus teaches us lessons when we read about him in the Bible.
- Read aloud the last two paragraphs. Say: When we care for and help others, we share God's love. We are happy and blessed. Ask your child to name ways he or she can care for or help other family members.
- Say: Let's ask Jesus to teach us how to love one another and grow closer to God the Father. Pray aloud the prayer together. Pause briefly before praying together the Sign of the Cross and Amen.

Explore: Page 56

- Play a listening game with your child. Say: I'm going to say the first part of a sentence and I'd like for you to finish the sentence. Thank you, God, for _____ . Have your child repeat the sentence and then add a word of his or her own. Continue adding words and repeating the sentence until it gets too long to remember.
- Ask your child to look at the picture on page 56. Ask: What do you think Jesus is doing? (talking, listening, sharing with his friends.
- Read aloud the title. Explain that when we pray, we talk to and listen to God. Then read aloud the two paragraphs. Point to the boldface word prayer and ask your child to repeat it after you. Ask: What is prayer? (talking to and listening to God) Say: Prayer is how we talk to God and listen to God. We can talk with God anytime and anywhere. There's no wrong time or place to pray.
- Read aloud the Reading God's Word feature. Ask: What do you think Jesus was saying to his Father? (Jesus might have been asking for help with a decision, telling his Father he loves him, or thanking his Father.)

Explore: Page 57

- Read aloud the title. Say: Jesus taught us how to pray to God our Father. He gave us a beautiful prayer, the Lord's Prayer, to help us learn how to pray.
- Read aloud the paragraph. Then read aloud the lines of prayer and the explanations to the right. Point to the boldface word heaven and have your child repeat it after you. Ask: What does heaven mean? (life with God)
Reread aloud the first half of the Lord’s Prayer in its entirety. Tell your child that he or she will learn the rest of the prayer soon.

**Art Print: Page 58**
- Find in a magazine, a book, or online a picture of a woman and a child picking fruit or vegetables in an orchard. Ask: *What do you see in this picture?* Encourage your child to describe the picture in detail, including the actions of the woman and the child. Say: *When we are kind to one another, we please God.*
- Read aloud the title and paragraph on page 58. Say: *When we practice kindness, we are serving the Kingdom of God.* Have your child find the term *Kingdom of God* in the Glossary. Read aloud and discuss the definition.
- Read aloud the activity title and directions on page 58 and have your child draw a picture for each sentence. Discuss the finished pictures. Say: *God wants us to be kind to one another.*
- Read aloud the Did You Know? feature. Show your child how to cross his or her arms and place the hands on opposite shoulders as an alternative for folding hands when in prayer. Say: *Long ago, people made pretzels in this shape to resemble the way people held their arms during prayer. The people gave pretzels to children when they learned their prayers.*
- Ask your child to think of acts of kindness that he or she could do for the family. Have your child write the ideas on large red construction paper circles that represent cherries. Place the “cherries” in a pie tin and invite family members to pick a cherry and perform the task written on it to help another family member.

**Reflect: Page 59**
- Together look at page 59. Ask: *What is the boy in the picture doing?* (praying) Say: *God will always be with you, loving you and helping you.*
- Explain that there are different positions for prayer. Demonstrate each position as you say: *One way is with your hands together, as you have done. Another way is to cross your arms over your chest, placing your hands on your shoulders. A third way is called the orans position.* Demonstrate by bending your arms at the elbow and holding your hands, palms up, at shoulder height. Let your child choose the position he or she likes.
- Read aloud the title and first paragraph on page 59. Then pray aloud the first part of the Lord’s Prayer. Next, read aloud the last paragraph on the page. Close by praying together the Sign of the Cross and Amen.
Reflect: Page 60

- Read aloud the title and two paragraphs. Point to the boldface word *Beatitudes* and have your child repeat the word after you. Say: *The Beatitudes are one of Jesus’ lessons.* Ask: *What do the Beatitudes teach us?* (how to serve the Kingdom of God)
  Say: *When we do something good, we are serving the Kingdom of God. If we serve God’s kingdom well here on earth, then we will be able to live in the Kingdom of God in heaven.*
- Read aloud the activity title and directions. Discuss what is happening in each picture and then have your child complete the activity. Ask: *What are other ways to serve the Kingdom of God?* (saying “please” and “thank you,” offering to set the dinner table, bringing in the mail)

