



Unit 5



Before You Begin

Download and print:
Art Print BLMs Sessions 21–25

Morality, Our Lived Faith

Begin

- ▶ **Ask:** *How can you be a helper? (Answers will vary.)* **Say:** *Jesus gives us a way to live that leads us to him. We are going to learn about making good choices to help us live like Jesus. Saint Martin de Porres was an important saint who followed Jesus' example about how to live.*

Introduce the Saint

- ▶ Have your child turn to page 121 and read aloud the unit title. Then read aloud the saint's name and look at his picture. **Say:** *Martin lived in Peru about 400 years ago. Use a map or globe to help your child locate the country of Peru. **Say:** Martin and his family did not have much. But Martin made good choices to help those who were weak, hungry, and homeless.*
- ▶ Invite your child to color the picture as you read aloud and discuss page 122. Help your child tear out and fold the Unit 5 saint booklet at the back of the book. Read aloud the pages, inviting your child to track the words with his or her finger. Then have him or her complete the activity on page D. **Say:** *Saint Martin de Porres helped many people in need. He lived his life like Jesus.*
- ▶ With your child, add Martin's feast day, November 3, to your calendar. Plan an event together to honor the ways of Saint Martin de Porres.



God Calls Us to Make Good Choices

Engage: Page 123

- ▶ **Ask:** *What are some rules in our home? Why do we have rules? (Rules keep us safe. Rules help us live together in peace and harmony.)*
- ▶ Read aloud the session title and the poem title. Invite your child to follow along as you read aloud the poem. **Say:** *God also has rules for us to follow. Following God's rules helps us make good choices. God's rules remind us to be helpful, kind, and truthful.*
- ▶ Repeat each of your family rules and together **say:** *That's a rule for us!* Then pray aloud the prayer. Conclude by praying *Amen*.

Explore: Pages 124–125

- ▶ Present choices such as the following, and ask your child to raise his or her hand when a good choice is heard. **Say:** *Help Dad rake leaves, share a treat with my sister, take a book without permission, be unkind to a friend, listen to my teacher.*
- ▶ Read aloud the title and the sentences on page 124. Have your child point to the word *choice*. Help him or her find it in the Glossary. Discuss the definition. Explain that a bad choice made on purpose is called a sin. **Say:** *A sin is a bad choice that can hurt God, someone else, or yourself.* Read aloud the directions and have your child complete the activity.
- ▶ Read aloud the Reading God's Word feature. **Say:** *Treat other people the way you want to be treated. That's a rule for us!*
- ▶ Read aloud the title and the sentences on page 125. Remind your child that everyone makes bad choices once in a while. **Say:** *God always loves us, even when we sin.* Read aloud the directions and have your child complete the activity.
- ▶ Read aloud the A Friend of God feature. **Say:** *Saint Francis of Assisi devoted his life to following God's rules, telling people about Jesus, being kind to others, and living simply.*



Art Exploration: Explore Art Print 21 Blackline Master

- ▶ Find in a magazine, in a book, or online a picture of families or friends helping each other.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including how the people are helping each other.
- ▶ **Say:** *When we help one another, we are making a good choice.*
- ▶ Display the Art Print Blackline Master for Session 21. Read aloud the introduction and discuss the question.
- ▶ Read aloud the section Making Good Choices. **Say:** *Jesus asks that we treat others as we want to be treated. We call this the Golden Rule.*
- ▶ Read aloud the section The Right Thing. **Say:** *A good way to practice making a good choice is to picture yourself making good choices in the future.* Help your child complete the activity. Invite your child to live out his or her idea this week.
- ▶ Together make a Golden Rule Collage. From newspapers and magazines, cut out pictures of people helping each other and living out the Golden Rule. Take turns gluing the images to poster board. Fill in open spaces with words and symbols that convey love. Point to the pictures on the finished collage and **ask:** *How are these people following the Golden Rule?* (They are treating others how they want to be treated.)

