

# Celebrating Lent and Holy Week

Keep these ideas in mind as you study **Unit 4, Session 20**.

The season of Lent begins on Ash Wednesday. It ends on Holy Thursday.

PAGE 117

The season of Lent lasts for 40 days.

PAGE 117

We celebrate Holy Week the week before Easter.

PAGE 117

Lent is a time to grow closer to God.

PAGE 118

On Ash Wednesday the priest traces the Sign of the Cross on our foreheads with ashes.

PAGE 118

We will not hear the Alleluia sung at Mass during Lent and Holy Week.

PAGE 119

During Lent we see plain linens and simple decorations around our church.

PAGE 119

The priest's vestments are purple during Lent.

PAGE 119

For more games, activities, and resources related to *Finding God*, please visit [www.findinggod.com](http://www.findinggod.com).