

Jesus Invites Us to Receive God's Mercy

Keep these ideas in mind as you study Chapter 6.

- Jesus offers forgiveness to all of us.
 He forgives us in the Sacrament of
 Penance and Reconciliation.
- We meet Jesus through the priest in the Sacrament of Reconciliation. He acts in Jesus' name and in the name of the Church.
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- God has given us a conscience that helps us know what is right. Each person should always obey his or her conscience.
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- We form good consciences by studying what Christ and his Church teach us. Our conscience calls us to love and to choose the good that takes us to God.
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- The examination of conscience helps us prayerfully think about whether our actions have hurt our relationship with God or others.

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God is always with us to help us. He has given us the commandments and the Beatitudes to guide us.

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- When we do not obey our consciences, we do wrong and sometimes sin. Our consciences call us to avoid sin and to hate what turns us away from God.
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- Mortal sin is a very serious wrong. It cuts us off from God. Venial sin is less serious, but it too should be avoided. All sin hurts our relationship with God.
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