# **Christ Our Life**

NEW EVANGELIZATION EDITION

AT-HOME **FDITION** 

Grade

Chapter 1

# We Worship God as Catholic Christians

 Say: Before we start the first unit of your book, let's take turns reading aloud page 2. Ask: What are some signs and symbols that people use to show they are members of the Catholic Church? (Examples: a Bible, jewelry with a cross or crucifix, ashes on the forehead on Ash Wednesday) Say: In this unit, we are going to learn about the sacraments that make us members of the Church. We will talk about symbols used to celebrate the sacraments.

# CHAPTER 1 We Are a Worshiping **People**

# Centering PAGE 1

- ◆ Together look at the book cover. Ask: What is your book's title? (We Worship) What do you think it means to worship God? (to praise, to adore, to pray, to love God and others)
- Have your child read aloud the unit title and the Bible verse on page 1. Say: These people are worshiping God as Catholic Christians. Your book will help you understand the ways we worship God.

- Have your child read aloud the chapter title and the section We Give Praise to God on page 3. Ask: What does it mean to praise God? (to adore God, to admire him, to give him glory) Why should we praise God? (because he loves us and created us, because he gave us a wonderful world and great gifts, because he sent his Son to save us)
- ◆ Have your child complete the activity and share the answers given. Then say: These are ways we respond to the amazing world God created. Sometimes we are overflowing with these emotions. This wonder we feel is also wonder for God and his deep love for us.
- ◆ Read and discuss the verses on the page from Revelation. Say: **Revelation** is the last book of the Bible. These verses from Revelation are a prayer of praise. You might like to make this prayer your own.

#### Sharing PAGE 4

- ◆ Have your child read aloud the first two paragraphs on page 4. Say: The men in the picture at the bottom are worshiping God in a synagogue. Jesus worshiped his Father by praying in a synagogue each week.
- ◆ Say: Jewish people know this prayer by heart. Read aloud from a Bible Deuteronomy 6:4–9. Say: The one true God of Israel is our one true God. We should remember this prayer too.
- ◆ Ask: What does the picture on top show? (Jesus offering himself to the Father at the Last Supper) Say: We also do this at Mass. Participating in Mass every Sunday is one sign that we are followers of Jesus.
- ◆ Have your child read aloud the rest of the page. Ask: What is the greatest act of Christian worship? (the Eucharist) Say: The teachings of the Catholic Church tell us all we need to know to worship as Christians.

#### Sharing PAGE 5

- ◆ Take turns reading aloud We Worship in Many Ways on page 5. Point out the boldface word and have your child look up its meaning in the Glossary. Ask: What do we do when we pray? (adore God; ask God to forgive us; ask God to make us holy; thank God) When we pray together, what are we reminded of? (that we are God's family)
- ◆ Ask: What are we really saying when we say "Alleluia"? (praise God)
- ◆ Lead your child in prayer using A Moment with Jesus. Say: Charles de Foucauld was a religious man who dedicated his life to worshiping God.
- ◆ Have your child complete the activity. Discuss his or her answers.

## Sharing PAGE 6

- ◆ Have your child read aloud We Worship Through Prayer on page 6. Then pray aloud Psalm 95. Ask: What does the psalm say we should do to praise God? (sing joyfully, greet him with thanksgiving, bow down)
- ◆ Say: Our lives are devoted to worship. That means everything we do and say reflects our love for God. We show love for God in how we speak to and act toward others.
- ◆ Have your child read aloud We Worship Through Service. Ask for ideas on ways your child can worship God for each item on the list.

# Acting PAGES 7-8

- ◆ Ask: What can you do today to worship God? (pray; respect others; share with others; be friendly at school; say kind words)
- ◆ Lead your child through the Summary and the Review on pages 7 and 8.
- ◆ Encourage your child to share the Things to Do at Home section with other members of your family, or together read aloud the section to review.

#### Gather and Go Forth PAGES 9-10

#### **INSPIRE**

◆ Read aloud the text and the Scripture in the sidebar on page 9. Say: This year we will learn about ways we can share the Good News.

