

Faith Summary

Ordinary Time is the part of the Church calendar that falls outside of the four liturgical seasons during which we celebrate the mystery of Christ in very special and particular ways. We use this time to help us grow by participating regularly in the celebration of the sacraments and using sacramentals so that we can live the way Jesus wants us to live.

Word I Learned

sacraments

Ways of Being Like Jesus

Jesus loved to spend time with children. *Always have a smile and a kind word to say to younger children who look up to you.*



Prayer

Dear God, thank you for the opportunity to grow in my faith during Ordinary Time. Help me to hear and follow your words in my daily life.



With My Family

Activity When you go to church during Ordinary Time, look for examples of the sacramentals described in this session. Talk about what you see.

Faith on the Go Ask one another: *Why are the sacraments so important?*

Family Prayer Use Ordinary Time to invite family members to grow by praying at bedtime for someone who did a kindness for them that day.