Reflect: Pages 126–127

- ▶ Together look at page 126. **Say:** *These children are helping take care of their dog. We ask God to help us make good choices, especially when the good choice is not the easy choice.*
- ▶ Read aloud the title and the introductory sentence on page 126. Then have your child prepare for prayer. Pray aloud the prayer, pausing after each line. Conclude by praying the Sign of the Cross together.
- ▶ **Say:** *God gave us 10 rules called commandments. The Ten Commandments help us make good choices and live happy lives.* Read aloud the title and the sentences on page 127. Help your child find the Ten Commandments on page 192. Read aloud and discuss the Ten Commandments. Then have your child complete the activity on page 127.

Respond: Page 128

- ▶ Read aloud the Faith Summary. Have your child trace the word *choice*. **Say:** *We have talked about making good choices and not making bad choices. Good choices show our love for God.*
- ▶ Invite your child to pray silently while you pray aloud. **Say:** *Dear Father, help us show our love for you and others through the good choices we make.* Together pray the Sign of the Cross.
- ▶ Read aloud the words from the story in With My Family and have your child say the picture words. Use the Picture Glossary on pages 206–207 if needed. Invite your child to answer the question at the end of the story.



God Calls Us to Love Our Family

Engage: Page 129

- ▶ Make a heart shape by touching your thumbs and pointer fingers together. **Say:** *I love my family.* Have your child repeat your words and action.
- ▶ Read aloud the session title, the song title, and the lyrics. Together repeat the lyrics and clap out a rhythm. **Say:** *This song thanks God the Father, Jesus his Son, and the Holy Spirit.* Make the heart shape and **say:** *Thank you, God, for my family.*
- ▶ Talk about things that you love about each member of your family. Then pray aloud the prayer together. Conclude by praying *Amen.*

Explore: Pages 130–131

- ▶ **Ask:** *What groups do we belong to?* Make a list including the human race, your country, your community, and your parish. **Say:** *Let's find out about another group we belong to.*
- ▶ Read aloud the title and the sentences on page 130. **Say:** *You and I belong to our family, and we all belong to God's family!* Explain the idea of a family tree and have your child complete the activity.
- ▶ Read aloud the Reading God's Word feature. **Say:** *One way to honor your father and your mother is to listen to them.*
- ▶ **Say:** *We learned about the Ten Commandments. There is another rule called the Great Commandment. Jesus wants us to love both God and others.* Read aloud the title and the sentences on page 131. Point out the word *honor*. Help your child find it in the Glossary and discuss the definition. Then have him or her complete the activity. **Say:** *Showing love for your family is a way of honoring the Great Commandment.*
- ▶ Read aloud the Did You Know? feature. **Say:** *Saint Anne and Saint Joachim are Jesus' grandparents.*



Art Exploration: Explore Art Print 22 Blackline Master

- ▶ Find in a magazine, in a book, or online a picture of a family on a picnic.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including what the family is doing.
- ▶ **Say:** *When we show love to God and our families, we are living how Jesus wants us to live.*
- ▶ Display the Art Print Blackline Master for Session 22. Read aloud the introduction and discuss the question.
- ▶ Read aloud the section Follow Jesus' Example. **Ask:** *What does it mean to obey our parents? (We do what they ask us to do.)* **Say:** *Our parents care for us, teach us, and help us follow Jesus.* Read aloud the section I Love My Family and have your child complete the activity.
- ▶ Read aloud the Reading God's Word feature. **Ask:** *What are the names of Jesus' parents? (Mary and Joseph)*
- ▶ **Say:** *Earlier you drew a family portrait. Now paint yourself doing as God asks, helping and respecting a family member.* Give your child drawing paper, colored pencils or crayons, and watercolor paints. Invite him or her to paint a picture of himself or herself helping a family member. Offer suggestions of possible scenes.