#### **PROCLAIM**

- ◆ Read aloud the Know and Proclaim text and the chart. Say: God understands all prayer—praying quietly alone, rejoicing with our faith family at Mass, meditating with our class.
- ◆ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and say: Celebrating the sacraments, such as receiving the Eucharist and participating in Mass, strengthens us and our Church family.
- ◆ Read aloud A Catholic to Know on page 10. Say: Matthew was a tax collector who faced the temptation to become rich dishonestly. Some people were surprised that Jesus chose a tax collector to follow him and spread the Good News to others.
- ◆ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ◆ Read aloud the Share Your Faith directions and have your child complete the activity.

- ◆ Ask your child to pray for others. Say: The next time a friend shares a personal concern or difficulty, say, "I will pray for you."
- ◆ Guide your child to devote daily time to prayer. Help your child decide on a time every day he or she will talk to God.

# **CHAPTER 2** Jesus Calls Us to Worship

#### Centering

- ♦ Draw the following diagram on a sheet of paper:  $P \rightarrow W \leftarrow LS$ .
- ◆ Say: This diagram summarizes our last lesson. Ask: Can you figure out what it stands for? (Prayer [P] and loving service [LS] are ways we worship [W].)

#### Sharing PAGE 11

- Have your child read aloud the chapter title and the first two paragraphs in the section Jesus Offered Perfect Worship to the Father on page 11.
- ◆ Ask: What is grace? (a share in God's life) Who made grace possible for us? (Jesus) How? (by becoming human; by living, suffering, dying, and rising) Say: To help us realize what Jesus has done for us, let's read aloud the last sentence of the second paragraph together.
- Have your child read aloud the rest of this section. Say: Remember that Jesus taught us how to worship the Father. Ask: How did Jesus worship? (in all his words and deeds, through perfect prayer and loving service, by sacrificing himself on the Cross on Calvary)
- Lead your child in prayer using A Moment with Jesus. Say: Grace is a great and wonderful gift. Having grace is knowing that we share in God's divine life and have nothing to fear. We grow in grace by following the example of Jesus.

- ◆ Have your child read aloud Jesus in the Gospels on page 12. Ask: What does the word gospel mean? (good news) What good news does the Gospel tell us? (that Jesus saved us from sin and death)
- ◆ Read aloud Jesus Leaves Capernaum. Say: Jesus is the perfect example of how to worship the Father. What could we do in our lives that would be like the things Jesus did in this story? (pray every day, teach others about our faith)
- ◆ Guide your child through Scripture References. Say: When you say "Mark one, thirty-five through thirty-nine," you are giving a Scripture reference, which helps us find verses in the Bible.
- ◆ Say: Verses are sentences or phrases that the chapters are divided into. They make it easier to study and talk about the Bible. Have your child practice saying the Scripture references aloud.
- ◆ Have your child complete the activity Scripture Search.

#### **Sharing** PAGE 13

- ◆ Have your child read silently Jesus Shows Us the Father's Love on page 13.
  Say: Name things Jesus did to show the Father's love.
- ◆ Ask: What is Jesus doing in the picture? (healing a blind man) Read aloud Mark 8:22–26. Ask: What actions did Jesus perform in the story? (Jesus led the man out of the city, put spittle on his eyes, and laid his hands upon him.)
- ◆ Say: Jesus healed the man as a sign of the Father's love for the man. Everything Jesus did on earth showed us the love of God.
- ◆ Point out the signs at the bottom of the page. Say: All signs, whether words, actions, or things, present a message. Let's see how the signs used by Jesus and by the Church are different from everyday signs.
- ◆ Have your child read aloud Jesus Acts in the Sacraments. Point out the boldface words and have your child find their meanings in the Glossary.
- ◆ Ask: What are the sacraments? (sacred signs in which we meet Jesus and receive from him a share in God's life; actions of Jesus and actions of his Church; celebrations) Which sacraments initiate us into the Church? (Baptism, the Eucharist, Confirmation) Why are Penance and Anointing of the Sick called Sacraments of Healing? (Penance and Reconciliation heal us when we are wounded by sin; the Anointing of the Sick helps those who are seriously ill.) What sacraments give special graces for certain vocations or ways of life? (Matrimony, Holy Orders) Say: The Sacrament of Matrimony is also called marriage.

## Sharing PAGE 14

- ◆ Have your child read aloud the first three paragraphs on page 14. Ask: In which sacraments are the objects in the picture used? (Scripture is used in all sacraments. Hosts and chalice are used in the Eucharist. Baptism shell with water is used in Baptism. Wedding rings are used in the Sacrament of Matrimony.)
- ◆ Say: The sacraments are part of the Church's public worship called liturgy. They help members of the Church grow in holiness together.

