

Renewal in the Church

Keep these ideas in mind as you study **Unit 4, Session 17**.

The Church took the challenges of the Protestant Reformation seriously. It listened to feedback and renewed itself by acting on the call to repent and reform.

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During the Council of Trent, Catholic bishops met to offer a collective response to the Protestant Reformation and to determine steps necessary to renew the Catholic Church.

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In response to claims made by the Reformers, the Council of Trent affirmed the Church's teachings on transubstantiation, the Real Presence, and the seven sacraments.

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The Council of Trent inspired the founding of new religious communities, which opened doors for devout Catholics such as Saint Francis de Sales and Saint Jeanne de Chantal. The council encouraged Catholics to receive Holy Communion at least once a week.

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As a result of the Church's response to the Reformers, two-thirds of Christians in Europe remained Catholic.

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A collection or summary of the Church's religious teachings is a catechism. Pope John Paul II approved the revised edition of the *Catechism of the Catholic Church* in 1997.

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The choice to sin, or to turn away from God, harms our relationship with God and with others.

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The seal of the confessional means that the priest to whom we confess our sins can never repeat our sins to anyone.

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Mortal and venial sins are types of personal sin. If we make no effort to do better, venial sin can lead to more serious sin.

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The Ten Commandments are the 10 rules presented by God to Moses at Mount Sinai. They sum up God's law and teach us what is required to love God and our neighbors.

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