

## CHAPTER 3 Jesus Lives in His Church

### Centering

- ◆ Point out the picture at the top of page 19. Recall family Baptisms you have attended and share any pictures you may have of these occasions.
- ◆ Ask: **How did Jesus win new life for all of us?** (by dying and rising)  
Say: **Today you will learn about the time you first received this new life from Jesus.**

### Sharing PAGE 19

- ◆ Read aloud page 19 and have your child point out the words *Original Sin*, *sacrament*, *faith*, and *Confirmation*. Have your child look up the meanings in the Glossary.
- ◆ Say: **At Baptism, the priest asks the parents for the baby's name. The baby often receives a Christian name or a saint's name to show that he or she belongs to the Church.** Remind your child of his or her Christian name and say: **Your special saint shows you how to be holy by living the new life you received in Baptism.**
- ◆ Say: **At Baptism, we received three gifts that are like keys to our hearts. They are faith, hope, and love. Find the Act of Faith, Hope and Love inside the back cover of your book. Pray it with me. [Pause.] Learn this prayer by heart and try to pray it in the morning or at the end of the day. When you know it, color the cross by it in your book.**
- ◆ Say: **This year you will celebrate two more sacraments.** Ask: **What are they?** (Reconciliation, the Eucharist)

### Sharing PAGES 20–21

- ◆ Point out the pictures on pages 20 and 21. Say: **These are pictures from the Graham family's photo album. They were taken at Molly Elizabeth's Baptism.**
- ◆ Have your child look at each picture and read aloud the text next to it.
- ◆ Ask: **Who helped you at your Baptism?** (parents, godparents) **Who are your godparents?**
- ◆ Say: **Listen carefully as I read the baptismal promises. If you really want to keep them, answer "I do." Do you promise to stay away from what is evil? (I do.) Do you promise to try to live always as a loving child of God? (I do.) Do you believe in God, our loving Father; in his Son, Jesus Christ, Our Savior; and in his Holy Spirit? (I do.)**
- ◆ Ask: **What happened to Molly and you when you were baptized?** (We received God's life. We became members of the Church. Sin was taken away.)

- ◆ Say: **Molly's baptismal candle was lit from the Easter candle. This shows that Jesus gave Molly his light. You were given a baptismal candle too. Your baptismal candle reminds you to let Jesus' light shine from you.**

### Sharing PAGE 22

- ◆ Have your child read aloud *We Belong to the Church* on page 22. Say: **Saint Paul said the Church is a house made of "living stones."** Ask: **What do you think that means?** (The Church is really made of God's people and is not a building.) Say: **All people who are baptized belong to the Church.**
- ◆ Have your child read aloud *Jesus Helps Us Through His Church* on page 22 and point to the words *bishops* and *priests*. Identify the names of your bishop and your priest(s).
- ◆ Ask: **Do you remember some of the names of the apostles you learned about?** (Peter, John, Andrew, James) **Whom did Jesus choose to lead his Church as the first pope?** (Peter) Say: **Peter and the other apostles cared for the Church by teaching people what Jesus taught. The apostles baptized them and helped them grow in God's life.**
- ◆ Ask: **What is the current pope's name?** Say: **We call the pope the Holy Father. Do you know why?** (He cares for the Church like a father.) **Our Church leaders speak to us for Jesus. What else do they do for us?** (They teach us and help us be like Jesus. They provide the sacraments for us.)
- ◆ Say: **Each of us is important to the Church. Why?** (Each person has a place that no one else can fill. If we don't do our part, the Church is like a house with a missing stone. It is not as good and strong as it could be.)

### Acting PAGES 23–24

- ◆ Read aloud the top of page 23 and have your child complete the activity.
- ◆ Lead your child in prayer using *A Moment with Jesus*. Read aloud each sentence, pausing to allow your child time to reflect on each statement and converse with Jesus.
- ◆ Say: **We belong to the Church. We try to live like Jesus. As Christians, we promised to live in love.**
- ◆ Help your child remove the paschal candle punchout from the back of his or her book. Have your child color the flame and the Chi-Rho, the Greek letters that designate Christ.
- ◆ Help your child complete the Chapter 3 Review on page 24.
- ◆ Encourage your child to share the Building Family Faith section with other members of your family, or together read aloud the section to review.

**Gather and Go Forth** PAGES 25–26**INSPIRE**

- ◆ Read aloud the text and the Scripture in the sidebar on page 25. Say: **Peter is reminding early Christians who they are.** Ask: **Why are names important?** (They help us communicate with each other.)

