Jesus was sent by the Father to save us. Jesus teaches us how to live. He teaches us about God.  

Jesus is God’s best gift to us. Grace is the most wonderful gift that Jesus gives us. Grace is new life.  

Jesus suffered and died on the Cross. He died for our sins so that we could live forever. Because of Jesus we can go to heaven.  

Jesus’ disciples were his friends. They heard Jesus say “Follow me.” They became his Church.  

Mary gave birth to Jesus. She is Jesus’ mother. Because Jesus is God, she is the Mother of God. She is also the Mother of the Church.  

In John 15:5–7, Jesus says that he is the vine and we are the branches. The branches need the vine to grow. Jesus says that a branch can’t bear fruit without the vine. When we live with Jesus, we make much fruit. Those fruits are the good deeds we do in the world.  

When we pray the Sign of the Cross, we remember Jesus’ love. We also remember that Jesus saved us.

For more games, activities, and resources related to Christ Our Life, please visit www.christourlife.com.