

Faith Summary

Lent and Holy Week are a time to remember the Passion of Jesus. We solemnly reflect on Jesus' suffering and Crucifixion. The Veneration of the Cross, part of the Good Friday liturgy, symbolizes our reverence for Jesus' ultimate sacrifice and our acknowledgment that the cross is also our way to Salvation.

Word I Learned

Passion

Ways of Being Like Jesus

Jesus loved us so much he gave his life for us. *Do something selfless for someone you love, such as offering to help them instead of playing games.*



Church fresco of Jesus (detail), Tilburg, Holland.



Prayer

Dear Jesus, help us to fully understand the gift you have given us. Be with us as we ready ourselves to live anew with you at Easter.



With My Family

Activity When you go to Mass during Lent and Holy Week, look around your church and find examples of the details described on page 119. Talk about what you see.

Faith on the Go Ask one another: *What is one thing you can do to unite yourself with Jesus' suffering this Lent?*

Family Prayer Invite family members to take turns praying for one another this week.