**PROCLAIM**

- ◆ Read aloud the Know and Proclaim text and the chart. Say: **In Baptism, grace flows into us like water or light. It washes away Original Sin.**
- ◆ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and say: **We belong to our family, our parish, our community, and our country. We belong to the best group of all—the family of God, the Church.**
- ◆ Read aloud A Catholic to Know on page 26. Say: **When we follow Jesus and do God’s work, we can make a big difference.**
- ◆ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ◆ Read aloud the Share Your Faith directions and have your child complete the activity.

**TRANSFORM**

- ◆ Ask your child to reflect on what he or she wrote for Share Your Faith. Say: **Trusting God when we face a problem helps us grow closer to him.**
- ◆ Have your child pray for someone he or she knows who is facing a challenge.

## CHAPTER 10 Jesus Leads Us to His Peace

### Centering PAGE 77

- ✦ Ask your child to draw a happy face. Say: **Jesus wants people to be happy.** Ask: **How did he make people happy while he lived on earth?** (He made people happy by helping them, forgiving them for what they had done, and teaching them about God the Father.)
- ✦ Say: **When we love God, others, and ourselves, we say yes to God and keep God's laws of love. Today you will learn about a gift Jesus gave us so that we would always be happy and peaceful.**
- ✦ Have your child read aloud the title and the text on page 77.

### Sharing PAGE 78

- ✦ Say: **When we sin, we hurt ourselves because we lose our peace and happiness. When we sin, we hurt all of God's family. We need to be forgiven by God and God's family.** Ask: **How can we make peace with God and others?** (by saying we are sorry and really meaning it)
- ✦ Tell your child this story. Say: **Sometimes we hurt someone, but we do not commit a sin. Manny was playing ball. When he ran to first base, he accidentally knocked David down. David scraped his knee. Manny felt bad about hurting David, but he hadn't offended God because he didn't mean to do it. An accident is not a sin. A sin is doing something wrong on purpose.**
- ✦ Say: **Sometimes we make mistakes. Mistakes are not sins. Lena was in a hurry when she grabbed her lunch box from the shelf in school. When she got home, she saw she had taken Patty's lunch box by mistake.** Ask: **Is it a sin to take someone else's belongings by mistake?** (No.)
- ✦ Have your child read aloud the top section of page 78 and point out the words *sin* and *temptation*. Find the meanings of these two words in the Glossary. Complete the bottom section together. Discuss what is happening in each picture and decide whether or not the children are saying yes to God. Then have your child complete the activity.

### Sharing PAGE 79

- ✦ Say: **Jesus gave us seven special signs of his love and care. We call these signs *sacraments*. The sign of God's forgiveness is also a sacrament, the Sacrament of Reconciliation.**

- ◆ Have your child read aloud page 79 and point out the words *Sacrament of Penance and Reconciliation* and *reconciliation*. Look up the meanings of these terms in the Glossary.
- ◆ Help your child complete each sentence and then have him or her draw and color eggs in the basket. Say: **Jesus wanted his apostles and priests to be able to forgive in his name so that people who were sorry for their sins could receive his peace and forgiveness.**
- ◆ Say: **We can celebrate the Sacrament of Reconciliation whenever we are sorry for not loving God and others. You will soon be able to receive Jesus' forgiveness in the Sacrament of Reconciliation. I will help you get ready for this meeting with Jesus.**

### Sharing PAGE 80

- ◆ Have your child look at the picture as you read aloud the story on page 80. Say: **If you listen to the story, you will know why the woman in the picture looks so sorry.**
- ◆ Ask: **Why does Jesus forgive the woman who had sinned?** (He loved her.)
- ◆ Help your child understand how to celebrate the Sacrament of Reconciliation. Say: **When we have done something for which we are sorry, we tell a priest our sins and ask Jesus' forgiveness in the Sacrament of Reconciliation.** Ask: **Do you know where we do this?** (in the confessional or reconciliation room in church)
- ◆ Say: **The priest talks to us and helps us know what we can do to be better people. Then we pray an "I'm sorry" prayer and promise to be more loving. The priest forgives us in Jesus' name. We do as the priest tells us in order to make up for our sins and become more loving.**
- ◆ Have your child read and work on page 8 of the Reconciliation booklet to complete the steps for the Sacrament of Reconciliation. Then have your child work on page 9 of the booklet.
- ◆ Lead your child through A Moment with Jesus. Read the reflection slowly, pausing where appropriate.

