The Holy Spirit Helps Us

Jesus sent the Holy Spirit. The Holy Spirit is always with us.

We received the Holy Spirit when we were baptized. He helps us love God and one another.

The Holy Spirit is within us. He helps us share his love, peace, and joy with others.

The Holy Spirit helps us look into our own hearts. He helps us see how we have loved. He helps us learn to be more loving.

When we look into our hearts and see we are selfish, we are unhappy. Being selfish is not a way we love God or others.

For more games, activities, and resources related to Christ Our Life, please visit www.christourlife.com.