

STUDY GUIDE

4

Confirmation Is the Sacrament of the Holy Spirit

Keep these ideas in mind as you study **Chapter 4**.

❖ At the Ascension, Jesus promised to send an Advocate to strengthen his disciples. This Advocate is the Holy Spirit. **PAGE 21**

❖ During the Jewish feast of Pentecost, the Holy Spirit renewed the strength of the apostles. This fulfilled the promise Jesus made at the Ascension. The apostles spoke about Jesus in the crowded streets of Jerusalem. **PAGE 21**

❖ In Confirmation, we recommit ourselves to living out the promises we made at Baptism. The Holy Spirit strengthens us to do so. **PAGE 22**

❖ A bishop is the usual minister for Confirmation. The apostles first received the Holy Spirit, and they were the first bishops of the Church. This is why bishops administer the sacrament today. **PAGE 22**

❖ A sponsor stands with a Confirmation candidate during the ceremony. His or her right hand is placed on the candidate's shoulder. That person promises to help the candidate live as a Christian. Page 22 explains the role of a sponsor. **PAGE 22**

❖ Confirmation candidates receive the Gifts of the Holy Spirit. These gifts give them strength to be witnesses to Jesus Christ. **PAGE 22**

❖ The apostles laid their hands on those who were to receive the Holy Spirit. Today the bishops do the same during Confirmation. **PAGES 22–23**

❖ The bishop anoints a Confirmation candidate with chrism and says, “Be sealed with the gift of the Holy Spirit.” When you put your seal on something, you show that it belongs to you. Through Confirmation, God puts his seal on us, and we are marked forever as witnesses to Christ. **PAGE 23**

❖ Confirmation marks us forever as witnesses to Christ. The Holy Spirit strengthens us to be witnesses to Christ for the whole world. **PAGE 23**

❖ To give witness means to show others how Jesus wants us to live our lives. The best way to do that is to live as Jesus lived and to share his teaching. **PAGE 24**

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