Reflect: Pages 132–133

- ▶ Together look at page 132. **Ask:** *What is the family doing? (praying)* **Say:** *Families can pray together at times besides mealtime and bedtime. God is always there for us.*
- ▶ Read aloud the title and the introductory sentences. Then pray aloud the prayer with your child. When you are finished, give your child time for silent prayer. Pray *Amen* together.
- ▶ Display a "Home Sweet Home" sign. **Ask:** *What does this sign mean? (Home is sweet because the people and things we love most are there.)*
- ▶ Read aloud the title and sentences on page 133. **Say:** *Animals live in families too. They help each other grow and learn.* Read aloud the directions and have your child complete the dot-to-dot activity. **Say:** *As you connect the dots to make the nest, think about prayers you can pray for members of our family.*

Respond: Page 134

- ▶ Read aloud the Faith Summary. Have your child trace the word *honor*. **Say:** *We have talked about making good choices and honoring and loving our families.*
- ▶ Invite your child to pray silently while you pray aloud. **Say:** *Dear Jesus, thank you for helping me show and share love as part of God's family.* Together pray the Sign of the Cross.
- ▶ Read aloud the words from the story in With My Family and have your child say the picture words. Use the Picture Glossary on pages 206–207 if needed. Invite your child to answer the question at the end of the story.



God Calls Us to Forgive

Engage: Page 135

- ▶ **Say:** *Forgiveness happens when we make peace with someone whom we have hurt or who has hurt us.*
- ▶ Read aloud the session title, the poem title, and the poem. **Ask:** *What did Zacchaeus say to Jesus? ("I'm sorry! Forgive me, please!")*
- ▶ Make up motions and gestures to go along with the poem, and read it aloud again. Then pray aloud the prayer together. Conclude by praying *Amen*.

Explore: Pages 136–137

- ▶ **Say:** *Zacchaeus took money that did not belong to him. He made bad choices that hurt people.* **Ask:** *How do you think he felt about what he had done? (He felt bad. He felt sorry.)*
- ▶ Read aloud the title and the sentences on page 136. **Say:** *Sometimes we make bad choices. Sometimes we do and say things that hurt God, ourselves, or others. God wants us to make good choices and help others.* Read aloud the directions and discuss each situation. Then assist your child in completing the activity.
- ▶ Read aloud the I Go to Church feature. **Say:** *Jesus knows what is in our hearts. He forgives us when we are sorry for our sins.*
- ▶ Read aloud the title and the sentences on page 137. Have your child point to the words *forgiveness* and *peace*. Help him or her find the words in the Glossary. Discuss the definitions. **Ask:** *How do the characters in the cartoon feel? (Answers will vary.)* **Say:** *When you make a bad choice, you hurt others and you feel sad. Asking for forgiveness gives us peace.* Have your child complete the picture to show peace and happiness on the boy's face.
- ▶ Read aloud the Reading God's Word feature. Remind your child that the Lord's Prayer teaches us about forgiveness.



Art Exploration: Explore Art Print 23 Blackline Master

- ▶ Find in a magazine, in a book, or online a picture of two people hugging each other.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including the expressions on the people's faces.
- ▶ **Say:** *God wants us to forgive one another. A hug can be a sign of love, forgiveness, or thanks.*
- ▶ Display the Art Print Blackline Master for Session 23. Read aloud the introduction and discuss the question.
- ▶ Read aloud the section God Forgives Us. **Say:** *Jesus knew that God's love is greater than any sin. That is why Jesus said we should forgive people who hurt us.*
- ▶ Read aloud the section Peaceful Hearts and invite your child to complete the activity. **Ask:** *How can your picture show that the heart is put back together and someone is forgiven?* (Answers will vary.)
- ▶ Role-play simple scenarios with your child where one person says "I'm sorry" and the other person forgives him or her. Examples of situations could include cutting in line, arguing over a toy, and taking something that is not yours. **Ask:** *What can we say that will help us forgive each other and bring peace to our hearts?* ("I'm sorry." "Please forgive me.")

Reflect: Pages 138–139

- ▶ Together look at page 138. **Say:** *The boy in the picture is ending his day with a prayer. He can share with God the best parts of his day, and with God's help, he can promise to try harder tomorrow.*
- ▶ Read aloud the title and the introductory sentences. Explain that the Examen gives us steps to think about what we did during the day and the choices we made. Then read aloud each line of the Daily Examen. Give your child time to reflect after each sentence. Together pray *Amen*.
- ▶ Read aloud the title and the sentences on page 139. **Say:** *Let's go through these questions again to help us avoid sin.* Then have your child complete the activity.

