

# RAISING FAITH-FILLED KIDS

*a parent page*

## Focus on Faith

### Jesus Holds Us Together

Families that live in places where earthquakes are an ongoing threat know that when they feel a severe tremor one of the safer places to go to in a building is a doorway. The extra bracing surrounding a doorway offers protection against the collapse of the building. Ephesians 2:19–22 describes Jesus Christ as the keystone, the most important stone in a building, the stone that holds the building together. As Christians, we are the household of God made of living stones. The stone that holds us all together is Jesus. Families who center their lives on Jesus have chosen a firm foundation for their faith.



### Dinnertime Conversation Starter

What steps can you as a family take to make the presence of Jesus more central to your life?

## Our Catholic Heritage



The season we now know as Lent began as a period during which new believers prepared to be received into the Church. In the early Church new believers first received the Eucharist on Easter. Eventually, this time of preparation for new believers—repentance, study, and prayer—became a season of repentance and renewal

for people who were already baptized into the Church as well.

[www.findinggod.com](http://www.findinggod.com)

## In Our Parish



Find out whether your parish has people involved in the Rite of Christian Initiation of Adults (RCIA). If so, talk with the RCIA leaders in your parish about the process these adults go through to become members of the Church. Encourage all the members of your family to participate in the next Easter Vigil, which is when these catechumens will be baptized, be confirmed, and receive the Eucharist.

## Focus on Prayer

Your child was introduced to a prayer written by Saint Richard of Chichester. Refer to [www.FindingGod.org](http://www.FindingGod.org) for the words to this prayer and pray it with your child.