Respond: Pages 61–62

- Ask your child to read aloud the Faith Summary on page 61. Review the Words I Learned. Then read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can ask Jesus for help with prayers.
- Read aloud the activity title and directions. Then have your child complete the activity.
- Pray aloud the prayer as your child follows along. Pause briefly before closing by praying together the Sign of the Cross and *Amen.*
- Read aloud the first paragraph of With My Family on page 62. Then read aloud and discuss the Scripture verses as suggested in the next paragraph. Discuss Faith on the Go. Then complete the activity together if you choose.
- Conclude by praying together the Family Prayer.
Trust in God

Engage: Page 63

- Invite your child to quiet himself or herself and prepare to hear Sacred Scripture. Open the Bible and read aloud John 14:1–7. Then say: The Gospel of the Lord. Invite your child to respond Praise to you, Lord Jesus Christ.
- Ask or explain to your child what a tour guide is. Say: We rely on guides to show us the way when we are not familiar with our surroundings. Ask: Who shows us the way to God? (Jesus)
- Read aloud the paragraphs on page 63. Ask: What did Jesus give us to help us find our way to God? (the Lord’s Prayer)
- On a sheet of paper, write the words way, truth, and life. Say: Jesus uses these words to tell about himself. We trust Jesus to show us the way to God the Father.
- Invite your child to prepare for prayer. Say: Let’s ask Jesus to show us the way to his Father. Then pray aloud the prayer. Conclude by praying together the Sign of the Cross and Amen.

Explore: Pages 64–65

- Remind your child that he or she learned the beginning of a beautiful prayer. Ask: What is it called? (the Lord’s Prayer) Say: Jesus gave this prayer to us. He wants us to pray it when we gather together as family or friends.
- Say: The more we pray the Lord’s Prayer, the closer we’ll feel to God. Read aloud the title and first sentence on page 64 and pray aloud the first part of the prayer with your child. Say: Now we will learn the rest of this prayer.
- Read aloud page 65. Pause after every line and discuss its meaning.
- Point to the boldface word trespasses and say: Trespasses are things we do on purpose that hurt people. When we ask God to forgive our trespasses, we are asking him to forgive us for hurting others.
- Ask: Why should we forgive those who trespass against us, or hurt us? (God wants us to forgive as he forgives us.)
- Point to the boldface word temptation and say: Temptation is something that could lead us to disobey God. Sometimes we might feel tempted to do something we know we shouldn’t do because it hurts someone. Sometimes someone else might tempt us to do something we know we shouldn’t do.
- Together pray aloud the entire prayer.
- Read aloud the Link to Liturgy feature. Say: When we go to Mass, listen for the Lord’s Prayer. Now that you know the prayer, you’ll be able to pray it aloud with our parish community.
Art Print: Page 66

- Find in a magazine, a book, or online a picture of a parent giving a kiss to his or her child. Ask: **Who do you see in this picture?** Encourage your child to describe the picture in detail. Say: **Sometimes parents give their children a kiss when they forgive them for making a bad decision. God will always forgive us, and because of that, we are able to forgive others.**

- Read aloud the title and two paragraphs on page 66. Ask: **What can you say when you want to be forgiven?** (I'm sorry.) **When someone says I'm sorry after hurting you, what should you say?** (I forgive you.) Say: **It's good to forgive the person. That's what God does.**

- Read aloud the activity title and directions and give your child time to complete the activity. Role-play the two children in the cartoon.

- Ask your child to use markers, crayons, or colored pencils to draw a portrait of two family members showing each other forgiveness. Explain that one of the people in the picture can be your child. Then ask him or her to write a caption at the bottom of their portrait. Display the picture in your home.

Reflect: Page 67

- Together look at the picture on page 67. Ask: **What prayer do you think the girl is praying?** Say: **Sometimes we use our own words when we pray, and sometimes we use Jesus’ or someone else’s words.** Ask: **Whose words does the Lord’s Prayer use?** (Jesus')

- Read aloud the paragraph. Then invite your child to pray the Lord’s Prayer with you several times to help him or her learn it by heart. Conclude by praying together the Sign of the Cross and **Amen.**

Reflect: Page 68

- Read aloud the title and paragraph. Discuss the question.

- Read aloud the activity title and directions and have your child complete the activity. Discuss your child’s responses.

