

RAISING FAITH-FILLED KIDS

a parent page



Kateri Tekakwitha of the Iroquois, Robert Lentz

Focus on Faith

Blessed Kateri Tekakwitha

Blessed Kateri Tekakwitha (1656–1680), called the Lily of the Mohawks, was born in Auriesville, New York. She was baptized at the age of 20, although this provoked a great deal of anger in her tribe. Kateri took a vow of chastity and suffered from the insults of those who did not understand her dedication to Jesus Christ. She left her home for a settlement of Catholic villages in Canada. There she lived a life of praying, fasting, and caring for poor and elderly people. Kateri was the first Native American to be declared Blessed when Pope John Paul II beatified her on June 22, 1980. Kateri can serve as a model for us because she was a witness to the Catholic faith and to the virtue of chastity in the most difficult of circumstances.

Dinnertime Conversation Starter

Discuss with your child the help available when he or she encounters difficulty following Jesus. Assure him or her that you are always available for guidance.

Spirituality in Action

Talk about and then choose one very special thing each of you as a family member can do for every other member to show your love. Encourage each other to carry out the actions.



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In Our Parish

Help the seniors in your parish take care of their bodies by starting a nutrition and exercise program for them.



Focus on Prayer

Your child is reflecting on the idea that our bodies are temples of the Holy Spirit. Talk with your family about things each family member can do to care for his or her body. You may want to talk about such things as nutrition, exercise, and hygiene.

