

## Faith Summary

In the Sacrament of Penance and Reconciliation, we can heal our relationships with God and with others by being sorry for our sins, confessing them to a priest, receiving absolution, and trying to do better. Accepting the grace to repent will help us bring peace and forgiveness to the world.

### Words I Learned

Sacraments of Healing

### Ways of Being Like Jesus

Jesus brought peace and forgiveness into the world. *Keep an open mind when talking with those who have done wrong to us.*



### Prayer

*Jesus, thank you for forgiving me when I do wrong. Thank you for helping me be at peace with myself, with others, and with you.*



## With My Family

**Activity** Praying for people helps us forgive them. With your family make a Forgiveness Box. Write prayers for those people who have angered or wronged you. Ask God to bless these people. Place these prayers in the box and continue to pray for the strength to forgive.

**Faith on the Go** Ask one another: *What do you think the world would be like if everyone lived in peace and harmony? How might things be different?*

**Family Prayer** *Loving Father, your forgiveness is a gift. Help us be truly sorry for our sins and remember to share your gift by forgiving those who hurt us.*