

We Keep the Lord's Day Holy

Keep these ideas in mind as you study *Chapter 12*.

❖ When God created the world, he worked for six days and rested on the seventh.

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❖ The Third Commandment says to remember to keep holy the Lord's Day. God rested on the seventh day. He told his people to do as he had done. God's people were careful to keep that day holy.

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❖ The early Christians kept Sunday as the Lord's Day because Jesus rose from the dead on Easter Sunday. They came together to celebrate the Eucharist.

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❖ Precepts of the Church are certain laws of the Church. One of these laws requires Catholics to celebrate Mass on specific holy days.

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❖ We celebrate Sunday with the Eucharist because God tells us to keep that day holy. Prayer and fun are good for us, and celebrating the Lord's Day builds up the community.

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❖ The Eucharist is our greatest prayer. As we celebrate the Eucharist, we pray prayers of praise, thanks, sorrow, and petition. "Give us this day our daily bread" is a prayer of petition.

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❖ Long ago in England and Wales, it was a crime to be Catholic. Saint Margaret Clitherow hid priests in her house, where they would celebrate Mass in secret.

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