

RAISING FAITH-FILLED KIDS

a parent page



Focus on Faith

Jesus Is With Us

The little boy asked his mother whether it was true that God is inside us. She answered yes. Later she heard her son walking around the dining room table. “What are you doing?” she asked. “I am giving God a ride,” he answered. A few moments later she heard him running around the table. When she asked, “What are you doing now?” he answered, “I am giving God a fast ride!” Our children have a wonderful sense of God in their lives. Attending Sunday Mass gives them the opportunity to hear God’s word in the Scripture readings, to share songs of faith with their parish community, and to discover friends in faithful families. The people of their community keep God alive in their hearts.

Hints for at Home

Read these Scripture passages with your child. Discuss what Jesus wants us to learn from them.

“Let the children come to me. Do not prevent them, because the kingdom of God belongs to them.”

adapted from Mark 10:14

“Jesus spoke to them again, saying, ‘I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.’”

John 8:12

“Pray without ceasing.”

1 Thessalonians 5:17



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Dinnertime Conversation Starter

Does your family have a special Sunday routine—Mass and a bike ride, Mass and a visit with grandma, Mass and a big breakfast? Discuss ways that you and your family can make the Lord’s day special.



Spirituality in Action

Create a special bulletin board or a place on the refrigerator to post prayer intentions. Encourage family members to think of friends, neighbors, and others who need their prayers. When you go to Mass, take along your special intentions and offer them to God.

Focus on Prayer

Your child has started to learn the parts of the Mass. In this session your child has been introduced to the Liturgy of the Word: entrance, Gloria, readings, homily, and general intercessions. The next time you go to Mass, help your child identify the different parts of the Liturgy of the Word. Lead him or her to respond “Thanks be to God” when the lector says “The Word of the Lord.”