

Celebrating Ordinary Time

Keep these ideas in mind as you study **Unit 1, Session 5**.

Ordinary Time is a Church season that we celebrate twice each liturgical year.

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The name of the season, Ordinary Time, does not mean that the season is common. *Ordinary* comes from the word *ordinal*, meaning "time that is put in certain order."

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All Souls Day and All Saints Day are two feasts celebrated in the fall, near the end of Ordinary Time.

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During Ordinary Time we are called to grow in faith and to reflect on how Jesus wants us to live. We also pray and reflect on how God calls us to share his peace and love with others.

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Virtues are good habits that we can strengthen if we practice them.

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Scripture tells us to live as children of light, for light produces every kind of goodness and righteousness and truth. We seek the light of God's grace to help us grow in virtue and to avoid temptation.

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As disciples we believe in and follow Jesus' teachings. The call to discipleship is received in Baptism, nourished in the Eucharist, strengthened in Confirmation, and practiced in the world.

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When we look around the church during Ordinary Time, we see candles at the altar, which remind us that Christ is present in the celebration of the Eucharist.

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The sanctuary lamp reminds us that Christ is present in a special way in the Blessed Sacrament.

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