

# Celebrating Ordinary Time

Keep these ideas in mind as you study **Unit 1, Session 5**.

Ordinary Time is celebrated two times during each liturgical year.

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Ordinary Time is a time to be fed by Jesus Christ, the Bread of Life.

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We receive Jesus Christ in Holy Communion.

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Water is an ordinary object used during Baptism.

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Bread is an ordinary object used during the Eucharist.

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A blessing is an ordinary action during Reconciliation to show God wants to free us from sin.

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Green is the color of Ordinary Time.

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A green chasuble is the outermost layer of a priest's vestments worn when celebrating Mass during Ordinary Time.

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During Ordinary Time we celebrate Jesus. We listen to his message and follow his example.

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