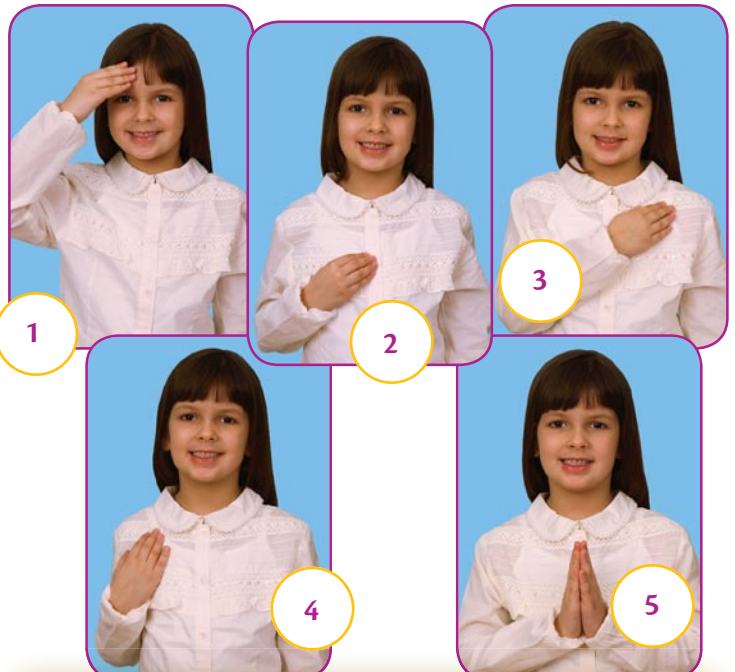




### A Moment with Jesus

Think about the wonderful things God made. Tell Jesus how you will help care for God's gift of creation. Listen to Jesus tell you how much God loves and cares for you.

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### A Moment with Jesus

Every cross reminds us that Jesus died for us. Thank Jesus for loving us so much. Tell Jesus how much you love him.

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### A Moment with Jesus

Imagine yourself with all the people in the picture of the Church. Think quietly of everything Jesus does for you through the Church. Tell Jesus one thing you will do today to help his Church. Thank him for calling you to be a part of his Church.

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### A Moment with Jesus

Remember Jesus is with us every second of every minute of every day. Sit quietly and enjoy being with Jesus.

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### A Moment with Jesus

Think about the story of Jesus obeying Mary and Joseph. Tell Jesus about times when it is hard for you to obey your parents. Ask Jesus to help you.

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### A Moment with Jesus

Think of the words: kind, respectful, honest, and truthful. Tell Jesus which is hardest for you to be. Ask for his help. Jesus always answers your prayers.

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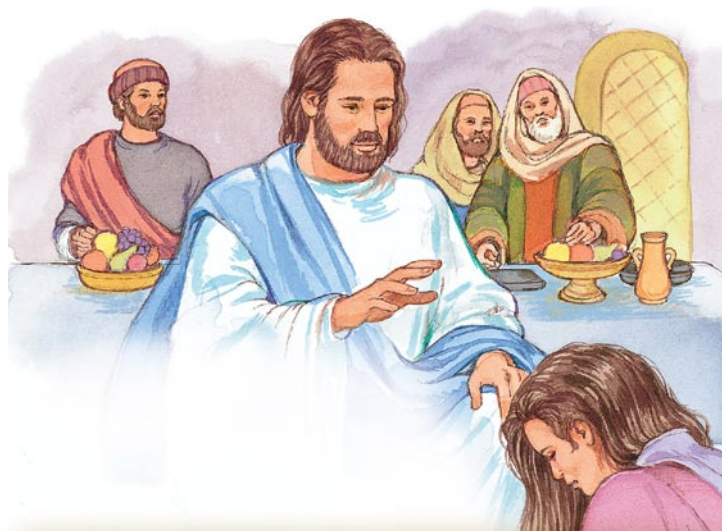
### A Moment with Jesus

Think about a choice that you made today. Was it a good choice or a bad choice? Talk about it with Jesus.

Ask Jesus to help you make good choices all the time, even when it is hard.

Tell Jesus how much you love him. Thank him for being your friend.

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### A Moment with Jesus

Sit quietly knowing Jesus is with you. Jesus sent the Holy Spirit to the apostles. He sends the Holy Spirit to us too.

The Holy Spirit helps us when we're tempted to do wrong. The Spirit helps us ask for forgiveness and forgive others. Thank Jesus for this gift of the Holy Spirit.

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### A Moment with Jesus

Imagine yourself in a quiet place.

Then think about all you have done today. How have you shown love for God? In what ways did you show love for your family and friends?

Jesus knows you want to be good. He knows how hard you try. Jesus loves you.

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### A Moment with Jesus

Think of how much Jesus loves you. No matter what you do, he loves you. He always forgives you when you are sorry for doing wrong. Thank Jesus for his great love and for his forgiveness.

