



Confirmed in the Church

Before You Begin

- Print the Chapter 6 BLM: Caring for Others found at the end of this document.
- Download and print the Chapter 6 Prayer Service: Act of Contrition. Have a Bible available during the session for reference.
- Make sure your child has his or her *My Confirmation Journal* to record any insights during the session and to do the activities on pages 51–60 after the session.
- If you have the *Faith to Faith* magazine, encourage your child to use it to reflect on the session with his or sponsor.

Engage: Page 61

- ◆ You might choose to begin by reviewing the previous chapter. Invite your child to recall important concepts from Chapter 5.
- ◆ Invite your child to open his or her book to page 61. Read aloud the chapter title and discuss the questions on this page with your child. Say: **In Confirmation, the Holy Spirit brings us together as members of Jesus' Church.** You can find additional conversation starters for this chapter at www.loyolapress.com/CISconversations.
- ◆ Direct your child's attention to pages 102–105 for additional information about the Sacraments of Reconciliation and the Eucharist. Say: **The Sacraments of Reconciliation and the Eucharist help unite us in a community of love and forgiveness.**
- ◆ Pray together the words at the bottom of this page from the Eucharistic Prayer.

Explore: Pages 62–69

- ◆ Have your child read aloud the Scripture passage on page 62. Ask: **What does Saint Paul tell us to put on?** (*heartfelt compassion, kindness, humility, gentleness, patience, and, above all, love*) **What do you think Saint Paul means when he tells us to “put on” these things?** (*to act with these qualities*)
- ◆ Invite your child to read independently *Understanding Scripture* and *Scripture and You* on page 62. Ask: **Who and what can help us “wear love” like our favorite clothes?** (*the Holy Spirit, the Gifts of the Spirit, the sacraments*)
- ◆ Ask your child to spend a few moments silently reading *Reflecting on God's Word*.
- ◆ Take turns reading aloud the paragraphs of *Many, Yet One* on page 63. Ask: **What unites Catholics all over the world?** (*the Eucharist*) **What do we mean by the term Paschal Mystery of Jesus?** (*Jesus' life, Death, Resurrection, and Ascension*)
- ◆ Read John 17:20–23 from a Bible. Say: **Jesus wanted his followers to live in unity and to model this way of life for others.**
- ◆ Invite your child to read silently *Jesus Alive!* on page 64. Ask: **Who does the Holy Spirit make available to the world?** (*Jesus*) **How?** (*Accept reasonable responses.*)

- ◆ Take turns reading aloud *Liturgy of the Word* on page 64 and *Liturgy of the Eucharist* on page 65. Ask: **What are the two main parts of the Mass?** (*Liturgy of the Word and Liturgy of the Eucharist*) **How does the Liturgy of the Word unite us?** (*People all over the world hear the same Word of God proclaimed at Mass.*) Ask: **What does the Eucharist nourish us to do?** (*live the Word of God*) Have your child complete the My Turn Activity on page 64.
- ◆ Say: **As members of the Body of Christ, the Church, we are called to participate in the Church's mission, to show that we care, and to show what we believe.** Take turns reading aloud *All That We Have* on page 65. Ask: **In what causes do caring members of God's family get involved?** (*causes that promote the love of God and others*)
- ◆ Have your child complete the My Turn activity on page 65 and the Chapter 6 BLM: Caring for Others.
- ◆ Invite your child to read the first paragraph of *When Things Go Wrong* on page 66, including the bullet points. Ask: **What is a mortal sin?** (*an offense against God that breaks our relationship with him*) Review the bullet points. Take turns reading aloud the last three paragraphs. Ask: **What does venial sin do to our relationships with God and others?** (*weakens them*) Ask: **How can our relationships with God and others be healed or restored?** (*through Christ's forgiveness, the Sacrament of Reconciliation*).
- ◆ Direct your child to read independently *A Forgiving Heart* on page 67 and ask him or her to retell the story of Saint Jane de Chantal. Explain that Saint Jane de Chantal had the courage to change her plans when God asked her to. Have your child complete the My Turn activity at the bottom of the page.
- ◆ Ask your child to give examples of sins—actions or attitudes that hurt or break our relationships with God and others. Explain that whenever we sin, our ability to see God becomes clouded.
- ◆ Read aloud *The Sacrament of Reconciliation* on page 68. Explain that we are healed through Jesus' forgiveness. Say: **We experience a cleansing when we receive absolution in the Sacrament of Reconciliation.** Have your child review the process for celebrating the Sacrament of Reconciliation on page 103.

