

## We Become Better Persons

Keep these ideas in mind as you study *Chapter 13*.

❖ In the Sacrament of Reconciliation, we say we are sorry for our sins. The priest tells us how to be more like Jesus. We confess our sins and pray the Act of Contrition. The Act of Contrition is a prayer we pray to tell God we are sorry for our sins.

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❖ After the priest greets you and you make the Sign of the Cross, he may read aloud from the Bible. You confess your sins. Read the steps for celebrating the Sacrament of Reconciliation on page 99.

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❖ The priest gives us a penance. The penance will help make up for our unloving act. It will also help us be more loving in the future. Penance can be either good deeds or prayers.

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❖ The priest says the words of absolution after we pray the Act of Contrition. We make the Sign of the Cross silently when the priest gives us absolution.

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