

Seeds Are Good

Keep these ideas in mind as you study **Chapter 19**.

God gives seeds gifts that help them grow. Seeds die to bring new life to plants.

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Jesus died on the Cross to give us new life. He died so our sins can be forgiven. He died so we can live with God the Father in heaven.

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The Cross is a sign of Jesus' love for us. We pray the Sign of the Cross. This prayer shows our love for the Father, the Son, and the Holy Spirit. There are five steps to praying the Sign of the Cross.

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Saints let God into their hearts. Doing so is like planting seeds. We can plant seeds of love by helping others.

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