

Meals Are Good

Keep these ideas in mind as you study **Chapter 18**.

Jesus shared a meal with the Apostles on the night before he died. This was the Last Supper. Jesus gave thanks to God. He gave us the gift of his Body and Blood in the Eucharist.

PAGE 107

At Mass, we gather and give thanks to God. We hear God's Word from the Bible. We remember Jesus' Last Supper. We receive Jesus' Body and Blood. We remember that Jesus died for us.

PAGE 108

Jesus is with us in the Eucharist. Jesus offers himself to us because he loves us.

PAGE 110

Mary visited a man in Mexico and performed miracles.

PAGE 111

The bread and wine become the Body and Blood of Jesus at Mass.

PAGE 112

For more games, activities, and resources related to *Christ Our Life*, please visit www.christourlife.com.