Rite: Page 66

- ◆ Read aloud *Rite* and have your child read aloud *Meaning* on page 66. Say: **In the Eucharist, Jesus Christ becomes truly present in his Body and Blood. We are united as People of God and as a Church when we receive his Body and Blood in Holy Communion.**
- ◆ Have your child read aloud *Daily Life*. Say: **Our words and actions are ways in which we express our love for God to others.** Read aloud *Life of Faith*. Say: **The seal of your faith that you receive in Confirmation is remembered when you receive the Eucharist at Mass.**

Witness: Page 68

- ◆ Say: **How we choose to spend our time shows what is important to us.** Blessed Carlos Rodriguez dedicated his life to help people love God and the Liturgy. Have your child read aloud the *Witness* section on page 68.
- ◆ Say: **Blessed Carlos Rodriguez saw a way to help people strengthen their connection to the Mass and to God. He lived his life as an example of integrity and faith.** Ask: **What would you say to someone who didn't understand the Sacrament of Confirmation?** (*Accept reasonable answers.*)

Act and Pray: Page 69

- ◆ Read aloud the *Act* section on page 69. Ask: **What might you choose to do for your life's work? How does it reflect what is important to you?** (*Accept all reasonable answers.*)
- ◆ Being out of work is a painful experience. Pray for unemployed workers and their families. Organize a food drive to stock the parish food pantry or volunteer at a local food bank.
- ◆ Say: **When we sin, we not only hurt ourselves, but we disrespect God. It is important to ask God for forgiveness and to realize how our actions affect all our relationships. The Act of Contrition is a prayer that asks for God's forgiveness.** Invite your child to read aloud the *Pray* section on page 69. Direct him or her to find the Act of Contrition on page 108.

Reflect: Page 70

- ◆ Tell your child that you are going to celebrate a prayer service that will focus on the Act of Contrition and asking God for his forgiveness. Proceed to your family's prayer space.
- ◆ Suggest to your child that he or she celebrates the Sacrament of Reconciliation often. Explain that it can keep him or her close to God, make good choices, and help avoid sin. Encourage your child to take to heart the Act of Contrition. Explain that to "take to heart" means to memorize, believe, and pray the full meaning of the words.
- ◆ Choose who will read the parts for the Leader. You and your child will both read the parts labeled "All." Lead by example, participating actively and with reverence.
- ◆ Pray *Act of Contrition* on page 70. Adapt it to your circumstances if needed. Observe the periods of silence and keep a prayerful pace. Allow time in between sections for reflection.
- ◆ Pause for a moment of silence before concluding.

Respond: Page 71–72

- ◆ Read aloud the Faith Summary section on page 71. Ask: **What sacraments increase the love and unity of the Church?** (*all seven sacraments; in particular, the Eucharist and the Sacrament of Reconciliation.*) **What did Jesus emphasize that happiness rests on?** (*love, forgiveness, and unity*)
- ◆ Read aloud the Remember section. Make sure your child understands the main points of the chapter.
- ◆ Read aloud the Words to Know and review the definitions. Complete definitions can be found in the Glossary on pages 115–118 and in the online Glossary.
- ◆ Encourage your child to write in the *My Confirmation Journal* to enter more deeply into this chapter. The corresponding pages to this chapter are 51–60. Remind your child that no one else will read his or her journal.
- ◆ Ask your child to choose one Reach Out item to complete and to reflect privately on the outcomes.
- ◆ Encourage your child and his or her sponsor to reflect on this chapter as they strengthen their relationship and grow in their faith. You may want to use the *Faith to Faith* magazine.
- ◆ Conclude the chapter by praying together the closing prayer on page 71. Encourage your child to use this prayer throughout the week.

- ◆ Your child can use the review activities on page 72 to review and reinforce the key concepts of this chapter.
- ◆ Use the following questions to check your child's comprehension of the chapter:
 - ◆ Is your child able to discuss how we are united in the Eucharist?
 - ◆ Can your child define sin as the hurting or breaking of our relationship with God?

Name _____

Date _____

Caring for Others

As members of the Body of Christ, we are called to care for others. Jesus taught us by example how to care for others. Look up the following Scripture passages and describe how Jesus shows care for others.



1. Matthew 4:23–25

2. Matthew 8:5–13

3. Mark 3:1–6

4. Mark 5:21–43

5. Luke 7:36–50

6. Luke 19:1–10

7. John 2:1–11

8. John 13:1–15