### Acting PAGES 81–82

- ◆ Read the text and complete the activity on page 81 together.
- ◆ Help your child complete the Chapter 10 Review on page 82.
- ◆ Encourage your child to share the Building Family Faith section with other members of your family, or together read aloud the section to review.

**Gather and Go Forth** PAGES 83–84**INSPIRE**

- ✦ Read aloud the text and the Scripture in the sidebar on page 83. Say: **Jesus always wants to forgive us. But we have to do our part. We have to admit our sins. We have to be sorry.**

**PROCLAIM**

- ✦ Read aloud the Know and Proclaim text and the chart. Ask: **What happens in the Sacrament of Penance and Reconciliation?** (We say our sins. We say we are sorry. The priest forgives us in Jesus' name.)
- ✦ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and say: **Sin is when we do something wrong on purpose.**
- ✦ Read aloud A Catholic to Know on page 84. Say: **Even during a war, Martin found ways to love God and others.**
- ✦ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ✦ Read aloud the Share Your Faith directions and have your child complete the activity.

**TRANSFORM**

- ✦ Say: **It is important to stop and think before you act. Doing something too fast can sometimes be a bad idea. God wants us to slow down and think.**
- ✦ Together make a sign that says *Slow Down. Talk to God.* Have your child decorate the sign and then place it in a busy area in your home such as the kitchen.

## CHAPTER 12 We Meet Jesus in the Sacrament of Reconciliation

### Centering PAGE 91

- ✦ Say: **Jesus sent the Holy Spirit to help us. We talked about two ways that the Holy Spirit helps us.** Ask: **What are those ways?** (The Spirit prompts us to do loving things and helps us look into our hearts.)
- ✦ Read aloud the title and the text on page 91. Then point out the picture. Ask: **Why are the people so happy?** (They are eating together, laughing, and talking.) **Whom do you like to go to see? Why?** (We have fun; we do special things.) **What are some of the things you do? Write these things on the lines of the page.**
- ✦ Say: **Soon you are going to celebrate the Sacrament of Reconciliation. In this sacrament, you will meet someone who loves you very much.** Ask: **Who do you think it is?** (Jesus)

### Sharing PAGE 92

- ✦ Have your child read aloud the top section of page 92. Ask: **What is a sacrament?** (a sign of God's love, a way to grow in God's life, grace) Say: **In the Sacrament of Reconciliation, we meet Jesus through the priest to whom we tell our sins.**
- ✦ Ask: **What might happen if a sick child never told anyone about being sick and never asked for help?** (The child could get sicker.) Say: **When we have sinned, God's life in us is weakened. We need God's help. We need to go to him to be healed.** Ask: **What is the special way God helps us when we're hurt by sin?** (God helps us through the Sacrament of Reconciliation.)
- ✦ Say: **For this sacrament, you usually go to a special room in church. You may talk to the priest face-to-face or through a screen. If through a screen, you kneel. If face-to-face, you may sit or kneel. You may choose the way.**
- ✦ Explain the procedure for the beginning of the Sacrament of Reconciliation. Have your child dramatize the child's part as you take the part of the priest. Say: **When you enter the room, Father welcomes you. Then you may sit or kneel.** (Let your child sit or kneel.) **Then you pray the Sign of the Cross.** (Have your child do this.) **Father invites you to love God. You pray Amen, which means you say yes to everything the priest said.** (Have your child pray *Amen*.) **Then you may tell the priest a little about yourself—for instance, how old you are. You may tell the priest that this is your first confession.** (Let your child do this.) **Father may read some words from the Bible. Listen as Father reads: "Try to act like children of God. Follow Jesus by loving as he loves you."**

- ◆ Have your child read aloud the bottom section and point to the words *confession* and *penance*. Find the meanings of these words in the Glossary.  
Say: **In the Sacrament of Reconciliation, Jesus gives us his peace and pardon. To receive pardon is to receive forgiveness.**
- ◆ Ask: **What does *confess* mean?** (to admit we did something wrong)  
Say: **We tell the priest the things for which we are sorry. We call this confession. We tell the priest our sins, about how often we committed them, and why we committed them. We talk to the priest just as we would talk with Jesus. No matter what we tell the priest in confession, he always keeps it a secret.**
- ◆ Say: **Think about the things you want to change in yourself, things that offend God and make others unhappy. These are the kinds of things you ought to say in your confession.**
- ◆ Say: **After we confess our sins, the priest tells us how we can help make up for being unloving. What he tells us to do is called a penance. He might tell us to pray some prayers. He might say, "For your penance, pray the Hail Mary twice." The priest might tell us to do a good deed that would show love to those we have offended or hurt.**
- ◆ Say: **Listen carefully when the priest gives the penance. Do your penance as soon as possible so you won't forget. The Sacrament of Penance is another name for the Sacrament of Reconciliation.**
- ◆ Have your child read and fill in the first four points on page 15 of his or her Reconciliation booklet.