- Read aloud the Reading God’s Word feature. Say: **God shares his kingdom with us because he wants us to have what we need.**
Respond: Pages 69–70

- Ask your child to read aloud the Faith Summary on page 69. Review the Words I Learned. Then read aloud Ways of Being Like Jesus. Ask your child what things he or she might ask God for.
- Read aloud the activity title and directions and have your child complete each line of the Lord’s Prayer.
- Have your child prepare for prayer. Pray aloud the prayer as your child follows along. Then close by praying together the Sign of the Cross and Amen.
- Read aloud the first paragraph of With My Family on page 70. Then read aloud and discuss the Scripture verses, as suggested in the next paragraph.
- Discuss Faith on the Go. Then complete the activity together.
- Conclude by praying together the Family Prayer.
Jesus Rises from the Dead

Engage: Page 71

- Invite your child to quiet himself or herself and prepare to hear Sacred Scripture. Open the Bible and read aloud John 20:1–9. Then say: The Gospel of the Lord. Invite your child to respond Praise to you, Lord Jesus Christ.
- Ask: If you could pick one famous person to follow around and learn from for a day, who would that be? Why? (Accept reasonable answers.) Say: People who follow and learn from Jesus are called disciples.
- Read aloud the paragraphs on page 71. Ask: Why do you think the disciples felt sad and alone? (They missed Jesus.)
- Reread the last paragraph. Ask: What lesson did one of the disciples remember? (that Jesus would rise from the dead)
- Invite your child to prepare for prayer. Then pray aloud the prayer. Pause briefly for silent reflection. Then conclude by praying together the Sign of the Cross and Amen.

Explore: Pages 72–73

- Have your child look at the picture on page 72. Explain that when Jesus died, he was buried above ground in a tomb. Ask: What do you think a tomb is? (a place where a person’s body may be laid after death) Explain that Jesus’ tomb was a cave cut into the rock of a hillside. A large rock was rolled in front of the entrance to close off the tomb. Explain that Jesus’ friends were sad and missed him very much when he died, so they went to visit his tomb.
- Read aloud page 72 and discuss the women in the picture. Ask: Why do the women look so surprised? (Jesus was not in the tomb; they found out Jesus was alive.)
- Point to the boldface word Christ and say: Christ is the title given to Jesus after he rose from the dead. It means “Anointed One.” Jesus was anointed, or chosen by God to save us. Point to the boldface word disciples. Ask: What do we call people who follow and learn from Jesus? (disciples)
- Read aloud page 73. Ask: Why do you think the women were so happy to see Jesus? (They thought Jesus was dead; they realized he was alive.) Say: Jesus is alive! The women in this story were overjoyed to be with their friend Jesus again.
- Read aloud the Reading God’s Word feature. Say: In this reading from the Bible, Jesus reminds us that when we remember him and his teachings, he will always be with us.
Art Print: Page 74

▶ Find in a magazine, a book, or online a picture of the risen Jesus Christ, possibly surrounded by his disciples. Ask: **What do you see in this picture?** Encourage your child to describe the picture in detail, including any people who surround Jesus Christ. Say: **Jesus rose from the dead for everyone. He is with us.**
▶ Read aloud the title and first paragraph. Point out the boldface word **Resurrection.** Say: **We call Jesus Christ’s rising from the dead the Resurrection.**
▶ Read aloud the second paragraph. Ask: **Why did Jesus’ friends pray?** (Praying brought them closer to Jesus.)
▶ Read aloud the activity title and directions and have your child complete the activity. Discuss other times when Jesus is with us.
▶ Read aloud the Link to Liturgy feature. Say: **The Resurrection is a time of joy and celebration for us. People everywhere have traditions for celebrating Easter.** Discuss with your child how your family celebrates Easter.
▶ Have your child paint on black construction paper his or her own version of the risen Jesus Christ. Invite your child to draw friends and family members around Jesus, like the disciples that surrounded Jesus. Display the artwork in your home.

Reflect: Page 75

▶ Together look at page 75. Ask: **Why do you think the boy looks so calm and happy in the picture?** Remind your child that he or she can rest with Jesus, knowing how much Jesus loves him or her.
▶ Invite your child to prepare for prayer by closing his or her eyes. Read aloud the title and paragraph, pausing after each sentence. Then pray aloud the prayer. Pause for a moment to allow your child to be with Jesus. Have your child open his or her eyes and pray together the Sign of the Cross and **Amen.**

Reflect: Page 76

▶ Read aloud the title and paragraph. Then read aloud the activity title and directions. Say: **Let’s help the women find the tomb.** Point to the tomb. Say: **Then let’s help them find Jesus Christ.** Have your child complete the activity. Talk about ways you and your family can give someone a happy surprise like Jesus gave to the women.
Respond: Pages 77–78

▶ Ask your child to read aloud the Faith Summary on page 77. Review the Words I Learned. Then read aloud Ways of Being Like Jesus. Ask your child to suggest specific ways he or she can talk to and listen to Jesus.
▶ Read aloud the activity title and directions. Then read aloud each statement and have your child circle it if it is true. Discuss your child’s answers.
▶ Invite your child to prepare for prayer. Pray aloud the prayer as your child prays silently. Pause briefly for silent reflection and then conclude the prayer by praying together the Sign of the Cross and Amen.
▶ Read aloud the first paragraph of With My Family on page 78. Then read aloud and discuss the Scripture verses, as suggested in the next paragraph.
▶ Read aloud and discuss Faith on the Go. Then read aloud the activity title and directions. Complete the activity with your child.
▶ Conclude by praying together the Family Prayer.
Celebrating Advent

Engage: Page 79

- Invite your child to quiet himself or herself and prepare to hear Sacred Scripture. Open the Bible and read aloud Micah 5:1–3. Then say: The Word of the Lord. Invite your child to respond Thanks be to God.

