

## Meeting Jesus

Keep these ideas in mind as you study **Unit 2, Session 7**.

In Baptism we receive new life in Christ. Baptism takes away Original Sin and gives us new birth in the Holy Spirit. Its signs are water, oil, a candle, and a white garment.

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In Confirmation the Holy Spirit strengthens our life of faith. Its signs are the laying of hands on a person's head and anointing with Chrism, oil mixed with perfume.

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Both Confirmation and Baptism are celebrated only once.

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The Eucharist nourishes our life of faith. Its signs are the bread and wine we receive—the Body and Blood of Christ.

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The process of becoming a new Church member is called the Rite of Christian Initiation of Adults (RCIA).

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In the Sacrament of Penance and Reconciliation, we celebrate God's forgiveness. The Sacrament of the Anointing of the Sick unites a sick person's sufferings with those of Jesus.

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In Holy Orders, men are ordained as priests, bishops, and deacons. In Matrimony a baptized man and woman are united with each other as a sign of the unity between Jesus and his Church.

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The laying on of hands is a sign in the Sacraments of Confirmation, Holy Orders, and the Anointing of the Sick.

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In the sacraments we recognize that God the Father is the source of all blessings. Jesus Christ touches our lives when we receive the sacraments.

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