### **Acting** PAGES 93–94

- ◆ Read aloud the directions on page 93 and have your child complete the activities.
- ◆ Lead your child in prayer using A Moment with Jesus. Invite your child to close his or her eyes, relax, and listen as you read aloud the reflection with reverence. Pause where appropriate. When finished, have your child open his or her eyes.
- ◆ Help your child complete the Chapter 12 Review on page 94.
- ◆ Encourage your child to share the Building Family Faith section with other members of your family, or together read aloud the section to review.

**Gather and Go Forth** PAGES 95–96**INSPIRE**

- ✦ Read aloud the text and the Scripture in the sidebar on page 95. Say:  
**When we are sorry, we feel sad. But something wonderful happens too. Jesus comes very close to us. He helps us make things right. He fills us with peace.**

**PROCLAIM**

- ✦ Read aloud the Know and Proclaim text and the chart. Say: **There are four main parts to the Sacrament of Reconciliation: We confess our sins, we are given a penance, we say we are sorry, and the priest pardons our sins in Jesus' name.**
- ✦ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and say: **Penance can be a prayer, kind words, or a good deed. Acts of penance help us grow closer to Jesus and stay away from sin.**
- ✦ Read aloud A Catholic to Know on page 96. Say: **Katherine prayed and was able to hear God's voice. The Holy Spirit gave her the courage to do great work for others.**
- ✦ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ✦ Read aloud the Share Your Faith directions and have your child complete the activity.

**TRANSFORM**

- ✦ Say: **God's love is powerful. When we do a loving action, it stays with that person. Then the person shares with someone else. This is how we build God's kingdom.**
- ✦ Give your child two stickers that represent God's love. Encourage your child to keep one sticker and give the other to someone as a loving action.

## CHAPTER 13 We Become Better Persons

### Centering

- ✦ Have your child turn to page 15 of his or her Reconciliation booklet and read aloud the first three points.
- ✦ Use your family Bible to read aloud the story of Zacchaeus (Luke 19:1–10).  
Say: **The story of Zacchaeus helps us understand the rest of what happens in the Sacrament of Reconciliation.**

### Sharing

- ✦ Ask: **How did Zacchaeus feel when he experienced Jesus' goodness, knowing how unloving he had been to others? How did Zacchaeus show Jesus that he was really sorry?** (He told Jesus he would give half his belongings to the poor; he would pay back the people he had cheated four times the amount he had taken.) **Why did Zacchaeus want to do these things?** (to show he was sorry, to help those he hurt, to be a better person)
- ✦ Say: **The priest gives us a penance to help us make up for our sins. Like Zacchaeus, we can also think of ways to make it up to those we hurt.**

### Sharing PAGE 97

- ✦ Read aloud the title and the text on page 97. Point out the picture of King David singing the psalms.
- ✦ Ask: **Why did King David want a new heart?** (He wanted joy and gladness.) **Why do you think God forgave King David?** (King David was really sorry.) Say: **Sometimes we feel sorry, like King David. Why?** (because we know that we have done wrong)
- ✦ Introduce the Act of Contrition to your child. Say: **In the Sacrament of Reconciliation, after the priest gives us our penance, he tells us to pray a prayer telling God we are sorry for the times we have failed to love.**
- ✦ Say: **A prayer of sorrow tells God we are sorry and want to change. We also call it an Act of Contrition. *Contrition* means "sorrow for sin."**
- ✦ Say: **You can use your own words or you can learn the Act of Contrition by heart.** Help your child locate the prayer on page 218 and read it together. Ask: **What words tell what we are sorry for?** (My god, I am sorry for my sins with all my heart.) **What words tell why we are sorry?** (should love God above all things) **What words tell Jesus we want to change?** (intend to do penance, sin no more, avoid what leads to sin)
- ✦ Say: **It is good each night to think about the ways you showed love and the ways you failed to show love during the day. Then pray an Act of Contrition before you get into bed.**