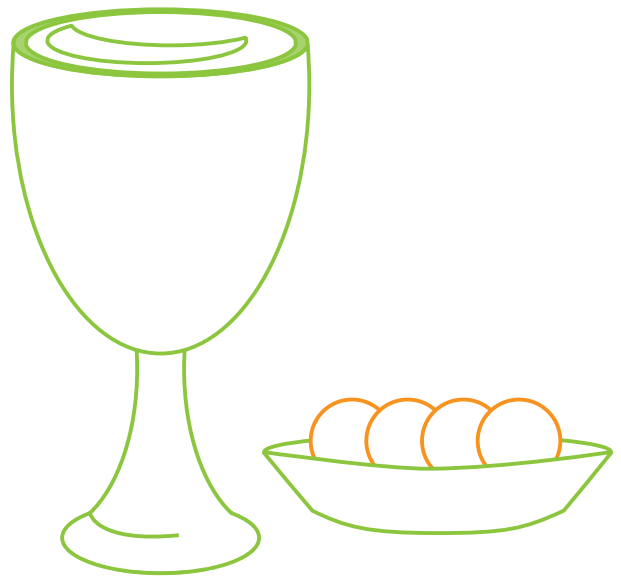
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### A Moment with Jesus

Speak to Jesus in the quiet of your heart. Ask him to help you know what it means to be sorry. Ask his help so that you choose to do good, even when it is hard. Tell him when it is hardest for you to do the right thing. Talk this over with Jesus. He always understands. He always forgives.

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### A Moment with Jesus

Jesus loves you. He invites you to share his life and love in a special way. He wants you to receive him in Holy Communion so that you can live with him forever in heaven. What do you want to say to Jesus?

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### A Moment with Jesus

Thank Jesus for the great sacrifice he made for you on the cross. Think about a sacrifice you have made. Tell Jesus that you will offer your own sacrifice with his the next time you are at Mass. For now, offer your love to Jesus.

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### A Moment with Jesus

Remember that Jesus is always with you. Speak to him in your heart. Share with him the times when you were not as kind as you could have been. Let Jesus know you are sorry. Then tell him the good things you do for others. Jesus knows how hard you try, and he loves you for it.

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### A Moment with Jesus

Share with Jesus what you know about the Mass. Tell him whom you will be praying for the next time you are at Mass. Trust Jesus to care for the people you love. He will care for them and for you.

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### A Moment with Jesus

As you begin your prayer, imagine that all God's people on earth and all the angels and saints in heaven are praying with you. That's the way things really are. We are all one in God. Isn't it good to know that you have so many to help you follow Jesus! God is so good.

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### A Moment with Jesus

Share with Jesus what you know about the word Amen. Did you mention that it means “yes”? Ask Jesus to help you make your whole life a big yes to God. Tell him how much you want to please God our Father. Then say “Amen.”

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### A Moment with Jesus

Think of the soldier’s words to Jesus: “Lord, I am not worthy to have you enter my home.” Tell Jesus this same thing in your own words. Jesus is pleased with your prayer. Listen in your heart to what he says to you. Then rest in his loving presence.

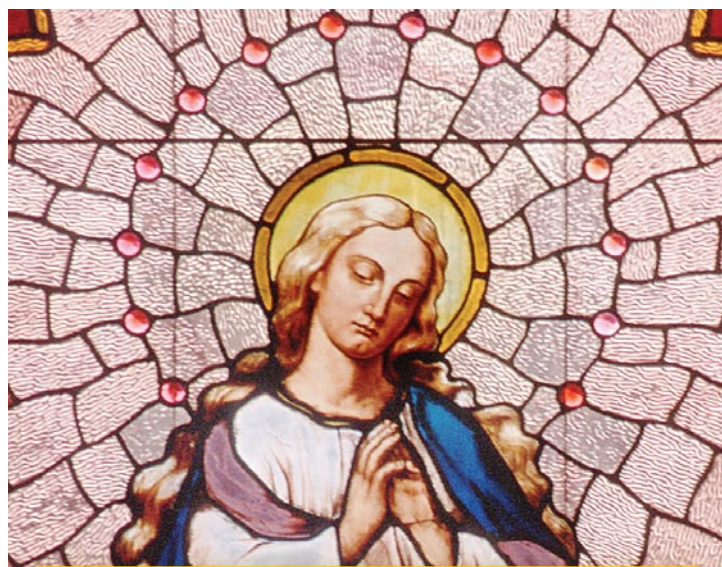
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### A Moment with Jesus

Share with Jesus what you know about how people serve the Church. Jesus might ask how you serve his Church. What do you answer? Jesus reminds you that every good act, no matter how little, and every prayer, whether short or long, helps God’s people. Tell Jesus whatever is on your mind. Now just rest in his love.

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### A Moment with Jesus

Imagine you are standing with Mary at the foot of the cross. Jesus looks down at you and says, “Here is your mother.” How wonderful! You have a heavenly mother to watch over, guide, and pray for you. Thank Jesus for this very special gift.

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