# Acting PAGES 15-16

- Help your child find and remove the Morning Offering cutout at the back of the book. Say: This is the Morning Offering. In this prayer you offer to God everything you do during the day. You can also find it inside the front cover of your book. Help your child cut out the prayer. Encourage him or her to pray it every morning.
- ◆ Lead your child through the Summary and the Review on pages 15 and 16.
- ◆ Encourage your child to share the Things to Do at Home section with other members of your family, or together read aloud the section to review.

#### Gather and Go Forth PAGES 17-18

#### **INSPIRE**

◆ Read aloud the text and the Scripture in the sidebar on page 17. Say: The Scripture from the Book of Psalms is a song of praise. Our songs worship God. Ask: What are some other actions that worship God? (offering prayer, sacrifice, and service; receiving the sacraments)

#### **PROCLAIM**

- ◆ Read aloud the Know and Proclaim text and the chart. Say: Knowing our Catholic beliefs helps us share our faith with others and worship God more fully.
- ◆ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and say: The sacraments are sacred signs in which we meet Jesus and share in his divine life.
- ◆ Read aloud A Catholic to Know on page 18. Say: Saint Vincent founded a community of priests who patterned their lives on Christ. He is an excellent example of a person who lived his life as Jesus did.
- ◆ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- Read aloud the Share Your Faith directions and have your child complete the activity.

- ◆ Challenge your child to write and illustrate a psalm of praise to God. Tell your child to refer to the Book of Psalms for inspiration.
- ◆ Invite your child to model Saint Vincent de Paul. Help him or her seek out charitable organizations where your child can devote time and talent. Suggest that your child ask a friend to join him or her in service.

# CHAPTER 3 Baptism Unites Us with the Christian Community

## **Centering**

- ◆ Say: Today we will talk about the first Sacrament of Initiation that a Christian receives. Do you know what this sacrament is called? (Baptism)
- ◆ Say: When we are baptized, we are followers of Jesus. We are his disciples. Let's read how Jesus' first disciples were called. Read aloud John 1:35–42 from your family Bible.
- ◆ Say: At Baptism, we too receive our Christian names. We become part of the Christian family.

#### Sharing PAGE 19

- ◆ Have your child read aloud the first three paragraphs on page 19. Point out the boldface word and have your child find its meaning in the Glossary.
- ◆ Say: Water is a good sign for Baptism because it shows how our friendship with God lives and grows and cleanses us of our sins. It frees us from the Original Sin we are born with. Original Sin is the effect of the disobedience of Adam and Eve.
- ◆ Have your child read silently the remaining paragraphs on page 19. Say: Water gives life, but it can also take away life. In Baptism, we die to our sin, and we rise to a new life in Jesus. This is conversion.
- Say: Everyone who is baptized has received this gift of the Holy Spirit. Every Baptism gives the Christian community new life.

- ◆ Have your child read aloud Baptism Initiates Us on page 20. Ask: What is the special program that prepares adults to be members of the Catholic Church? (Rite of Christian Initiation of Adults, RCIA) What is a **catechumen?** (someone in the RCIA preparing for Baptism)
- ◆ Ask: What happens during the RCIA? (Catechumens learn about the Catholic faith. The Catholic community helps them experience Catholic life, worship, and ministry.) When do catechumens celebrate the Sacraments of Initiation? (during the Easter Vigil, when they celebrate Baptism, Confirmation, and the Eucharist)
- ◆ Have your child read silently the first paragraph of Sacramentals Help Us. Ask: What are sacramentals? (words, actions, and objects blessed by the Church that bring us closer to God)
- ◆ Help your child identify the sacramentals pictured at the bottom of the page. Then discuss the question below the paragraph.

#### Sharing PAGE 21

- ◆ Have your child read aloud the first two paragraphs on page 21. Ask: Why do the priest, the parents, and the godparents make the Sign of the Cross on the infant? (to show that the infant was saved by Jesus and belongs to God, to remind them to help the child live as a child of God)
- ◆ Ask: What are some things our parents and godparents do to keep the promises they made at our Baptisms? (They pray with and for us. They teach us about Jesus. They send us to classes to learn about Jesus.)
- ◆ Take turns reading aloud the rest of this section. Ask: What does the priest or deacon pray? (that the infant will be freed from sin and strengthened against evil) What is put on the infant? (oil) Say: We anoint with oil. The oil strengthens and heals. The child will be strengthened by Christ and healed from sin.
- ◆ Say: Baptism is the official sign that we belong to God. Jesus made the waters of Baptism a sign of giving God's life to the baptized.
- Lead your child in prayer using A Moment with Jesus.