**Sharing** PAGE 98

- ✦ Have your child read aloud page 98 and point to the words *contrition* and *absolution*. Find the meanings of these words in the Glossary.
- ✦ Say: **After we pray our Act of Contrition telling God we are sorry, the priest says the words of forgiveness. The words of forgiveness are called the absolution. *Absolve* means “to take away.” The priest forgives our sins in God’s name and gives us God’s peace.**
- ✦ Say: **At the end of the prayer of absolution, the priest says, “I absolve you from your sins in the name of the Father, and the Son, and the Holy Spirit.”**
- ✦ Say: **The priest raises his right hand or both hands, or he might lay his hand or hands on our head as he gives us absolution. Then he prays the Sign of the Cross over us. We pray the Sign of the Cross too, but without words. We pray *Amen* after the priest’s prayer.**
- ✦ Say: **Jesus’ forgiveness brings us peace, and we become better people.**
- ✦ Discuss the end of the rite with your child. Say: **The priest may say, “Go in peace.” We say, “Amen. Thank you, Father,” and then we leave. We make sure to do our penance soon.**
- ✦ Act out the Act of Contrition and the absolution with your child.
- ✦ Lead your child in prayer using A Moment with Jesus. Read aloud the prayer slowly and reverently, pausing where appropriate.
- ✦ Have your child read pages 16–18 of his or her Reconciliation booklet and write in the missing words.

**Acting** PAGES 99–100

- ✦ Have your child look at the two pictures on page 99. Say: **The top picture shows a boy confessing his sins to a priest who is behind a screen. The priest can hear and speak to the boy, but he cannot see him. In the other picture, the girl is seated speaking to the priest face-to-face.**
- ✦ Have your child read aloud the text and complete the activity.
- ✦ Remove the punchouts of Zacchaeus from the back of the book. Insert the tab of the figure into the slit of the tree so the figure moves up and down. Say: **This tree will help you remember the parts of the Sacrament of Reconciliation. Practice until you know what each word means.**
- ✦ Help your child complete the Chapter 13 Review on page 100.
- ✦ Encourage your child to share the Building Family Faith section with other members of your family, or together read aloud the section to review.

**Gather and Go Forth** PAGES 101–102**INSPIRE**

- ✦ Read aloud the text and the Scripture in the sidebar on page 101. Say: **We can always count on Jesus. If we are truly sorry for the things we do wrong, he will be with us. He will strengthen us. He will help us grow in faith.**

**PROCLAIM**

- ✦ Read aloud the Know and Proclaim text and the chart. Ask: **What happens during Reconciliation after we pray the Act of Contrition?** (The priest forgives us in Jesus' name. We go in peace. We do our penance.) Say: **We are filled with Jesus' peace.**
- ✦ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and say: **After celebrating the Sacrament of Reconciliation, we act more loving. The Holy Spirit helps us make better choices.**
- ✦ Read aloud A Catholic to Know on page 102. Ask: **What word best describes Saint Nicholas?** (Possible response: giving) **How can you be more giving today?**
- ✦ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ✦ Read aloud the Share Your Faith directions and have your child complete the activity.

**TRANSFORM**

- ✦ Say: **Some people think saying "I'm sorry" is a sign of weakness. But that's not true. Saying "I'm sorry" takes strength and courage. You are doing what God wants you to do. The Holy Spirit will give you courage if you ask.**
- ✦ Encourage your child to pray to the Holy Spirit whenever he or she needs strength and courage.

## CHAPTER 21 We Receive the Bread of Life

### Centering

- ✦ Ask: **What is your favorite food? What would happen if we didn't have anything to eat or drink for a long time?** (We would get very hungry and thirsty. We might get sick or die.) **What do food and drink do for us?** (help us grow; keep us alive; give us strength to work, play, and think)
- ✦ Ask: **In what form is Jesus offered to the Father during the Eucharist?** (bread and wine) **Who says the words that transform the bread and wine into the Body and Blood of Christ?** (the priest)

