

## Faith Summary

Lent is a time to ask God's help to become the person he calls you to be. During Lent we change our lives to follow Jesus more closely.



## Ways of Being Like Jesus

Jesus called people to change their lives. *Play with a classmate you do not usually spend time with.*



### Prayer

*Dear Jesus, thank you for this season of change. Help me grow in goodness toward others.*



## With My Family

**Activity** When you go to Mass during Lent and Holy Week, look around your church. Talk about what you see.

**Ready for the Sacraments** As a family, think of ways you each sacrifice for one another. Give your time and help to one another. You can join your sacrifice to that of Jesus, who sacrificed his life for us.

**Family Prayer** *Invite family members to grow by taking turns leading the mealtime prayer.*