## Sharing PAGE 22

- ◆ Have your child read aloud A Child Is Baptized on page 22. Say: In the early Church, people were baptized by immersion. This means that they were submerged in water. Some churches baptize this way today. Discuss how both you and your child were baptized.
- ◆ Ask: What does the priest say when he baptizes a baby? ("I baptize you in the name of the Father, and of the Son, and of the Holy Spirit.")
- ◆ Say: Remember that words, actions, and objects can be signs. Ask: What is the anointing with chrism a sign of? (that the baptized are members of God's family) What does the white garment used in Baptism mean? (that the child is clothed in Christ) What does the lighted candle mean? (that we receive the light of Christ)
- ◆ Say: Priests or deacons baptize because they act for the Church and Jesus. But any Christian can baptize a person who is dying and wants to be baptized.
- ◆ Say: Baptism is a celebration. Families come together to celebrate, and the Church welcomes new members into the community.
- ◆ Have your child complete the activity. Discuss his or her response.

# Acting PAGES 23-24

- ◆ Lead your child through the Summary and the Review on pages 23 and 24.
- ◆ Encourage your child to share the Things to Do at Home section with other members of your family, or together read aloud the section to review.

#### Gather and Go Forth PAGES 25-26

#### **INSPIRE**

◆ Read aloud the text and the Scripture in the sidebar on page 25. Ask: What is Peter's message to us? (It is a message of hope. When we are baptized, our sins are forgiven, and we receive the Holy Spirit.) Say: Baptism is a celebration of life!

#### **PROCLAIM**

- ◆ Read aloud the Know and Proclaim text and the chart. Say: Through the Sacrament of Baptism, God gives us his grace.
- Read aloud the question and answers in Test Your Catholic Knowledge.
   Have your child answer the question and say: Knowing the facts of our faith and the history of the Church helps us teach others about Christ.
- ◆ Read aloud A Catholic to Know on page 26. Say: John Neumann believed it was important for children to be educated and taught the ways of Jesus.
- ◆ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ◆ Read aloud the Share Your Faith directions and have your child complete the activity.

- Have your child recite aloud his or her baptismal promises. Ask: What is something you can do to honor your baptismal promises? (proclaim Jesus through words and actions; care for others and for God's world; work for justice and peace)
- ◆ Have your child write a short prayer thanking God for his or her Baptism, which made him or her a member of the Church.

# Christ Our Life

NEW EVANGELIZATION EDITION

AT-HOME EDITION

Grade 5

Chapter 13

# We Celebrate God's Healing Love

◆ Take turns reading aloud page 104. Ask: What choice did Ignatius face? (whether to go back to his old life) Say: During his recovery, Ignatius read about Jesus and the saints, which helped him make a choice. Because of his choice, he went on to do great things and become a saint.

# CHAPTER 13 God's Healing Love

# Centering PAGE 103

- Have your child read aloud the unit title and the verse on page 103. Ask: From that title, what group of sacraments do you think we might study next? (the Sacraments of Healing) Which sacraments belong to this group? (Sacrament of Reconciliation, Sacrament of the Anointing of the Sick)
- ◆ Say: Every day we have to make choices, and sometimes we don't know where those choices will take us. It's hard to choose when you don't have any help. Sometimes the choices are not important. Sometimes they can change our lives, just as Ignatius's choice changed his entire life.

- ◆ Have your child read aloud the section Sacraments of Healing on page 105. Ask: Which sacrament heals the damage to our relationship with God caused by sin? (the Sacrament of Reconciliation) Point out the boldface term and have your child find its meaning in the Glossary. When does a person receive the Sacrament of the Anointing of the Sick? (in times of serious illness or old age)
- ◆ Say: God has given us freedom to make choices in our lives. Because we are free to make our choices, we are also responsible for our choices and their results. Each of us must accept the credit or the blame for our choices and the good or the bad that happens because of them.
- ◆ Have your child read aloud the section God Enables Us to Choose. Say: Let's imagine a boy named Jeff working in his yard. Jeff's friends want him to go biking but Jeff's father said he couldn't go anywhere until he finished his work. Ask: If Jeff went with his friends before his work was finished, what kind of choice would that be? (sinful) Why? (because Jeff disobeyed his father; he disobeyed God's law to honor your father and mother)

- Say: Let's think of the consequences of that choice. Ask: What might be the result of Jeff's choice to go biking? (His father might become angry; someone else might have to finish Jeff's work.)
- ◆ Have your child complete the activity at the bottom of the page.