### Sharing PAGE 155

- ✦ Say: **After the bread and wine are transformed into the Body and Blood of Christ through the words of the priest, we prepare to receive the Bread of Life. We pray the prayer Jesus taught us. Ask: What prayer is this?** (the Lord's Prayer, or the Our Father)
- ✦ Say: **Look at the top picture on page 155. Ask: What are the children doing?** (praying together) Say: **In this prayer, we ask God to "give us our daily bread." What bread are we asking for?** (all food that keeps us strong and healthy) Say: **We are also asking for the Eucharist, which is the Bread of Life that helps us live as God's children.**
- ✦ Pray aloud the Lord's Prayer together.
- ✦ Say: **After we pray the Our Father, we are still not ready to receive the Eucharist. We give the sign of peace to those around us to show that we want to be at peace with everyone.** Demonstrate a simple sign of peace.
- ✦ Say: **While the priest breaks the bread, we say or sing a prayer calling Jesus the Lamb of God. This reminds us of the lambs that Jewish people used to sacrifice to God. In this prayer, we ask Jesus to forgive us for anything we have done to disrupt the peace in his family.**
- ✦ Have your child read aloud the title and the text on page 155.
- ✦ Take turns reading aloud pages 18–20 in your child's Mass booklet.

### Sharing PAGE 156

- ✦ Have your child look at the picture on page 156. Then choose parts and read aloud the page.
- ✦ Ask: **What did the soldier believe Jesus could do?** (that Jesus could cure his servant by just saying that the servant would be healed) **Why did Jesus cure the servant?** (because the soldier had great faith in the power of Jesus)

- ✦ Say: **Like the soldier, we feel unworthy to have Jesus come to us. We feel this way because Jesus is the Son of God. We know we can never love Jesus as he loves us. That is why we pray a short prayer before Holy Communion that is very much like the prayer of the soldier: "Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed."**

### Sharing PAGE 157

- ✦ Have your child read aloud the directions on page 157. Say: **The sentences refer to the lesson of the story of the Roman soldier.** Have your child read aloud the sentences when he or she has filled in the missing words.
- ✦ Lead your child in prayer using A Moment with Jesus. Ask your child to look at the picture on page 156 or to close his or her eyes as you guide your child to reflect.

### Sharing PAGE 158

- ✦ Practice how to receive Jesus in Holy Communion with your child. Read aloud page 158. Point out the word *holy* and find its meaning in the Glossary.
- ✦ Say: **If you wish to receive Jesus on your tongue, open your mouth and extend your tongue so the host can be placed on it. If you wish to receive the host in your hands, make your right hand like a seat for your left hand and hold your hands up high.** (Reverse the position if your child is left-handed.) **After the host is in your hand, step to one side, pick up the host with the hand that is underneath, and slowly eat the Bread of Life.**
- ✦ Say: **If we are invited to drink from the chalice, we take the chalice very carefully and drink only a sip of the Precious Blood.**

### Sharing PAGE 159

- ✦ Say: **The time after Holy Communion is special. Jesus makes us one with him in a wonderful way. He is closer to us than before because now he is in us. He helps us be united with one another in love.**
- ✦ Have your child read aloud page 159 and write in the word. (altar)
- ✦ Have your child read silently pages 22 and 23 of his or her Mass booklet.

### Acting PAGE 160

- ✦ Let your child practice receiving the bread and wine using unconsecrated altar bread and grape juice.
- ✦ Help your child complete the Chapter 21 Review on page 160.
- ✦ Encourage your child to share the Building Family Faith section with other members of your family, or together read aloud the section to review.

**Gather and Go Forth** PAGES 161–162**INSPIRE**

- ◆ Read aloud the text and the Scripture in the sidebar on page 161. Say: **When we receive Holy Communion, Jesus Christ is truly present within us. We become filled with his love and his Spirit.**

**PROCLAIM**

- ◆ Read aloud the Know and Proclaim text and the chart. Say: **The priest offers the bread and wine to God our Father.** Ask: **What else do we offer the Father?** (ourselves; thanks and praise)
- ◆ Read aloud the question and answers in Test Your Catholic Knowledge. Have your child answer the question and say: **When we offer ourselves to the Father in love, we become one with Jesus. Jesus offered himself to the Father in love.**
- ◆ Read aloud A Catholic to Know on page 162. Ask: **How can Saint Julie help us?** (Possible answers: She reminds us that there is always a way to share Jesus' love; she can pray for us.)
- ◆ Read aloud the Witness and Share introductory text. Then read aloud each faith statement in My Way to Faith, pausing to allow time for your child to reflect on each one.
- ◆ Read aloud the Share Your Faith directions and have your child complete the activity.

**TRANSFORM**

- ◆ Ask: **What does God promise those who eat and drink the Body and Blood of Christ in Holy Communion?** (eternal life with God in heaven; being one with Christ)
- ◆ Have your child make a poster that shows the Body and Blood of Christ. Tell him or her to write something that tells what is given and received. Encourage your child to share the poster with a friend or relative.