Respond: Page 140

- ▶ Read aloud the Faith Summary. Have your child trace the words *forgiveness* and *peace*. **Say:** *We have talked about asking for forgiveness and forgiving others. When we receive forgiveness, we feel at peace.*
- ▶ Invite your child to pray silently while you pray aloud. **Say:** *Dear God, thank you for your love and forgiveness. Help me remember to make good choices.* Together pray the Sign of the Cross.
- ▶ Read aloud the words from the story in With My Family and have your child say the picture words. Use the Picture Glossary on pages 206–207 if needed. Invite your child to answer the question at the end of the story.



God Calls Us to Help

Engage: Page 141

- ▶ **Ask:** *How can we make the world a better place? (Answers will vary.)* **Say:** *Placing other people's needs before our own needs is a good place to start!*
- ▶ Read aloud the session title and the poem title. **Ask:** *Who teaches us about caring and sharing? (Jesus)* Then read aloud the poem.
- ▶ Talk about ways you can make your neighborhood a better place, and make a plan to carry out one of your ideas. Then pray aloud the prayer together. Conclude by praying *Amen*.

Explore: Pages 142–143

- ▶ Make a two-column chart with the headings *Wants* and *Needs*. Compare your wants to basic needs such as food, shelter, clothing, and love. Write them on the chart.
- ▶ Read aloud the title and the sentences on page 142. Have your child point out the word *needs*. Help him or her find it in the Glossary and discuss the definition. Use your chart to call out wants and needs. **Say:** *Raise your hand when I call out a need.* Then read aloud the directions and have your child complete the activity. Revisit the meaning of *needs* as necessary.
- ▶ Read aloud the Reading God's Word feature. **Say:** *God is happy when we do good things for others.*
- ▶ Read aloud the title and the sentences on page 143. Discuss each of the corporal works of mercy found in the box, and have your child complete the activity.
- ▶ Read aloud the Did You Know? feature. Help your child find some places on a map or globe where Catholic Charities does work.



Art Exploration: Explore Art Print 24 Blackline Master

- ▶ Find in a magazine, in a book, or online a picture of Saint Vincent de Paul helping people in need.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including the people and their actions.
- ▶ **Say:** *Just like Saint Vincent de Paul, we are called by God to help those who are poor and give them what they need.*
- ▶ Display the Art Print Blackline Master for Session 24. Read aloud the introduction and discuss the question.
- ▶ Read aloud the section Helping Those in Need. **Ask:** *How can we be more like Saint Vincent de Paul?* (We can help people in need of clothing, food, and love.)
- ▶ Read aloud the section Giving Others What They Need. Remind your child that there are many ways we can help others. Provide magazines and newspapers for your child to cut out pictures to complete the activity.
- ▶ **Say:** *Close your eyes and imagine you are with Saint Vincent de Paul. You see him caring for those in need. He turns to you and asks if you can help. How might you help him? What can you do to help those in need?* (Answers will vary.) Discuss what it would feel like to work beside Saint Vincent de Paul. Conclude by thanking God for caring.

Reflect: Pages 144–145

- ▶ Together look at page 144. **Ask:** *What are the people in the picture doing?* (Answers will vary.) **Say:** *Jesus teaches us to reach out with love to people in need.*
- ▶ Read aloud the title and the introductory sentence on page 144. Point out the Leader and All parts and help your child learn his or her part. Pray aloud the prayer, pausing to let your child respond. Conclude by praying together *Amen*.
- ▶ Read aloud the title and the sentences on page 145. **Ask:** *What does it feel like to feel God's love?* (happy, peaceful) Have your child complete the activity.

Respond: Page 146

- ▶ Read aloud the Faith Summary. Have your child trace the word *needs*. **Say:** *We have talked about helping others as Jesus teaches us to do. When we help those in need, we spread joy and love.*
- ▶ Invite your child to pray silently while you pray aloud. **Say:** *Jesus, let your example remind us to be caring and to share when we see people in need.* Together pray the Sign of the Cross.
- ▶ Read aloud the words from the story in With My Family and have your child say the picture words. Use the Picture Glossary on pages 206–207 if needed. Invite your child to answer the question at the end of the story.