#### Sharing PAGES 106-107

- ◆ Have your child read silently God's Gifts Can Help Us Choose on page 106. Ask: What is a conscience? (It is a gift that lets us know right from wrong.) Say: We must do all we can to form a good conscience—one that will help us make good judgments. Ask: Why do you think it would be better to follow our conscience? (We want to choose what is good.)
- ◆ Have your child complete the activity at the bottom of the page.
- Have your child read silently Step into the Right Choice.
- ◆ Read aloud the first paragraph on page 107. Say: A person's conscience needs to be exercised like a muscle. Ask: What are some things we can do to form a right conscience? (study religion, listen to God's Word at Mass)
- ◆ Say: God has given us other aids to form a right conscience. As we read the list in the next paragraph, think of how these people or things can help. Read aloud the next paragraph and the bulleted list. As you read each item, ask how it can help or has helped your child learn right from wrong.
- ◆ Have your child complete the activity and read A Moment with Jesus.

# Sharing PAGE 108

- ◆ Have your child read aloud the first four paragraphs on page 108. Say: We sin when we deliberately think, say, or do something God has forbidden, or when we fail to do something that God has commanded.
- ◆ Say: Mortal sin is a deadly sin. When we commit mortal sin, we cut ourselves off from God's grace. We commit mortal sin when these three conditions are met. Read aloud the bulleted list.
- Have your child read silently the rest of this section. Ask: What are three
  ways that venial sins, lesser sins, can be forgiven? (praying an Act of
  Contrition, receiving the Eucharist, performing good works)

# Acting PAGES 109-110

- ◆ Lead your child in a short meditation on sharing Christ's forgiving love. Say: There are two ways in which we can share Christ's forgiving love. One is by forgiving those who have hurt us; the other is by asking forgiveness of anyone we have hurt. Sometimes it is hard to forgive. How can I be more forgiving, more like Jesus? [Pause.]
- ◆ Lead your child through the Summary and the Review on pages 109–110.
- Encourage your child to share the Things to Do at Home section with other members of your family, or together read aloud the section to review.

#### Gather and Go Forth PAGES 111-112

#### **INSPIRE**

◆ Read aloud the text and the Scripture in the sidebar on page 111. Say: We ask for God's love and mercy, and he is right here, healing us and helping us be holy. God will help us if we ask.

#### **PROCLAIM**

- ◆ Read aloud the Know and Proclaim text and the chart. Say: God's sanctifying grace continues the work of making us holy, the work that began at Baptism.
- Read aloud the question and answers in Test Your Catholic Knowledge.
   Have your child answer the question and say: God gives us his grace to help us make good choices.
- ◆ Read aloud A Catholic to Know on page 112. Say: Bede shows us that a person does not have to do extraordinary things to be great.
- ◆ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ◆ Read aloud the Share Your Faith directions and have your child complete the activity.

- ◆ Encourage your child to make good choices. Say: Change the direction of the conversation at home or school when people begin to speak negatively about others.
- ◆ Have your child read more about Saint Bede the Venerable. Suggest stories from Bede's *Ecclesiastical History of the English People* for your child to read, such as the miracle stories.

# CHAPTER 15 A Gift of Strength

#### **Centering**

- ◆ Ask: Why is the Sacrament of Reconciliation called a Sacrament of **Healing?** (It heals our soul by forgiving sin.) Say: **Today you will learn** about a sacrament that has the power to heal both body and soul.
- ◆ Ask: Has someone you loved very much ever been seriously ill? What do you want to do for a loved one who is sick?

#### Sharing PAGE 123

- Have your child read aloud the chapter title and the first three paragraphs on page 123. Say: Jesus healed those who were ill. Ask: Why do you think God sometimes allows people to suffer? (He has a plan we cannot understand; he brings good out of suffering.)
- ◆ Have your child read aloud the rest of the section. Ask: **How do you feel** when people do kind things for you when you are sick? Discuss your child's answers and relate them to the needs of others who are sick.
- Have your child complete the activity at the bottom of the page.

