

# RAISING FAITH-FILLED KIDS

*a parent page*



## Focus on Faith

### The Eucharist, Our Home

**H**e was a soldier overseas. On Sunday morning he went to the nearest Catholic church. The Mass was prayed in a language he did not understand, but the ritual was the same as at home. When he received Holy Communion, the soldier reflected on the parish community that had nurtured him. He realized that Jesus Christ is present in the same manner everywhere. As we go to Mass with our children we remember that we are celebrating with Catholics around the world.

### Dinnertime Conversation Starter

**I**magine that you and your family are attending Mass in a country where an unfamiliar language is spoken. What clues could you find in the church or in the celebration of the Mass that would indicate that it is Catholic?

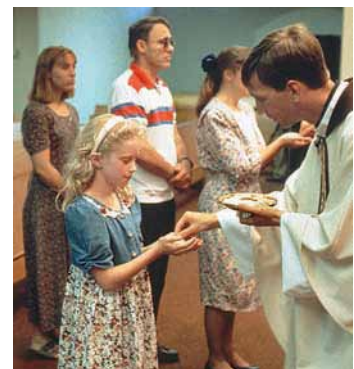
## Hints for at Home

Create a Jesus Sacrificed Himself for Us cross for your family. You will need poster board, scissors, photographs of your immediate and extended family, and glue. Draw a cross on the poster board and cut it out. Then invite your child to create a collage on the cross by cutting and attaching the photographs to fit. Display your completed cross in a prominent place.



## Spirituality in Action

Be a role model for your child; receive Holy Communion each time you are at Mass. Help your child realize that Jesus is present with us in many ways, especially in the Eucharist. In Holy Communion we receive the Body and Blood of Jesus Christ under the appearance of bread and wine.



## Focus on Prayer

Your child is learning about the Liturgy of the Eucharist in Mass. The next time you are at Mass, guide your child to be attentive during this part of the liturgy. Call to your child's attention the offertory gifts, the Lord's Prayer, and the consecration.