Celebrating Easter

Engage: Page 147

- ▶ **Ask:** *What are some signs of the spring season? (spring blossoms, baby animals)* **Say:** *Our Church celebrates a season called Easter where we feel joy and think about things being new again.*
- ▶ Read aloud the session title and the text. Have your child point to the word *Easter*. Help him or her find it in the Glossary. Discuss the definition. **Say:** *We feel joyful at Easter because Jesus rose from the dead.*
- ▶ Together find Easter on a calendar. Count out 50 days to identify the season. Pray aloud the prayer together. Conclude by praying *Amen*.

Explore: Page 148

- ▶ **Ask:** *What is a promise? (A promise is when you assure someone that something will be done.) Have you ever made a promise? What is it like to keep a promise? (Answers will vary.)*
- ▶ Read aloud the title and the sentences. **Say:** *Jesus kept his promise that he would always be with us.*
- ▶ Point out the word *Alleluia*. Help your child find it in the Glossary. Discuss the definition. **Say:** *We say and sing Alleluia often at Easter.* Have your child complete the activity.
- ▶ Read aloud the Reading God's Word feature. **Say:** *Everyone was surprised and confused when they didn't find Jesus' body in his tomb.* Read to your child the story of the Resurrection, found in Matthew 28:1–8, from a children's Bible or retell it from your Bible using simple language. Encourage your child to ask questions.

Reflect: Page 149

- ▶ Talk about how your family celebrates Easter. **Ask:** *What are our family's Easter traditions? (Answers will vary.)*
- ▶ Read aloud the title and the sentences. **Say:** *Jesus gives us new life when we celebrate his Resurrection on Easter Sunday.* Have your child complete the activity.
- ▶ Read aloud the I Go to Church feature. **Say:** *The paschal candle reminds us that Jesus is the Light of the World. He is always with us, lighting our way.*



Art Exploration: Explore Art Print 25 Blackline Master

- ▶ Find in a magazine, in a book, or online a picture of Jesus' friends finding angels in Jesus' tomb.
- ▶ **Ask:** *What do you see in this picture?* Encourage your child to describe the picture in detail, including what he or she sees (or what is missing) in the tomb.
- ▶ **Say:** *Easter, the day we celebrate Jesus' Resurrection, is the most important holiday in our Church. On Easter Sunday, we celebrate Jesus rising from the dead.*
- ▶ Display the Art Print Blackline Master for Session 25. Read aloud the introduction and discuss the question.
- ▶ Read aloud the section Jesus Is Risen. **Say:** *Easter is such a joyful season that the Church celebrates for 50 days! We celebrate the knowledge that Jesus is with us always.*
- ▶ In advance, prepare an outline of a cross on paper and tear tissue paper into small pieces. Read aloud the section Easter Cross. Demonstrate steps as needed to help your child complete the activity. Display the Easter Cross in your home.
- ▶ Read aloud the Reading God's Word feature. **Say:** *The woman who found the empty tomb may have been scared and confused, but Jesus was soon there to comfort her.*
- ▶ Play a recording of a joyful "Alleluia." **Say:** *Alleluia means "Praise the Lord." We sing "Alleluia" to praise God and to celebrate the new life Jesus gave us when he kept his promise and rose from the dead.* Encourage your child to sing along as you play the song again. Remind your child to listen for songs with the word *Alleluia* when you sing them at Mass during Easter season.

Respond: Page 150

- ▶ Read aloud the Faith Summary. Have your child trace the words *Easter* and *Alleluia*. **Say:** *We have talked about how Jesus kept his promise to be with us always. We say and sing "Alleluia!" because we are so happy that Jesus has risen.*
- ▶ Invite your child to pray silently while you pray aloud. **Say:** *Dear Father, thank you for giving us your Son, Jesus. His life fills us with joy and peace.* Together pray the Sign of the Cross.
- ▶ Read aloud the words from the story in *With My Family* and have your child say the picture words. Use the Picture Glossary on pages 206–207 if needed. Invite your child to answer the question at the end of the story.