- Have your child read silently Christians Help Those Who Are Sick on page 124. Ask: What are the two main ways we can help those who are sick? (by praying for them and by giving them loving care)
- ◆ Say: Remember that God is our Father and that all people are our brothers and sisters. Jesus wants us to care for our whole human family and to continue his healing work with all our brothers and sisters.
- ◆ Have your child answer the question at the bottom of the page.
- ◆ Say: One person Jesus healed was a blind man named Bartimaeus, who sat at the side of the road and begged. Listen to how Jesus showed him love. Read aloud Mark 10:46–52 from a Bible.
- ◆ Ask: What did Jesus do when he heard Bartimaeus? (He stopped and asked what he could do.) Why didn't Jesus ignore Bartimaeus? (He loved him.) What did Jesus do for Bartimaeus? (He cured him.)
- ◆ Say: We can see the love of Jesus for those who are sick in the way the Church cares for them. Many Christians dedicate their lives to helping those who are sick.
- ◆ Say: In the letter of Saint James, we read how, in the early days, the Church cared for those who were sick. Read aloud James 5:14–15 from a Bible. Say: Today the Church still anoints people suffering from sickness and prays for them in the Sacrament of the Anointing of the Sick.

#### **Sharing** PAGE 125

- ◆ Have your child read aloud the first two paragraphs on page 125. Say: In the Anointing of the Sick, Jesus helps people, but in different ways. Sometimes he cures them physically and takes away their illnesses and suffering. When he does not cure our bodies, he helps us accept our sickness as he accepted his Cross, and he forgives sin.
- ◆ Say: The way we respond to our suffering can unite us to the Passion and Death of Jesus and bring us to the glory of eternal life. But we need Jesus' help so we can suffer with love as he did. Jesus gives us this help in the Sacrament of the Anointing of the Sick.
- ◆ Have your child read aloud the rest of the section. Ask: Who may receive the sacrament? (anyone who is seriously ill, those who are elderly, anyone who is about to have major surgery)
- ◆ Ask: Who may be present when the sacrament is administered? (family and friends of the person who is sick, members of the parish community)
- ◆ Call your child to prayer using A Moment with Jesus.

#### Sharing PAGE 126

- ◆ Read aloud the first two paragraphs on page 126. Ask: What sacrament may those who are sick celebrate at the beginning of the rite? (Sacrament of Reconciliation) What comes after that? (readings from Scripture and a talk about those readings.)
- ◆ Say: Just as Jesus' touch cured those who were sick, the laying on of hands by the priest brings healing through the sacrament. After laying his hands on the person who is sick, the priest anoints the person's forehead and hands.
- ◆ Have your child read silently the rest of the page. Point out the boldface word and have your child find its meaning in the Glossary. Say: We call the Holy Communion that a dying person receives viaticum because Jesus is with that person who is on the way to eternal life.

## Acting PAGES 127-128

- ◆ Lead your child through the Summary and the Review activities on pages 127 and 128.
- ◆ Encourage your child to share the Things to Do at Home section with other members of your family, or together read aloud the section to review.

#### Gather and Go Forth PAGES 129-130

#### **INSPIRE**

Read aloud the text and the Scripture in the sidebar on page 129. Ask:
 What is this verse telling us? (Faith saves us; we are healed; we should be at peace.)

#### **PROCLAIM**

- ◆ Read aloud the Know and Proclaim text and the chart. Say: As members of God's Church, we are responsible for the needs of others. We can help spiritually through prayer and help physically by addressing the needs of those who are sick and suffering.
- ◆ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and ask: How does the Sacrament of the Anointing of the Sick help people who are suffering? (The sacrament unites people with the suffering of Christ. It brings health to the soul and sometimes to the body.)
- ◆ Read aloud A Catholic to Know on page 130. Say: Saint Mark was a disciple. Ask: What does being a disciple mean to you?
- ◆ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ◆ Read aloud the Share Your Faith directions and have your child complete the activity.

- ◆ Challenge your child to be a disciple. Say: Think of ways you can be a disciple at home, at school, and in our community. Then ask a friend to help you put one of your ideas into action this week.
- ◆ Ask your child to reach out. Say: Share a smile and a greeting with someone today. See Christ in everyone you encounter.