- Ask your child to describe the game Duck, Duck, Goose. Say: In this game, one person is singled out for a special task. Similarly, the Jewish people believed that God would single out a person for a special task. This person would be called the Messiah.

- Read aloud the paragraphs on page 79. Say: Just as the Jewish people waited with great hope for the Messiah, during Advent we live with great hope for Jesus, the Messiah, to enter our lives.

- Invite your child to prepare for prayer. Say: Let's ask God to help us get ready for his Son's arrival. Pray aloud the prayer. Then conclude by praying together the Sign of the Cross and Amen.

Explore: Page 80

- Explain that Advent is the time to get ready to welcome Jesus into our hearts. Say: During Advent, we will try to pray more and show kindness to others even more than usual. We will treat others as Jesus did. Write ways your family can help someone in your neighborhood or at your church during the season of Advent on slips of paper. As a family, choose one slip of paper each week and complete the activity by the end of the week.

- Read aloud the title and two paragraphs. Point to the two boldface terms, Advent and Messiah, and have your child repeat the words after you. Ask: What liturgical season do we celebrate right before Christmas? (Advent) What is another name for Jesus, our Savior? (Messiah) How do we prepare ourselves during Advent? (being helpful and kind, loving and forgiving others, praying, being joyful and excited) Together think of ways specific things your child can do to prepare his or her heart for Jesus.

- Read aloud the activity title and directions. Then invite your child to complete the activity.

- Read aloud the Reading God's Word feature. Then say: God loves us so much that he sent his Son, Jesus, to us. Ask: What else has God given us to show his love? (family, friends, nature)
Reflect on the Mass: Page 81

- Read aloud the title. Then show your child an Advent wreath or a picture of one as you read aloud the first paragraph. Say: *We light one violet candle on the first Sunday of Advent. Then we light another violet candle on the next Sunday. On the third Sunday of Advent, we light the rose candle. This candle is a sign that Advent is half over, and we are getting close to Christmas.*
- Read aloud What We Experience. Point out the boldface term *Light of the World* and have your child repeat it after you. Ask: *Who is the Light of the World?* (Jesus) Say: *Just as candles help us see in the dark, Jesus helps us see how much God the Father loves us.*
- Read aloud the activity title and directions. Then invite your child to color the Advent wreath.
- Read aloud the Link to Liturgy feature. Explain that the *Gloria* is what the angels sang to the shepherds when Jesus was born. Tell your child that we wait until Christmas to sing the *Gloria* in celebration of Jesus’ birth.

Art Print: Page 82

- Find in a magazine, a book, or online a picture that shows Mary and Joseph’s journey to Bethlehem before Jesus’ birth. Ask: *Who are the people in this picture?* (Mary and Joseph) Say: *Mary and Joseph are on their way to Bethlehem. They will be getting ready for Jesus to be born soon.* Discuss ways in which you and the family prepared for the arrival of your child.
- Read aloud the title and the paragraph. Ask: *What event are we preparing for during Advent?* (Jesus’ birth) Say: *Each candle is like the light of God’s love. When the last candle is lit, we know Jesus will come soon.*
- Read aloud the activity title and directions. Share your own ideas with your child about how you would welcome Jesus into your home. Then help your child complete the activity.
- Give your child several strips of construction paper. Invite him or her to write on each strip an Advent preparation word, such as *pray, penance, church,* and *kindness.* Guide your child to make loops from the strips and attach the loops to form a chain. Hang the paper chain as a garland to decorate your home.
Respond: Pages 83–84

- Read aloud the Faith Summary on page 83. Review the Words I Learned. Then read aloud Ways of Being Like Jesus. Ask your child to suggest other ways he or she can love and welcome others.
- Read aloud the activity title and directions. Then have your child complete the activity.
- Read aloud the first paragraph of With My Family on page 84. Then read aloud and discuss the Scripture verses as suggested in the next paragraph.
- Discuss Faith on the Go. Then read aloud the activity title and directions. Complete the activity together.
- Conclude by praying together the Family Prayer.